

THE CAPE CORAL SUN

Celebrating the Past, Present, & Future of Southwest Florida's Largest City!

Another Seabreeze Publication



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What's Happening In The Cape?

8th Annual South Cape BaconFest Trolley Event – Aug. 20, 7 to 11 p.m.

Get ready to celebrate BaconFest! Join us for a bacon themed pub crawl and enjoy drink samples and appetizer samples at various South Cape hotspots!

This is one of Cape Coral's most popular nightlife events! Head to various locations for a bacon-themed evening with drink and appetizer samples.

Tickets for the 8th Annual BaconFest Trolley Event are \$30 (\$25 for designated driver) in advance and are available for purchase online via Eventbrite at bit.ly/baconfest22 and in-person via South Cape Hub (cash

only/no fees), located at 909 S.E. 47th Ter., #105, Cape Coral.

This is a voting event! Locations will be competing for **best drink** and **best appetizer**, so expect some unique and savory options. You'll vote for your favorite at the end of the night!

Dress for the occasion, and you could win the official photo booth contest and win four tickets to our next trolley event!

Ticket price includes:

- Wristband to board the trolleys.



What's Happening In The Cape? on page 6

Historical Seeds From The Cape Coral Museum Of History

Cape Coral Country Club Circa 1962



Cape Coral Country Club golf course opened to the public on July 8, 1961, with a nine-hole golf course, and a second nine holes opening the following year. The building shown was originally used as the pro shop and snack bar and now serves as the offices and museum store for the Cape Coral Museum of History. The Cape Coral Country Club closed in 2006.

Cape Coral Gardens Porpoise Pool



Cape Coral Gardens, located where Rotary Park and Tarpon Point are, housed several different attraction areas including a 200,000-gallon Porpoise Pool. The gardens had four porpoises at a time that would perform in up to four shows a day. Cape Coral Gardens was open from 1964 until 1970.

Yacht Club 1962



The Cape Coral Yacht and Racquet Club opened to the public on the weekend of June 9 and 10, 1962. The popular community recreation complex included an Olympic-sized swimming pool, tennis courts, shuffleboard, a 200-slip boat basin and a sandy beach.

Photos from the collection of the Cape Coral Museum of History

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Out Of The Office

Ready Or Not It's Back To School We Go, So Time To Plan One Last Summer Road Trip!

Summer sure did fly by! But with high gas prices and plane tickets and just an overall increase in the cost of everything, vacation may have taken a back seat for you like it did for me. But there is still time to plan a quick weekend getaway to create some fun family memories.

Take A Family Drive To LEGOLAND Florida

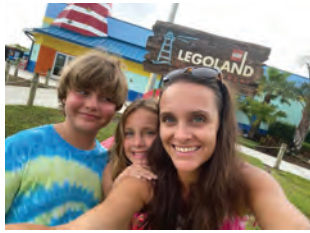
Looking for a quick and easy getaway that is not too far but full of fun – LEGOLAND is the perfect place if your kids are between the ages of 2 and 12. You can have a great trip at LEGOLAND if you are planning just a one day visit, but I must say that if you can plan it out to be a two or three day trip with an overnight stay then you will not regret having the extra time to enjoy all they offer.

The Ultimate Playground

Many Florida theme parks are geared more to older kids and adults. This is where LEGOLAND is uniquely distinct. From the double-decker carousel to the impressive MiniLand where you wander around LEGO replicas of well-known U.S. buildings, everyone will be entertained. The kids can train to be Ninjas and even test their driving skills on a boat, plane and car. If they are good, they can earn their very own license!

You Can Make A Splash

Named one of the country's best outdoor water parks in *USA Today's* "10 Best" poll, LEGOLAND Water Park



LEGOLAND Beach Retreat Hotel

is an add-on to the park experience. My kids agree with this poll because they ask about this unique water park constantly. And it is no surprise, because there is a water play area with shorter slides and interactive, giant DUPLO animals geared towards children 6 and younger, a hands-on LEGO Build-A-Boat attraction complete with a river race, and a giant water structure with slides, water spouts and a 300-gallon bucket that dumps water every few minutes. I personally love the LEGO-themed wave pool where the waves are perfect for all ages to enjoy. Keep in mind that admission to LEGOLAND Water Park is in addition to the cost of a same-day theme park ticket. Unfortunately, there are no water park only tickets sold.

Sleep Among LEGOs And Now Pirates

There are three LEGOLAND Hotels. My kids and I love them all. The LEGOLAND Beach Retreat offers bungalow style rooms with playgrounds galore and a fantastic pool that will make you feel like you are at a beach paradise. The LEGOLAND Hotel provides their guests with all things LEGO from the



LEGOLAND water park



Pirate Island Hotel

Disco elevator to the impressive LEGO castle play structure in the lobby. The newest Pirate Hotel is attached to the original LEGOLAND Hotel with an added pirate theme in all the spaces, including the rooms. You will have found luxury among LEGOs when you stay at one of these hotels. By adding a hotel stay you get to enjoy the nightly hotel entertainment, the master builder classes, the pools, themed restaurant experiences and more.

I have taken my kids here many times, so for detailed tips on how to plan out your day visit my blog at acupful.com/legoland-florida.

About Mandy Michelle Carter

I am just a Southwest Florida middle-aged woman who "finally" decided to go after it all: a career on my terms, motherhood, fitness, eco-living and adventure. I want to inspire people to take care of your health and our planet, to spend authentic time with your family and to chase your dreams unapologetically! We only get one life, don't waste it waiting. From playtime to home building to travel – enjoy every moment, big and small! In addition to my favorite job of being the mother to two crazy little kids, I am the marketing director for WooBamboo, a freelance writer, and I run my own small business as a virtual marketing assistant.



Seed To Glass – Part I

By Bonnie Yapello

We start with viticulture, from the Latin word for vine. It refers to grape growing. That's where our journey begins.

