

# THE CAPE CORAL SUN

Celebrating the Past, Present, & Future of Southwest Florida's Largest City!

Another Seabreeze Publication



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## One Year After *Hurricane Ian* – Farmer Joe’s Thriving And Still Giving Back

By Joe Yapello

When Lee Snyder opened Farmer Joe’s grocery store on Pine Island Road in Cape Coral back in January of 2022, he could never have envisioned the challenges he would face before his doors were even open for one full year.



*Farmer Joe’s owner Lee Snyder*

Aside from the normal issues associated with such a large endeavor, Sept. 28, 2022 would change their trajectory going forward for good – forcing him and other local businesses into a different business model – with a different call.

Snyder and his team answered that call, and then some. *Hurricane Ian* would not hold them back.

By Sept. 29 – the day after the hurricane hit – Southwest Florida had already become one of the largest hurricane



*Sign outside Farmer Joe’s the day after Hurricane Ian*

disaster areas in the United States’ history. Numerous organizations, both local and out-of-state, were gearing up for a long relief process. Farmer Joe’s began that day assessing the damage and preparing to re-open. But it wouldn’t work out the way they had planned.

“Thinking back, we were really set up not to go down after a big hurricane,” Snyder recalled. “We had this huge generator that holds enough fuel to run for a few days and keep us open. But after our initial assessment we realized all of the roof damage had totally ruined the generator. So, we had to switch gears. After all of our employees were accounted for, we decided to offer them the opportunity to come back and receive a paycheck.”

But this time his employees would be coming back to work for a different reason.

Snyder was contacted by a church organization up in South Carolina called Spokes for Hope, whose faith-based volunteers specialize in food distribution relief in disaster areas. They said they were looking for a dry facility where

*One Year After Hurricane Ian on page 2*

## Oktoberfest – Throughout The Years

The German American Social Club (GASC) of Cape Coral was founded as a nonpolitical organization in July 1964 with a charter membership of 34. Willy Gruetzenbach, one of the prime movers in its formation, was elected to serve as president. The purpose of the club, then and now, is to promote good fellowship with a variety of social activities, to perpetuate traditional German festivals such as Oktoberfest, Karneval, Costume Balls, Folk



Dances, etc., and to stimulate interest in the German language and customs. Originally, the monthly meetings were held in the side rooms of the Cape Coral Yacht Club, and the club’s first few main festivals and dances were celebrated in the Cape Coral Fire Hall. As the membership grew, meetings and social events were held in the main hall of the Cape Coral Yacht Club.

In 1973, the club formulated plans to build its own clubhouse. The members contributed both financially and physically to the construction of the building. On March 17, 1974, local dignitaries participated in the groundbreaking for the new clubhouse, using green painted shovels in

tribute to St Patrick’s Day. Four hundred people attended the ceremony. In October 1975 the “von Steuben Hall” was officially dedicated; and in July 1976, the small Edelweiss

*Oktoberfest on page 3*

People moved to Cape Coral from locations across the United States and even from around the world, especially Europe. One should not underestimate the importance of local clubs and community groups that sprang up in Cape Coral’s first decade. They proved critical in helping people make friends and find their place in the rapidly growing Cape. Many clubs had to do with a home state, such as the Buckeye Club for Ohio natives. Others had to do with hobbies, such as the Orchid Club. One of the most well-known clubs in Cape Coral is the German-American Club. Members are seen in this photo from 1966. The club was formed by Willy Gruetzenbach to help the Cape’s large German population get used to a new country and a new climate. The club is most famous now for its annual Oktoberfest celebrations that attract visitors from around the state.



## Trunk Or Treat

Friday, Oct. 27 – 6 To 8 p.m.  
Cape Coral City Hall, 1015 Cultural Park Blvd.

Join us as we kick off the holiday season at the City of Cape Coral’s Second Annual Trunk or Treat, including candy giveaways (while supply lasts), music, and skele-fun for all ages. Costumes are encouraged! This free Halloween event offers a safe environment to come together and celebrate the start of the holiday season.

**Parking**  
The public may park in the visitor parking lot and employee parking lot, both located at city hall.



**One Year After Hurricane Ian from page 1**

they could stage their operations for sending their food trucks out to the barrier islands. In exchange for providing the staging area they would also provide Farmer Joe's with assistance to help out locally. Farmer Joe's also partnered with the Harry Chapin Food Bank – and together those two organizations – along with Farmer Joe's employees working the long car lines each day for a couple of hours, fed over 15,000 families in four weeks.

"Words really can't describe how it makes you feel when you can give back to the community at a time of need," Snyder said. "You just know deep down you're doing the right thing. And on top of that being able to keep our core employees on the payroll when no money was coming in for them was really part of the challenge. Being able to provide for both the community and our employees was special for us."

Snyder has had a long history in Southwest Florida in providing for the community.

"I grew up in Cape Coral – been here since 1978. In the mid '80s I got into the produce business with a buddy of mine, Alfie Oakes," Snyder recalls. "We'd sell produce out of the back of our pickup truck at the foot of the Edison and the Cape Coral bridges. That led into running quite a few open-air roadside markets between here and Orlando and also up in the state of Delaware – did that for about 15 years before Farmer Joe's evolved."



Lee Snyder greeting customers.





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Food supplies after Hurricane Ian

Snyder said the idea of Farmer Joe's was actually unexpected. He was once asked if he had the choice of building a massive 55,000-square-foot store, where would he build it. He had a few investors that showed interest, so he decided Pine Island Road was the best choice.

Supplied with his lifelong experience in the food service industry and with a clear vision for what he could provide for Cape Coral and the surrounding area, Farmer Joe's finally became a reality in January 2022 and with it a much anticipated grand opening.

"We knew going into this that we were going to be surrounded by competitors, and that their buying power would be much greater than ours," Snyder said. "So, we had to give our customers something extra – our employees had to focus on giving outstanding customer service. We also have the largest produce department in the state of Florida with over 13,000 square feet – not everyone has those bragging rights. Growing up in the produce industry all of my life, I feel like that was my forte."

In addition to a special customer focused employee base and competitive prices, Farmer Joe's is also proud to be working with many local farmers in our area.

"We're very fortunate here in Florida – our growing season is eight months long – during the offseason we can lean heavily on our farmers from the northeast, then we can rely on our local farmers for the majority of the year," Snyder explained. "Hanshaw Farms, Oakes Farms, Gargiulo Farms,



Car lines after Hurricane Ian



Employees and volunteers loading cars.

and all of our farmers out in Immokalee are just a few of the vendor names you will see in our produce area when you come in to shop."

The Farmer Joe's mission statement on their website reads ... *To bring real food back to the family dinner table by partnering with farmers, championing local products, and creating an enchanting customer experience.* It's a constant challenge that demands a laser focused effort each day.

"The community has totally embraced our store," Snyder proudly states. "We've tried to create the whole atmosphere here, where you can feel the positive energy once you walk through our doors. We'll continue to work closely with the Harry Chapin Food Bank on local food drives, offer our customers the finest service in the food industry, and offer weekly specials that will help in making your shopping experience with us a special one."

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*Oktoberfest from page 1*

Hall was designated for the exclusive use of club members and their guests.

Klaus Kohl, an intuitive member, was the leading influence in initiating and supervising the community's three-day Oktoberfest that has become a major event recognized by the City of Cape Coral, business leaders and organizations, as well as the entire community. The club had celebrated Oktoberfest on a small scale in the past, but in October 1986, local dignitaries and German Consul from Atlanta and Miami participated in the opening ceremonies of the three-day outdoor Oktoberfest on the club grounds, with approximately 10,000 people attending the initial three-day festival. A 30-piece band from Waltenhausen, Germany was featured among others. In 1991 the annual Oktoberfest was expanded to six days – two consecutive weekends.

Munich in Cape Coral is now being prepared for the 38th time. The Cape Coral Oktoberfest has since become the largest party of the year in the community! It is the event for fun, good food, freshly poured domestic and German beer, live music on several stages, laughter, dancing – from Polka to Fliegerlied to the Chicken Dance – with or without the chicken hat – simply put, it represents that famous German Gemütlichkeit.