The cultivation of the grape involves both natural and man-made influences. Mother Nature's influences include the "terroir," a French term that describes the whereness of the vine's growing region. It is the makeup of the soil and climate. The soil type can range from clay, slate, sand, limestone, river pebbles and more. It is the land, whether it is a valley or hillside which contribute to drainage, and

the natural plant life in the area that affect the growth and flavor of the grape. Climate includes the hours of sunlight, temperature ranges, amount and time of day when there is sun and rainfall, and fog presence. These factors all play a big role in the balance of sugar, acidity, ripeness and the flavor that the grape will have.

The man-made influences of farmers or "viticulturists" play a crucial role in the partnership. The arranging of vines on wires controls sun exposure or limits the number of leaves for the developing fruit below the "canopy" as some grape varieties may need more or less sun to ripen. Pruning at the right time can control or increase the "yield" or how much a vine will produce. Controlling insects and birds can be a challenge to keep the growth process as natural as possible too. The management of the vineyard is a year-round task, careful attention to the progress of the vine is crucial to know when and what care is needed. Young vines under 3 or 4 years old may not produce much if any fruit. Old vines produce more flavorful and complex fruit, but the yield is low.

Did you know that it takes an average of 100 days between the vine's flowering and harvest?

So, when is the harvest?

Constant care and monitoring of the progress is crucial

to knowing when to pick or harvest the grapes. When the grapes reach the sugar to acid ratio desired for the style of wine, the harvest begins. A brix meter can be used to measure the sugar levels in the grape, but viticulturists also taste the grapes to assess the flavor compounds also called "flavonoids." The longer the grapes are on the vine, the more sugar will be present in the skins, which lead to higher alcohol levels during fermentation. We'll learn more about that in Part II. There are different ways to harvest too. Hand picking is best, where the grapes are handled in a gentle way without breaking open, which exposes it to oxygen. Mechanical harvesting is faster and more economical but may not be possible for some vineyards that are on steep slopes.

Once the grapes are harvested, the race to the winery for vinification begins. Our journey will continue next time with the vinification process, the next step closer to wine in the glass!

Be sure to stop by Sip and Send, who is the monthly sponsor of "The Grapevine." Located at 2135 Santa Barbara Blvd., where you can find your favorite wine, special gift basket, or unique wine gift, a true find in Cape Coral.

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Consumer Alerts

How To Recognize, Remove, And Avoid Malware

Malware is one of the biggest threats to the security of your computer, tablet, phone, and other devices. Malware includes viruses, spyware, ransomware, and other unwanted software that gets secretly installed onto your device. Once malware is on your device, criminals can use it to steal your sensitive information, send you unwanted or inappropriate ads, demand payment to unscramble data encrypted by ransomware, and make your device vulnerable to even more malware. Here's what to know to recognize, remove, and avoid malware.

How To Know If You Have Malware

Look for unusual behavior from your phone, tablet, or computer. Your device might have been infected with malware if it

- suddenly slows down, crashes, or displays repeated error messages
- won't shut down or restart
- won't let you remove software
- serves up lots of pop-ups, inappropriate ads, or ads that interfere with page content
- shows ads in places you typically wouldn't see them, like government websites
- shows new and unexpected toolbars or icons in your browser or on your desktop
- uses a new default search engine, or displays new tabs or websites you didn't open
- keeps changing your computer's Internet home page
- sends emails you didn't write
- runs out of battery life more quickly than it should

How Malware Gets On Your Device

Criminals work to get malware on your devices so they can steal personal information, like your usernames and passwords, bank account numbers, or Social Security number. They use this information to commit identity theft. If you think someone may have stolen your information or identity, visit IdentityTheft.gov.



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Malware can get onto your device when you open or download attachments or files or visit a scammy website. Your device might get infected with malware through:

- downloading free stuff like illegal downloads of popular movies, TV shows, or games
- downloading content available on file-sharing sites
- downloading files on removable storage like external hard drives or thumb drives
- clicking links in fake security pop-ups sent to your computer by tech support scammers
- clicking on ads placed by scammers on websites you visit
- phishing emails that trick you into clicking on a link or opening an attachment

How To Remove Malware Do-It-Yourself

1. Stop shopping, banking, and doing other things online that involve usernames, passwords, or other sensitive information – until you get your device cleared of any malware.

2. Check to see if you have security software on your device – if not, download it. Find recommendations from independent review sites by doing a search online. Also ask friends and family for recommendations. Some software that claims to be security software to protect you from malware is malware, so it's important to do your research.

3. Make sure your software is up to date. Check that all software – the operating system, security software, apps, and more — is up to date. Consider turning on automatic updates so your software always stays up to date.

4. Scan your device for malware. Run a malware or security scan. Delete anything it identifies as a problem. You may have to restart your device for the changes to take effect. Run your scan again to make sure everything is clear. If the scan shows there are no more issues, you've likely removed the malware.

If you're not able to fix your device with steps 1 to 4, steps 5 and 6 may resolve the issue. When using either of these options, you risk losing data. If you've backed up your data regularly, you'll minimize what you lose.

5. Recover your operating system. To find out how to recover your operating system (like Windows or Mac OS), visit your device manufacturer's website. Recovering your system typically means you'll get back a lot of the data stored on the device, so it's a good alternative to reinstalling your operating system (step 6). That is, if it clears the malware problem. After recovering your operating system, you'll want to go back to steps 2, 3 and 4 to ensure that you've removed the malware.

6. Reinstall your operating system. To find out how to reinstall your operating system (like Windows or Mac OS), visit your device manufacturer's website. Reinstalling your system is the safest way to clean an infected device, but you'll lose all of the data stored on the device that you haven't backed up.

Getting Help

Contact the manufacturer of your device. If it's covered by a warranty, you may be able to get free tech support – otherwise you may need to pay to get help. Before seeking help, write down the model and serial number of your device, and the name of any software you've installed.

When reaching out for help, remember to look out for tech support scammers. Here are two things to know to avoid a tech support scammer:

1. Legitimate tech companies won't contact you by phone, email or text message to tell you there's a problem with your computer.
2. Security pop-up warnings from real tech companies will never ask you to call a phone number.