Everyone, every generation, is encouraged to come and celebrate with their clan or crew. With German music and



*Specialty food*



*Festival tent and outside Biergarten – three stages, two dance floors, nonstop live bands and German music*

local bands, German food, and beer, there's plenty of fun to go around, for any age. So, dust off your dirndls, launder your lederhosen and join the club for an epic time of stein slurping with your beste Freunde, even those you just met.

This year's dates are Oct. 20, 21, 22 and 27, 28, 29 – the last two full weekends of the month. This is where the entire community comes together for some Gaudi – leg-slapping, joyous fun – and Gemütlichkeit – a feeling that you're welcome and a part of something special. Come and sit with family, dance under the big tent, or relax under the bright umbrellas in the Bavarian Gardens. Opening hours are Friday from 4 p.m. to midnight; Saturday, noon until midnight; and Sunday from noon until 8 p.m.

This year, the German American Social Club is thrilled to be able to feature a music ensemble arriving directly from

Germany again. Once again, the Maselheimer Musikanten, the German original big band that the community welcomed in 2017, and the Aichers, just off of their stint at the Munich Oktoberfest, will be here to set the festive mood. The event will also feature local favorites such as Deb & the Dynamics, The Boots, A'Finnity, Cape Coral's own Hafenskapelle, Manni Daum Trio, and many more! There will be nonstop foot-tapping music in the tent, the gardens, and inside in the Edelweiss Hall; something for every ear.

Enjoy the German food and international delicacies from the various outdoor food vendors, or a sit-down dinner in the Von Steuben Hall. Stop for a photo shoot with one of several Ms. Oktoberfest from previous years wearing their pretty dirndls and elegant blue sashes. And meet this year's Ms. Oktoberfest 2022, Lissette Ortiz-Teleweck.

The dedicated GASC members, each one of them volunteering their time and effort to create the region's most successful event, welcome you to enjoy German heritage. You'll want to become a member as well. Visit the new members' booth and learn how you can join Cape Coral's best social club!

*Photos courtesy of the German American Social Club*



*Carnival area for kids*



*Plenty of beverages*

## Movie In The Park

The City of Cape Coral Parks and Recreation Department proudly presents a **free** "Movie in the Park" series on our giant inflatable screen. The movie starts at dusk, but plan to arrive early to enjoy dinner from our onsite food truck, grab a good spot, and have a chance at our giveaways. Don't forget to bring a blanket and chairs to enjoy the movie!

### Upcoming Movies

- Friday, Oct. 27, Cape Coral City Hall, front lawn, *The Nightmare Before Christmas*
- Saturday, Dec. 16, Four Freedoms Park, *Polar Express*
- Thursday, Feb. 29, 2024, Four Freedoms Park, *Leap Year*

**38th OKTOBERFEST 2023**

**Oct 20, 21, 22 & 27, 28, 29**  
**German American Social Club**  
 in Cape Coral  
**Great food, German beer, live music, laughter and dancing!**

**2101 SW Pine Island Rd.**  
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**Route 78**  
**7 Miles West of US 41**  
**239-283-1400**  
[www.capecoraloktoberfest.com](http://www.capecoraloktoberfest.com)

**Festival Hours:**  
 Fri 4pm-Midnight  
 Sat Noon-Midnight  
 Sun Noon- 8pm

# Tax Talk

## What's Going On At The IRS?

*Bud Krater has been doing taxes in Lee County for over 30 years. He has his enrolled agent (EA) status with the IRS, which means he can represent you in front of the Internal Revenue Service. He is passionate about his job of saving people tax dollars. His company, A Bud Krater Inc., has three guarantees. For more information, contact him at (239) 772-1040. He will be happy to help!*



Capitalizing on Inflation Reduction Act funding and following a top-to-bottom review of enforcement efforts, the Internal Revenue Service announced today the start of a sweeping, historic effort to restore fairness in tax compliance by shifting more attention onto high-income earners, partnerships, large corporations and promoters abusing the nation's tax laws.

The effort, building off work following last August's IRA funding, will center on adding more attention on wealthy, partnerships and other high earners that have seen sharp drops in audit rates for these taxpayer segments during the

past decade. The changes will be driven with the help of improved technology as well as artificial intelligence that will help IRS compliance teams better detect tax cheating, identify emerging compliance threats and improve case selection tools to avoid burdening taxpayers with needless "no-change" audits.

As part of the effort, the IRS will also ensure audit rates do not increase for those earning less than \$400,000 a year as well as adding new fairness safeguards for those claiming the Earned Income Tax Credit (EITC). The EITC was designed to help workers with modest incomes. Audit rates of those receiving the EITC remain at high levels in recent years while rates dropped precipitously for those with higher income, partnerships and others with more complex tax situations. The IRS will also be working to ensure unscrupulous tax preparers do not exploit people claiming these important tax credits.

### More Scrutiny On FBAR Violations

High-income taxpayers from all segments continue to utilize foreign bank accounts to avoid disclosure and related taxes. A U.S. person with a financial interest over a foreign financial account is required to file a Report of Foreign Bank and Financial Accounts (FBAR) if the aggregate value of all foreign financial accounts is more than \$10,000 at any time. IRS analysis of multiyear filing patterns has identified hundreds of possible FBAR nonfilers with account balances that average over \$1.4 million. The IRS plans to audit the most egregious potential nonfiler FBAR cases in Fiscal Year 2024.

### Helping Working Taxpayers Through Improving Compliance Selections; Protecting Taxpayers And Businesses From Aggressive Scams And Schemes

In addition to expanding compliance attention on high-

income, partnerships and others, the IRS will be focused on ensuring audit fairness and protecting all taxpayers from a variety of scams and schemes. While IRS compliance work will be increasing on the wealthy, scammers and fraudsters frequently target average taxpayers with more modest incomes, so the IRS will be focused on raising consumer awareness on these issues.

"The IRS is on the side of taxpayers, and we will be working to protect hardworking people from scammers or fraudsters who try to use the tax system for their schemes, whether it's promising people inflated EITC amounts or tricking people into tax-related identity theft," said IRS Commissioner Danny Werfel. "Protecting hardworking taxpayers is a critical component to ensuring the success of the nation's tax system, and the IRS will be working throughout the fall and into the 2024 filing season to take steps to help people."

### Protection Against Identity Theft

The IRS will continue the groundbreaking efforts of the Security Summit initiative, a joint effort between the federal government, state tax agencies and the nation's software and tax professional communities. Since 2015, the private-public sector coalition has worked together to build internal defenses and share information to protect against identity thieves trying to steal tax refunds. A key part of the Security Summit initiative has been focused on raising taxpayer and tax professional awareness on how to protect themselves and their tax data from identity theft. This groundbreaking effort will continue this fall with National Tax Security Awareness Week.

[Source: [www.irs.gov](http://www.irs.gov), IRS Tax Tip 2023-166]

## Cape Coral Art League

### October And November Shows And Events

#### Open Painting

Enjoy the company of fellow artists. Just drop by and bring your own art project and supplies. Enjoy some yummy snacks and enjoyable music too! No registration required! (Adults only, please.)



Every Wednesday from 1 to 4 p.m. Open to the public. \$2 for members, \$6 for nonmembers (Pay at the door.)

#### October Show – People And Places

Oct. 2 through Nov. 2, Monday through Thursday, 11 a.m. to 4 p.m. Wine and cheese reception on Thursday, Oct. 5 from 5 to 6:30 p.m. Free parking and entry.

#### Student Sundays – Teaching Young People Art (October Through June)

Exposing young people to the visual arts can help in the development of motor skills, language skills, social skills, teamwork, decision-making, risk-taking, and, of course, inventiveness. At the Cape Coral Art League, we strive to teach the next generation about drawing, color, layout, perspective, and balance – skills that can benefit them in their academic work as well as expand their creativity. And they have fun while learning!

Ages 6 to 14 (no younger, please). 1 to 4 p.m. Fee: \$20. All materials provided. Cash or check at the door only. Please arrive 15 minutes early to register – no presignups. No reservations required. New lesson every week. Check our Facebook page or our website for updates.

#### Fall Class Schedule

Please visit [www.capecoralartleague.org/classes](http://www.capecoralartleague.org/classes) for our new fall class schedule.

#### Unique Gifts At Reasonable Prices!

The gift shop is located inside the Cape Coral Art League and showcases talent within the league.