If you spot either of those things, you know it's a scam.

How To Avoid Malware

Scammers try to trick people into clicking on links that will download viruses, spyware, and other unwanted software – often by bundling it with free downloads.

Here are ways to avoid malware: Install and update security software and use a firewall. Set your security software, internet browser, and operating system to update automatically. Don't weaken your browser's security settings. You can minimize "drive-by" or bundled downloads if you keep your browser's default security settings.

- Read each screen when you install new software. If you don't recognize a program, or are prompted to install bundled software, decline the additional program or exit the installation process.

- Get well-known software directly from the source. Sites offering lots of different browsers, PDF readers, and other popular software for free are more likely to include malware.

- Pay attention to your browser's security warnings. Many browsers come with built-in security scanners that warn you before you visit an infected webpage or download a malicious file.

- Instead of clicking on a link in an email or text message, type the URL of a trusted site directly into your browser. Criminals send phishing emails that trick you into clicking on a link or opening an attachment that could download malware.

- Don't click on pop-ups or ads about your computer's performance. Scammers insert unwanted software into pop-up messages or ads that warn that your computer's security or performance is hampered. Avoid clicking on these ads if you don't know the source.

- Scan USB drives and other external devices before using them. These devices can be infected with malware, especially if you use them in high traffic places, like photo printing stations or public computers.

If you think your computer has malware, report it to the FTC at ReportFraud.ftc.gov.



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Getting Creative With My Kids At The Bent Brush!

By Mandy Carter

Quality family time can often get overlooked with everyone having their busy schedules. Between work, meetings, housekeeping, school, and extracurricular activities, just exactly how much quality fun time do we get with our kids?

One of our favorite local spots for family together time is spending a few creative hours at The Bent Brush, a paint-your-own-pottery shop.

You do not have to make reservations; you can walk in anytime during their business hours, pick out your pottery piece, and start painting! They have many pottery pieces, from small figurines to dinnerware to large holiday decorations. There is no studio fee. The price of that piece includes paints, supplies, tools, glazing, and firing of the piece.



I love that you can take your time and enjoy the experience. My kids and I have made some extraordinary items lately, and even though the product is a plus, I think the quality time we have during the painting process is the reward. We talk, laugh, and get to create tangible items together that are used or displayed in our home.

Whether you check out one of the local DIY art

experiences around town, I highly suggest you do hands-on activities with your kids. You (and them) might be surprised how much fun you can have being creative together.

For more information about The Bent Brush, check out their website: <https://thebentbrush.com>.

About Mandy Michelle Carter

I am just a Southwest Florida middle-aged woman who “finally” decided to go after it all: a career on my terms, motherhood, fitness, eco-living and adventure. I want to inspire people to take care of your health and our planet, to spend authentic time with your family and to chase your dreams unapologetically! We only get one life, don’t waste it waiting. From playtime to home building to travel – enjoy every moment, big and small! In addition to my favorite job of being the mother to two crazy little kids, I am the marketing director for WooBamboo, a freelance writer, and I run my own small business as a virtual marketing assistant.

Don’t Risk A Ticket. Avoid Parking In Spots Reserved For People With Disabilities

In the harried competition for close-in spots, normally courteous drivers engage in all kinds of parking taboos, many involving the use of parking spaces designated for the more than 30 million Americans with mobility-impairing disabilities. Fortunately, there are people doing something about it and you can help.



Who’s Doing What

Through the nonprofit Accessible Parking Coalition (APC), established by the International Parking and Mobility Institute, a national effort is underway to eliminate disabled placard abuse and make accessible parking more accessible.

What You Can Do

Here are seven reminders for every driver:

1. Remember that marked accessible parking spots are for people with disabilities (the term “handicapped” is outdated and offensive to many).
2. Unless authorized, never park in an accessible parking space – not even for a minute.

3. Never infringe on van-accessible parking spaces, which are designed for ramp- or lift-equipped vehicles. They are marked by signs that say, “Van Accessible” with the international symbol for accessibility. Many drivers using wheelchairs have nightmarish examples of waiting hours for the owners of a car parked too close to return so they could get in their vehicle.

4. Never park, block or leave a shopping cart in the cross-hatched, access aisle zones next to accessible parking spots.

5. Don’t borrow others’ disabled parking placards or use yours after it has expired or is no longer truly needed.

6. Follow the rules, but don’t be a parking vigilante. If you suspect illegal use of a spot, take a photo of the license plate and contact local law enforcement.

7. Remember that not all disabilities that affect mobility are apparent. Don’t assume someone is parking in an accessible spot illegally. A person with a respiratory or other ailment that makes walking difficult, for example, may be entitled to a disabled placard.

Eighty percent of people with parking placards agree accessible parking fraud is widespread. Disabled placard abuse and illegal use of accessible parking spaces are crimes that carry penalties. Many jurisdictions are cracking down, increasing fines – some more than \$1,000 per violation – and setting up sting operations to catch offenders.

Learn More

For further facts, news and advice on this topic, visit www.accessibleparkingcoalition.org.

People with disabilities need access to parking to lead an independent life, a national survey found.



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What's Happening In The Cape? from page 1

- Passport of locations – get every stamp and you could win the grand prize: a bacon-themed gift basket.
 - A drink sample and an appetizer sample at each location.
 - Eligibility to win prizes for answering trolley trivia!
 - Access to the official photo booth contest (located at 909 S.E. 47th Ter., #105) – winning photo receives a total of four tickets to the BBQ Pub Crawl Trolley event in September.
- Designated driver tickets are available. Designated drivers receive all the benefits of standard tickets, except for drink samples. DDs receive a complimentary non-alcoholic beverage, such as a bottled water or soda, at locations upon request. (This is a 21-plus event. Valid ID at check-in will be required.)



Expect lots of entertainment, including live music, dancing, singing and more!

Participating locations include: BIG8 BBQ; Kimber's Wine & Cigar Lounge; Dixie Roadhouse; Monkey Bar



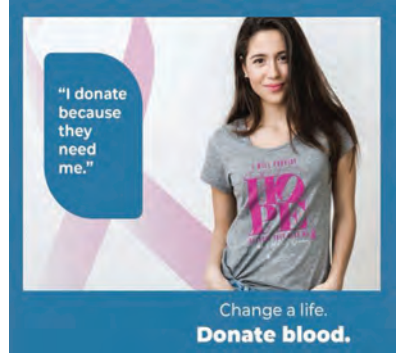
Steak & Seafood; Tiki Hut at Dolphin Key Resort and more!

Check-In Times And Locations:

- Early check-in: 10 a.m. to 5 p.m. at South Cape Hub, 909 S.E. 47th Ter., Cape Coral
- Regular check-in: 6 to 7:30 p.m. at three locations: South Cape Hub, Big John's Plaza (near Pinch-a-Penny) and Dolphin Key Resort (under the front entry awning)
- Late check-in: 'til 10 p.m. at South Cape Hub

South Cape Blood Drive – Aug. 27, 11 a.m. to 4 p.m.

Every two seconds, someone needs blood. Please consider donating this exclusive resource – donations stay local. All donors receive a punch card with complimentary offers from local businesses.



If you'd like to sign up for a time slot, please call Slade at (239) 900-4028.

More information can be found on our Facebook event page: bit.ly/augustblooddrive
#donateblood #savealife #leehealth #southcape #capecoral

Comedy In The Cape

Mid-Cape Comedy Night

Join us **Saturday, Aug. 20** from 6 to 9 p.m. for a night of nonstop laughs at Mercola Market, 125 S.W. 3rd Place, Cape Coral, as it is transformed into a comedy club with comedians seen on TMZ, MTV and The Howard Stern Show.

Tickets are \$30 per person and price includes a buffet style of appetizers, pulled pork sliders, wraps, chicken skewers, and salmon pasta salad. Come join us for some great appetizers, cold drinks and lots of laughs!

Limited tickets. First-come, first-served seating. Happy hour at 6 p.m., showtime at 7 p.m. Purchase tickets at www.eventbrite.com/e/mid-cape-comedy-night-tickets-373767477587.

Additional: Ages 18-plus, two drink minimum purchase per person. Refunds will not be issued unless show is cancelled by venue or producer. Event is subject to change and cancellation.

Waiver of liability and assumption of risk. All attendees, by purchasing a ticket and/or attending the event, agree to assume all of the risks, hazards and dangers that may arise from, or relate in any way to, the risk of contracting a communicable disease or illness (including exposure to COVID-19, a bacteria, virus, or other pathogen capable of causing a communicable disease or illness) whether occurring before, during, or after the event, however caused or contracted. Therefore, anyone who purchases a ticket and/or attends the event, hereby waives any and all claims against Mercola Market, Comic Cure, the artists, and/or all related sponsors relating to all risks of personal injury, sickness, permanent disability and/or death.

Uncorked! Comedy Festival

Join us **Friday, Aug. 26** from 6 to 7:30 p.m., and 8:30 to 10 p.m. for a night of nonstop laughter at Good Intentions Uncorked, 1307 S.E. 47th Terrace, Cape Coral and help us crown the winner of the Uncorked! Comedy Festival. Tickets are \$25 per person in advance or \$30 at the door with a two-drink minimum.

Just let us know if you would like to purchase a bottle or two or a charcuterie board while you enjoy the show.

Limited tickets. First-come, first-served seating. Seating at 5:30 p.m., showtime at 6 p.m.

Purchase tickets at www.eventbrite.com/e/uncorked-comedy-festival-830-pm-show-tickets-377426120687.

Additional: Ages 21-plus, two drink minimum purchase person. Free parking onsite and across the street. Shows sell out quickly and refunds will not be issued unless show is cancelled by venue or producer. Events are subject to change and cancellation.

Waiver of liability and assumption of risk. All attendees, by purchasing a ticket and/or attending the event, agree to assume all of the risks, hazards and dangers that may arise from, or relate in any way to, the risk of contracting a communicable disease or illness (including exposure to COVID-19, a bacteria, virus, or other pathogen capable of causing a communicable disease or illness) whether occurring before, during, or after the event, however caused or contracted. Therefore, anyone who purchases a ticket and/



or attends the event, hereby waives any and all claims against Good Intentions Uncorked, Comic Cure, the artists, and/or all related sponsors relating to all risks of personal injury, sickness, permanent disability and/or death.

Nice Guys Pizza Comedy Night

Join us **Saturday, Aug. 27** from 10 to 11 p.m. for a night of laughs at Nice Guys Pizza, 1404 Cape Coral Pkwy. E., Cape Coral as it is transformed into a comedy club with performers as seen on MTV, VH1, TMZ Live and The Howard Stern Show.

Limited tickets. First-come, first-served seating. Seating at 9:30 p.m., showtime at 10 p.m. Tickets are \$25, and the price goes up \$5 per ticket day of show. The last event sold out quickly. Pre-purchase strongly suggested. Purchase tickets at www.eventbrite.com/e/nice-guys-pizza-comedy-night-tickets-369506683437.

Additional: Ages 18-plus, two drink minimum purchase per person. Refunds will not be issued unless show is cancelled by venue or producer. Events are subject to change and cancellation.

Waiver of liability and assumption of risk. All attendees, by purchasing a ticket and/or attending the event, agree to assume all of the risks, hazards and dangers that may arise from, or relate in any way to, the risk of contracting a communicable disease or illness (including exposure to COVID-19, a bacteria, virus, or other pathogen capable of causing a communicable disease or illness) whether occurring before, during, or after the event, however caused or contracted. Therefore, anyone who purchases a ticket and/or attends the event, hereby waives any and all claims against Nice Guys Pizza, Comic Cure, the artists, and/or all related sponsors relating to all risks of personal injury, sickness, permanent disability and/or death.