Come browse the creativity of local artists. Thinking of a gift for someone special? You will find it here among the unique and treasured. Artistic expression is found here – come in and experience it. Don't forget to pick up a **mini** – small originals made by our members – they are a perfect gift!

Speaking of gifts ....

Give a gift that keeps them creating! The Cape Coral Art League gift certificates are available in any amount. They can be redeemed toward a variety of classes and workshops for adults and children.

Office, gallery and gift shop hours are Monday through Thursday: 11 a.m. to 4 p.m.

**Cape Coral Art League, 516 Cultural Park Blvd., Cape Coral, FL 33990, (239) 772-5657, [www.capecoralartleague.org](http://www.capecoralartleague.org).**

## Cape Coral Bike Night

Saturday, Oct. 14  
– 5 To 10 p.m.

**Location:** S.E. 47th Terrace between Coronado Parkway and Vincennes Boulevard

Those interested in motorcycles will love the City of Cape Coral's Bike Night, which is hosted several times a year, with a night full of classic motorcycles, vendors, food trucks, and live entertainment. Whether you're a hardcore biker or not, you'll have a blast! This is a **free** event! Save the date for our future Bike Nights on Feb. 10 and April 13, 2024.

#### Event Highlights

• Live music – Headliner: Maiden Cane along with bands School of Rock and Smack Daddy

• Vendor Village – Located in front of Backstreets Sports Bar

• Food trucks

**New Feature:** Rockstar Harley-Davidson VIP parking. Fifteen Harley-Davidson motorcycles will be chosen for this area. (Must be Harley-Davidson model). Participants will receive a swag bag and be entered for a chance to win a \$100 Rockstar Harley-Davidson gift card! The winner will be announced on the main stage around 8:15 p.m. (We encourage participants to be present to win.) Please fill out the application online at [www.ccbikenight.com](http://www.ccbikenight.com). Once you have submitted an application, an event coordinator will confirm your spot. For questions and more information please email [seclerk@capecoral.gov](mailto:seclerk@capecoral.gov).

For more information visit our website at [www.CCBikeNight.com](http://www.CCBikeNight.com).

## Cape Fun-Mobile

The Cape Coral Parks and Recreation Fun-Mobile is an exciting recreation center on wheels that offers a variety of organized activities to promote outdoor play to the public at local parks for **free!** This mobile recreation program helps establish new play places and enrich current play opportunities.

As part of the program, children may have the chance to create unique art projects and play a game of basketball or soccer with a Cape Coral Police Officer or Lee County Sheriff, all in a fun and safe environment.

The Fun-Mobile is brought to you by Cape Coral Parks and Recreation, the Sheriff's Activities League (SYAL), and the Cape Coral Police Department (PAL). Parks and Recreation staff and SYAL and PAL will provide positive role models for participants by reinforcing good

sportsmanship and outdoor activities.

What's even more exciting is the equipment within the Fun-Mobile is powered by the sun! Furnished with solar panels, the Fun-Mobile can go anywhere, and participants can even listen to music powered by the sun! In addition, families can register for camps and classes at the Fun-Mobile during select events using the vehicle's mobile registration system.

Check out the upcoming schedule at <https://bit.ly/3Ev4kAY> or scan the QR code and see the times and locations for the Fun-Mobile at Cape Coral parks and special events throughout the year!