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FACTS:

- For 2.5 years Sellers have been in the drivers seat.
- In May/June borrowing costs skyrocketed.
- Sellers became more accommodating to complete the sales.
- Redfin states 6.1% of FOR SALE homes leading up to June 19 asked for Price reductions.
- This is a record high as far back as the start of 2015.
- Today, price reductions, removal of auctions and even multiple offers have fallen off dramatically or completely.

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SO WHAT TO DO?

- First go with a **PROVEN WINNING REAL ESTATE TEAM** with lots of local industry experience.
- Marketing is always **KEY** and in tough markets it is **IMPERATIVE**. Make sure your team is on top of it.
- Go with **WINNING** strategies. The market value on average is up over 39%. Play to the strengths of the market.
- A **PROVEN TEAM** that can bring the **OUT-OF-STATE BUYERS** is a **WINNING TEAM**.
- Go with a Team that knows why people will still **BUY** in **TODAYS MARKET**.

BUYING? Jennifer has been focused on **BUYERS** for a **DOZEN** years. She knows the local market!



Give us a call and let us propose a winning strategy for the sale of your home!

Contact Jennifer & Phillip at 941.219.5659

Tax Talk

With Hurricane Season Upon Us – Here’s What A Disaster Declaration Means For Taxpayers

Bud Krater has been doing taxes in Lee County for over 30 years. He is passionate about his job of saving people tax dollars. For more information, contact him at (239) 772-1040. He will be happy to help!



Before the IRS can choose to authorize relief for disaster victims, the Federal Emergency Management Agency (FEMA) must issue a disaster declaration.

Here are some tax-related things that often happen after a disaster:

- 1. The IRS gives taxpayers more time to file and pay.** Taxpayers whose address of record is in an area qualifying for IRS disaster relief will automatically receive more time from the IRS to file returns and pay taxes. The IRS’s disaster assistance page at IRS.gov provides disaster updates and links to resources. Taxpayers can also call the agency’s disaster line at (866) 532-5227 with questions.
- 2. Taxpayers can qualify for a casualty loss tax deduction.** People who have damaged or lost property due to a federally declared disaster may qualify to claim a casualty loss deduction. They can claim this on their current or prior-year tax return. This may result in a larger refund.
- 3. People can apply for a disaster loan or grant.** The Small Business Administration offers financial help to business owners, and renters. This help is for those in a federally declared disaster area. To qualify, a taxpayer must have filed all required tax returns.
- 4. Taxpayers might need a tax return transcript.**

People who need a tax transcript to support their disaster claims can obtain a free transcript by using “Get Transcript” on the IRS.gov website to access their transcript immediately online or to request mail delivery. They can also call (800) 908-9946 for assistance in obtaining a tax return transcript.

People who need a copy of their tax return should file Form 4506 Request for Copy of Tax Return. The IRS waves the usual fees and expedites these requests for copies of tax returns for people who need them to apply for disaster-related benefits or to file amended returns claiming disaster-related losses. The taxpayer should state on this form the request is disaster related and list the state and type of event. This helps speed up the process.

5. People who relocate need to submit a change of address. After a disaster, people might need to temporarily relocate. Those who move should notify the IRS of their new address by submitting Form 8822 Change of Address.

The IRS encourages affected taxpayers to review all federal disaster relief at DisasterAssistance.gov.

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All Things Volunteer

Ronald McDonald House Charities® Southwest Florida programs and events are supported by 1,000-plus volunteers who



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dedicate their time, talent, knowledge, and resources to ensure we can serve families and children who need our help.

Volunteers help in many ways:

- Support families and staff at the house
- Assist families in the Family Room at Golisano Children’s Hospital
- Help at our fundraising events
- Host “Wish List Drives” or other third-party fundraisers
- Participate in our Family Meal Program by cooking dinner for our families
- Prepare fresh baked goods in our kitchen for our families on the go
- Provide a compassionate ear to families who need a friend to talk to
- **So much more!**

Can you help us out with the following volunteer opportunities?

Family Room Volunteers Needed!

We are looking for individuals with a flexible schedule that can volunteer for a few four-hour shifts per month.

Available Shifts:

Weekdays: 8 a.m. to 12 p.m., 12 to 4 p.m., and 4 to 8 p.m.
Weekends: 10 a.m. to 2 p.m., and 2 to 6 p.m.

Please note: House volunteers under the age of 16 must be accompanied by an adult. Family Room volunteers must be at least 18 years of age and complete a Lee Health Volunteer Application provided by Volunteer Manager Ileny Farese, in order to volunteer at Golisano Children’s Hospital.

If you are interested, please fill out our volunteer application on our website www.rmhcswfl.org.

Volunteer Cooks Needed!

The Family Meal Program provides support to families who are taking care of their sick children, and often don’t have the time, funds, or energy to prepare a home-cooked meal. Can you help us cook dinner? Dates available?

Family Meal Program

The Family Meal Program provides support to families who are taking care of their sick children, and often don’t have the time, funds, or energy to prepare a home-cooked meal. After a long day at the hospital, a hot meal is a blessing! There are several ways you can help us feed our families:

Option 1: Come cook in our kitchen. (This option requires scheduling. Please send an email to volunteer@rmhcswfl.org so we can add you on our meal calendar.)

- You select a recipe.
- You shop for the ingredients.
- On your scheduled cooking date, you bring all your ingredients to the Ronald McDonald House and cook dinner in our fully stocked kitchen!
- Families enjoy a delicious dinner!

Option 2: Delivery from local restaurants. (This option requires scheduling. Please send an email to volunteer@rmhcswfl.org so we can add you on our meal calendar.)

- You pick a local restaurant.
- You order dinner, pick it up, and drop it off (or use a delivery service).
- RMHC staff creates a yummy spread.
- Families enjoy a delicious dinner!