## HOLIDAY ART AND GIFT SHOW



**Cape Coral Art League Studio**  
516 Cultural Parkway, Cape Coral

**Saturday, October 28 11-5**

**Sunday, October 29 10-3**



Solo Art Show, highlighting all handpainted items by Suzanne Mikulka  
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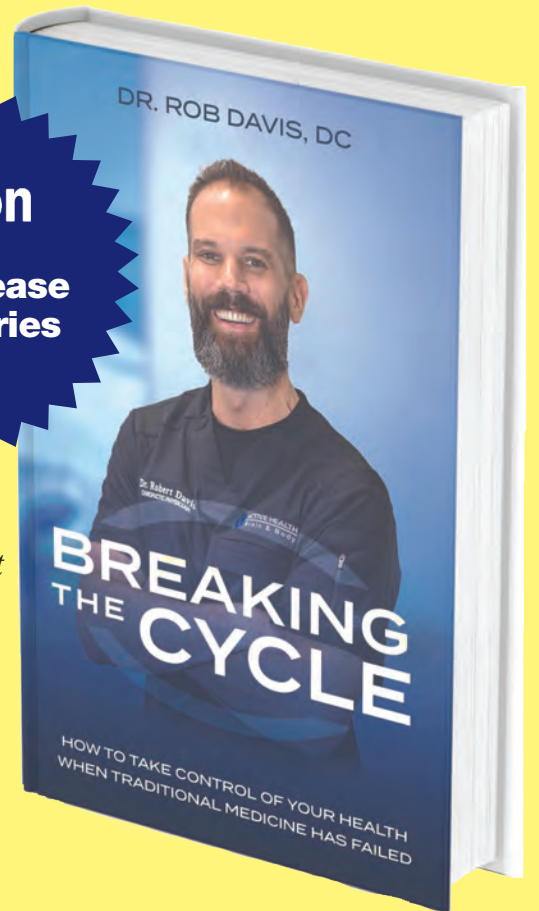
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*“Dr. Davis and staff are God sent. I did not know that there is an alternative treatment for my peripheral neuropathy. I was going down fast and couldn't walk straight, but because of Dr. Davis, it's like a miracle. Both of my legs are no longer swollen and my legs are back to normal. With his treatment and nutrition I feel vibrant again. Love you Dr. Davis n staff.”*

—D. Moore, Neuropathy Patient



*“I was young when I first started having stomach problems. I struggle with IBS and Diverticulitis. For the last 6 months, I was waking up feeling sick to my stomach and nauseated all the time. It's affecting my everyday life because I don't want to go out and eat anywhere, and my social life is not good. Other doctors have told me there's nothing they can do to help. Since I've been on the metabolic program, I feel much better, I've lost some weight, and it's the best thing I've ever done. The program was very easy. I've always had my chocolates and my bad food, and since I've been on the plan I've been eating lots of vegetables, meats, and fruits and feel so much better. I don't have the cravings. I'm so glad I did the program. It's life-changing!”*

—Betty Herbert, Leaky Gut Patient



*“I've gone to many many orthopedic surgeons, everybody told me I needed a new shoulder; Nobody told me it was a frozen shoulder or even ordered a neck X-ray until this wonderful doctor. My movement for six months to a year was not even to the level of my shoulder and after just one treatment it improved to about fifty percent. After he released the frozen shoulder I can now go all the way up over my head. I'm so blessed to have found him, I can't thank you people enough. You all need to try him.”*

—Kitty, Frozen Shoulder Patient



*“My hope is that you come to the realization, as I did for my own health problems, that complex chronic conditions don't happen in isolation. Most of these conditions take decades to develop and require a multi-modal approach to optimize your recovery.”*

—Dr. Rob Davis

*“Folks, this is the real deal! After many years of knee pain and taking pills just to walk, I am pain free!!! Dr. Davis is easy to work with and Jeanie and Becky are gems. If you are suffering with knee pain give him a try, you won't regret it!”*

—Manual Mangual, Knee Patient



*“I got neuropathy as a side effect from the chemo that I received 2 years ago in the fall. So it has been about 2 years since I've had the neuropathy. We received the ad in the newspaper and my husband says, why don't we see if this guy can help you. We made an appointment, came here and he did. I am so much better it's unbelievable. I wasn't able to go to the grocery store without taking a cart, even if I was just picking up some bananas or one or two things. I had to have a cart to help me walk through the store. When we went to the beach we pretty much just stayed in our chairs because I couldn't get up to go for a walk on the sand. My feet hurt that bad. It was hard to get dressed in the morning. While trying to put my feet into my pant legs my toes wouldn't cooperate. When I finally came in for my appointment it was close to the end of the time when we were going back up north. I got to know everybody pretty well because I was here everyday that they were open to get in all of my treatments before we left. I continued everything at home all of the way up through the summertime to where I ran out of stuff, and so now I'm not doing any of that anymore, but they are still so much better it's unbelievable. I mean I walk the beach, I play golf two or three times a week, I can run in the grocery store without help, and my husband will say I can't keep up with you anymore. It's just so much better, it's wonderful. It's well worth coming in and having the treatments and taking supplements. You just need to be faithful and do it because it will wake your nerves back up. It's wonderful. If you don't try to take care of yourself nobody else is going to.”*