Option 3: Gift Cards

- You pick a local restaurant or grocery store.
- You purchase a gift card (values from \$50 to \$100).
- You drop it off, mail it, or email it.
- RMHC uses gift card to buy dinner.
- RMHC picks it up or has it delivered.
- Families enjoy a delicious dinner!

Option 4: Grocery List

- You buy groceries off our grocery wish list.
- You deliver them (or use a delivery service).
- Families enjoy breakfast, lunch, and dinner!

Important: Please contact Volunteer Manager, Ileny Farese, at (239) 437-0202 or volunteer@rmhcswfl.org for more information prior to purchasing items. The following questions will be addressed:

- Do we have your contact information?
- Have you provided a meal before?
- How many guests will you be providing a meal/groceries for?
- Would you like to receive a “Thank You” letter for tax purposes?

Is there a current food allergy or diet restriction? What items are needed (this helps limit waste or duplicates)?

Deliveries and drop-offs will be at the Ronald McDonald House: 16100 Roserush Court, Fort Myers, FL 33908. We are also looking for drivers to help pickup/drop-off. If you have a flexible schedule, a reliable vehicle, and a desire to help feed families, please email us at volunteer@rmhcswfl.org.

If you’d simply like to make a cash donation towards feeding our families, please click here and select “Family Meal Program” in the dropdown menu. Thank you so much for helping our families during a time when they need it the most.

For more information please visit our website www.rmhcswfl.org.

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Happening At Your Library

Cape Coral Library

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Download Drop-In

Tuesday, Aug. 2, 16 And 30 – 11 a.m. To 12 p.m.

Receive personalized help downloading e-books, movies, music, and more from Overdrive/Libby and Hoopla, two of Lee County Library System's largest online content providers.

Bring your fully charged tablets, phones, e-readers, and other digital devices for a hands-on help session.

Note: Please bring any passwords you may need for downloading apps. Kindle users will also need an Amazon account and their password for accessing it. Location: Conference room C.

Asistencia Con Tecnología En Español (Spanish Technology Support)

Tuesday, Aug. 9 – 2 To 3 p.m.

Reciba ayuda personalizada para descargar libros electrónicos, películas, música y más de Overdrive/Libby y Hoopla, dos de los proveedores de contenido en línea más grandes de Lee County Library System.

Traiga sus tabletas, teléfonos, lectores electrónicos y otros dispositivos digitales completamente cargados para una sesión de ayuda práctica. Location: Conference room (CC).

Online: Writer's Workshop

Wednesday, Aug. 17 – 2 To 3 p.m.

A writer's workshop creates a community of writers and keeps individuals in the habit of consistently writing.

A writing prompt will be given, and each writer will have 20 minutes to write. Then the group offers their piece for constructive criticism. Registration is required.

Online: Book Discussion For Adults

Wednesday, Aug. 31 – 10 To 11:30 a.m.

Calling all readers! Join us for a live virtual book discussion for adults. There is no assigned title. Instead we will be taking turns sharing about the latest books that we have read.

Please preregister in order to participate in the program. Registrants will receive a confirmation email and reminder with the link to join the online discussion on GoToMeeting. Registration is required.

Book Discussion: *The Change* By Kirsten Miller

Wednesday, Sept. 7 – 11 a.m. To 12 p.m.

Big Little Lies meets *The Witches of Eastwick* – a gloriously entertaining and knife-sharp feminist revenge fantasy about three women whose midlife crisis brings unexpected new powers – putting them on a collision course with the evil that lurks in their wealthy beach town. Location: Conference room (CC).

Online: Medicare 101 – Understanding The Basics

Wednesday, Sept. 7 – 2 To 3:30 p.m.

This educational course will remove the confusion about Medicare including what is covered and what is not covered – such as chronic long-term care. When and how to enroll in the four parts of Medicare is explained.

Medicare Supplements and Advantage Plans are given special attention including the advantages and disadvantages of each. When it might be possible to switch from one to the other is covered in this class. Registration is required.

What You Will Learn

- When and how to enroll in Medicare
- Meaning of Medicare, Parts A, B, C, and D
- How Original Medicare and Advantage Plans differ
- When an Advantage Plan may be best for you
- How your income may increase your Parts B and D costs
- When Medicare covers long-term care and the trigger that shifts costs to you

Online: Researching The 1950 Federal Census

Thursday, Sept. 8 – 10 To 11:30 a.m.

Learn the best techniques for researching ancestors in the newly released 1950 U.S. Federal Census.

Photography During Programs

While attending library programs, visitors may be photographed by library staff. Photographs become library property and may be used in library promotions. Individuals who do not want to be photographed or recorded are responsible for removing themselves from the area or notifying the photographer of their opt-out status.

Please visit www.leegov.com/library/programs for more information or to register.



Please be advised that we have been made aware of a text scam currently circulating throughout the community. Scammers are texting residents with a "discount link" to purchase Lee County Sheriff's Office shirts. **Do not click on the link ... do not respond ... do not send any personal information.** The Lee County Sheriff's Office will never call, text or email you in an effort to solicit money or to encourage you to purchase items. If you have been victimized or would like to report the scam, you can submit a report through our Community Online Portal System (C.O.P.S.) located on the Lee County Sheriff's Office website.

A Grandparent's Best Friend

Here's good news for America's approximately 70 million grandparents: A growing problem that has been bugging families since the advent of the digital photo revolution – "Where is the latest photo of my grandchild?" – may have a surprising solution thanks to two enterprising granddads, Silicon Valley alumni.

Vinnie Jones and Boyd Pearce put their heads together and designed a simple, free and user-friendly mobile app that lets families share and relive at will their daily experiences, as well as special moments with loved ones even thousands of miles apart. Called **My Grandkids**, it works with a simple click or two of a button.

Explains Pearce, formerly with IBM, Teradata and Hitachi, "Vinnie and I decided to take what we called the Ph.D. approach (Press Here Dummy). We wanted to design an application that solved the photo problem but in a simple, easy way."

Jones, who worked with Pearce at Teradata, said, "My wife and I became swamped with all the photos that started to accumulate digitally. We were creating the digital equivalent of that old shoebox where you used to store your pictures and rummage from time to time to find the one you wanted. Yes, some people took the time to create photo albums but for those who didn't, My Grandkids is a great solution – almost instantaneous albums that you can access at the touch of a button, right there on your mobile."

The app lets you collect all photos taken by or received into your mobile device and display them in a handy

reference gallery ready to be stored for easy access in self-designed albums.

These galleries grow automatically as new photos appear ready for storage. Sharing is easy and safe via a private, secure network operating in the Cloud. Add as many contacts as you wish and have them share and exchange photo and video experiences easily – no emails, texts or post required.

My Grandkids can be used not only for family photos but for categorizing your favorite dishes or recipes, wine labels, whatever visual information you want at your fingertips.

The app works on most mobile phone operating systems and tablets and it's available in the Apple Store and as an Android version on Google Play.

It could be a wonderful gift for grandparents who haven't seen enough of their grandkids lately (and what grandparents have?) – even if they give it to themselves.



A new, free app can help organize your family photos and other visual information on your phone so you can easily see them whenever you like.

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The Wizard of Oz

This family musical follows Dorothy, the Scarecrow, the Tin Man, the Cowardly Lion and Toto, too!

Fly over the rainbow with Dorothy as she rides a twister into The Merry Old Land of Oz and learns that no matter how far our journeys take us, there's no place like home. You'll hear the songs from the delightful score you know and love such as *Follow the Yellow Brick Road*, *Somewhere Over the Rainbow* and *We're Off to See the Wizard*.

Dates may be subject to change.

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Catch The Action

August On The Water

By Capt. Bill Russell

Fishing or boating in Southwest Florida in August means dealing with the hot days of summer. Here are a couple of options to cool down and change things up a little.

If you just want to have fun and a little fishing while relaxing, then the beaches are a good choice, especially if you are fishing with the family. Good numbers of snook are roaming the surf throughout the summer and are a sight fishermen's dream. Most snook are running 22 to 26 inches, but there are much bigger ones. Free-lined pilchards, small pinfish, shrimp, white bucktail jigs, and a variety of small white flies are top baits. Look for the fish right off the edge of the beach in the surf or near any submerged structure. Remember snook are catch and release only. Trout, mangrove snapper, whiting, pompano and maybe a tarpon are a few of the other species you may hook into. Fish a little, swim a little, not a bad way to spend the day.

Summer days often give us flat calm seas over the morning hours, perfect for short runs offshore. Our coastline is dotted with artificial reefs, many well within sight of land and GPS coordinates available to the public. If you are an inshore angler, it's a nice change of pace to make a short run offshore, especially during the heat of summer when the inshore water temperatures are so high.

One cool aspect when fishing around the reefs is you never know what you might hook into. Everything from



a small snapper to a 500-pound goliath grouper calls them home. To get the most out of the day you want an assortment of tackle that can handle the fish you target. Obviously with snapper you do not need super heavy tackle, the lighter the better for the best action. But, if you want to attempt to pull a big goliath grouper from his home you will need a rig extra heavy, we're talking 200- to 400-pound line. And many times, that's not heavy enough.

In between snapper and goliaths there's the possibility to hook Spanish and king mackerel, cobia, permit, barracuda, snook, sharks of all sizes, plus other species. Many anglers fish several different line class rods at a time targeting more than one species.

Armed with a variety of baits is the best way to catch multiple species. Small baits like shrimp, pilchards, and small pinfish are great for snapper and other bottom fish, larger live bait is often the ticket for a big barracuda, snook,

or gag grouper; and big bait, dead or alive is the choice for goliaths. If you want to catch a permit you need live crabs, this is often the best bait for cobia as well. Anchoring up current of the structure with a quality block of chum is the best way to bring the action behind the boat.

It's a good idea to use the weather and tides to your advantage, especially over the hot month of August. Our water temperature can change quickly, give us three or four days with bright sunny skies and the inshore waters quickly get hot and the bite can slow. A couple rainy days with limited sunshine and the water will drop several degrees; this can trigger good fishing. If conditions allow get an early start to the day to allow for plenty of time on the water and back to a safe place ahead of afternoon storms.

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, call or text (239) 410-8576, website: www.fishpineisland.com, email: gcl2fish@live.com.

Capt. Bill Russell is a native and lifelong resident of Pine Island who has spent his entire life fishing the waters surrounding Pine Island and Southwest Florida. For the past 26 years Bill has been a professional fishing guide who takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."



Summer Kebabs, Four Ways

Solve the picky eater problem by making sure everyone has what they want. These grilled goodies will feed red-meat lovers, vegetarians, and everyone in between.

Chicken And Sweet Potato Kebabs

Ingredients

- Canola oil, for grill grates
- 1 teaspoon lime zest plus ½ cup lime juice
- 1 tablespoon olive oil
- 1 tablespoon pure maple syrup
- 1 pound boneless, skinless chicken thighs, trimmed and cut into 1-inch pieces
- 2 small sweet potatoes, cut into ¾-inch pieces
- Kosher salt and freshly ground black pepper



Directions

Set up grill for direct cooking and heat to medium. Once hot, clean and lightly oil grates with canola oil. Whisk together lime zest and juice, olive oil, and maple syrup in a bowl; transfer half to a small bowl and reserve for basting. Add chicken and sweet potatoes to remaining marinade and toss to coat; let stand 5 minutes.

Thread chicken and sweet potatoes onto skewers; discard marinade. Season chicken with salt and pepper. Grill, covered, turning occasionally, and brushing twice with marinade, until chicken is cooked through, 10 to 15 minutes.

Teriyaki Beef And Mushroom Kebabs

Ingredients

- Canola oil, for grill grates
- 1½ pounds strip or sirloin steak, trimmed and cut into 1½-inch pieces
- 1 medium red onion, cut into one-inch wedges and halved
- 8 ounces mushrooms, trimmed and halved, if large
- 2 tablespoons olive oil
- Kosher salt and pepper
- ½ cup teriyaki sauce

Directions

Set up grill for direct cooking and heat to medium-high. Once hot, clean and lightly oil grates with canola oil. Toss together steak, onion, mushrooms, and olive oil in a bowl. Season with salt and pepper. Thread onto skewers, separating onion layers.

Grill kebabs, turning occasionally, until steak reaches desired doneness, 8 to 10 minutes for medium-rare, basting with teriyaki sauce during last two minutes of cooking.

Tofu, Tomato, And Zucchini Kebabs

Ingredients

- Canola oil, for grill grates
- 3 tablespoons fresh lemon juice
- 2 tablespoons olive oil
- 2 teaspoons chopped fresh thyme
- 1 (14-ounce) package extra-firm tofu, pressed of excess moisture and cut into 1-inch cubes
- 1-pint cherry tomatoes

4 small zucchini, halved lengthwise and cut into 1-inch pieces

Directions

Set up grill for direct cooking and heat to medium-high. Once hot, clean and lightly oil grates with canola oil. Combine lemon juice, olive oil, and thyme in a bowl. Add tofu, tomatoes, and zucchini and toss to coat. Season with salt and pepper. Thread onto skewers.

Grill kebabs, turning occasionally, until vegetables are charred and just tender, 6 to 8 minutes.

Shrimp, Pepper, And Chorizo Kebabs

Ingredients

- Canola oil, for grill grates
- 1 navel orange
- 1 pound large shrimp, peeled and deveined
- 1 large red bell pepper, cut into 1½-inch pieces
- 2 tablespoons olive oil
- 1 teaspoon paprika
- ½ teaspoon cayenne pepper
- Kosher salt and freshly ground black pepper
- 4 ounces Spanish chorizo, sliced

Directions

Set up grill for direct cooking and heat to medium-high. Once hot, clean and lightly oil grates with canola oil. Cut orange in half. Cut one half into wedges, then cut wedges into pieces.

Toss together shrimp, bell pepper, olive oil, paprika, and cayenne pepper in a bowl. Season with salt and black pepper. Thread onto skewers, alternating with chorizo and orange pieces.

Place remaining orange half, cut side down, on grill and cook until charred, 1 to 2 minutes. Cook kebabs, turning occasionally, until shrimp are opaque, 4 to 5 minutes, squeezing juice from grilled orange over top just before removing from grill.



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From The Desk Of Sheriff Carmine Marceno

Safety At The Gas Station

Thefts at gas stations, across the United States, continue to occur. Video surveillance clips, from stations across the country, depict thefts from unattended/unsupervised vehicles being fueled at the pump.

An unlocked vehicle with personal items in sight ... especially when the driver is inside of the station or distracted ... makes for a quick and easy target.

Whether you are simply responding to texts while pumping gas or inside paying, thieves wait for the opportunity to quickly open your vehicle door and grab anything and everything of value. Purses are



commonly left on the driver's seat and cell phones are often resting in/on the console.

Choosing well-lit fuel stations with surveillance cameras decreases the appeal to criminals.

Whenever possible, purchase fuel during daytime hours and do so from a station that offers significant visibility to the roadway. Select a pump closest to the structure. This increases your visibility to cashiers and staff that work inside. Additionally, due to their proximity to the register, these pumps are generally free of skimming devices.

Locking your vehicle doors and keeping valuables out of sight make it extremely difficult for thieves to enter your car or truck. Take your keys with you ... do not leave them in the ignition or leave fobs on the seat.

Be certain to terminate your credit card transaction, at the pump, prior to leaving. This will ensure that no one else has access to your credit.

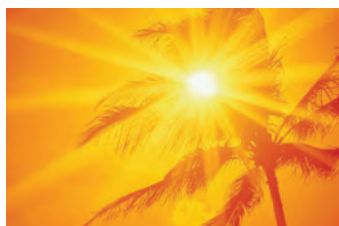
Avoid distractions. Be observant and aware of your surroundings. Take necessary precautions.

Your Tips Lead To Arrests!

We're in this together! Your anonymous tips to SWFL Crime Stoppers often result in arrests, convictions, and, of course, rewards! Help us keep Southwest Florida safe. Call SWFL Crime Stoppers at (800) 780-TIPS (8477).

Keep Your Cool When Experiencing Extreme Heat

The heat can be deadly. Heat related deaths and illnesses are preventable, yet more than 700 people die from extreme heat every year in the United States, according to the Centers for Disease Control and Prevention (CDCP).



The risk is higher for the elderly, those with chronic health problems, and the obese. The risk is also higher in humid weather because the humidity makes it harder for sweat to evaporate and cool the body.

So be careful out there! That heat and humidity can be dangerous!

Here are some tips from the CDCP to stay safe when exercising outdoors in the heat:

- Don't drink beer or other alcoholic drinks. Alcohol is a diuretic, which means it causes you to urinate. That loss of body fluid contributes to dehydration.
- Pace your activity. Start activities slow and pick up the pace gradually.
- Drink more water than usual, and don't wait until you're thirsty to drink more.

- Wear loose, lightweight, light-colored clothing.
- Schedule workouts and practices earlier or later in the day when the temperature is cooler.
- Monitor a teammate's condition and have someone do the same for you.
- Wear sunscreen. Sunburn affects your body's ability to cool down and dehydrate. Protect yourself from the sun by wearing a wide-brimmed hat and sunglasses, and by putting on sunscreen of SPF 15 or higher thirty minutes before going out. Look for sunscreens that say "broad spectrum" or "UVA/UVB protection" on their labels, as these products work best.
- If your doctor limits the amount you drink or has you on water pills, ask how much you should drink when the weather is hot.
- Replace salt and minerals. A sports drink can replace the salt and minerals you lose due to heavy sweating.
- Seek medical care immediately if you or a teammate has symptoms of heat-related illness. Those symptoms may include muscle cramps, dizziness or lightheadedness, heavy sweating, fainting, headache, and fatigue.



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