—Joyce Boenne, Neuropathy Patient



*“I have been suffering with bad knees for over 7 years. I didn't want surgery. I was skeptical, all I can say is Wow I can't believe that suffering for 7 years in 1 treatment my pain is gone!!! Wish I would have done this years ago!”*

—Kim Flutcher, Knee Patient



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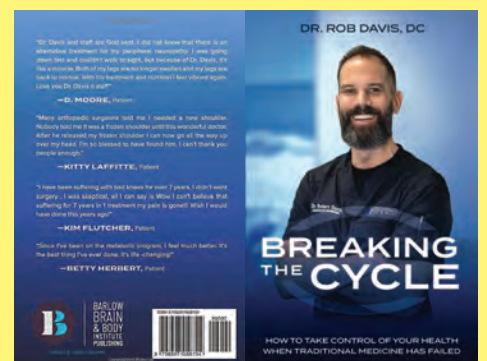
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# Cape Coral Cruise Club

## September Activities

Submitted by Laurie Carlson

It's been a long, hot, summer and the Cape Coral Cruise Club is ready to get back on the water and back to our beautiful Hidden Island! July and August are always quiet months for our club, as some of our members are still up north, some are traveling the world, and some are hibernating from the heat at home.



On Sept. 2, we welcomed our members back to Hidden Island with tacos, burritos, and a topping bar with all the "fixins," along with cookies and ice cream for dessert. Activities included a bocce game on our court, cornhole, horseshoes, some card games and, of course, lots of summer vacation stories to be told. We are also excited to welcome our newest members at the September picnic!

From Sept. 19 to 22, 10 boats will head to the Naples City Dock, while some members will be staying at

the Cove Inn nearby. Lots of plans are in progress for shopping and dining on Fifth Avenue, as well as other activities and camaraderie.

If you own a boat with full overnight accommodations and would like information on becoming a member of the Cape Coral Cruise Club, please contact our Membership Chairman Terry Carlson, at (239) 770-6955. You can also follow us on Facebook and check out our website [www.capecoralcruiseclub.com](http://www.capecoralcruiseclub.com).

## Adopt A Sea Turtle Fundraiser

Join us for the Greater Pine Island Chamber of Commerce third annual wall sculpture Adopt A Sea Turtle auction.

Twenty sea turtles were sponsored by local businesses and individuals who then commissioned the unpainted sea turtles to be painted and adorned by island artists. The completed sea turtles will be displayed in various businesses around the island until the day before the auction.

This year's auction be held on Oct. 8 at the Tarpon Lodge Hotel, 13771 Waterfront Drive, Bokeelia, FL 33922 in the shade at the Island House from 3 to 7 p.m.

There will be a previewing time, the auction, and live music with Matt Lee, fantastic food and cold drinks.

This great fundraiser helps support the nonprofit organizations of Pine Island. This is a wonderful event, and we are looking forward to seeing all the wonderful creations.

*Photos from our 2021 Adopt A Sea Turtle auction*



# FLORIDA REP

2023  
2024

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**LOOKING FOR A SPECIAL NIGHT OUT ON THE TOWN?**  
*Come experience the magic of LIVE musical theatre!*

# Beguiled Again

SONGS OF RODGERS & HART

MUSIC BY **RICHARD RODGERS**  
LYRICS BY **LORENZ HART**

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# Out Of The Office

## Teaching Kids Peaceful Coexistence With Nature Through Unique Vacation Experiences

By Mandy Carter

In today's fast-paced world, where technology often takes center stage, it's becoming increasingly important to instill in our children a deep appreciation for nature and the environment. Vacation experiences can serve as powerful educational tools, instilling in children a profound understanding of how to coexist harmoniously with nature and marine life.

Here are five unique vacation experiences we love in Florida where kids (and adults) can learn about peaceful coexistence with our natural world.

### Turtle Hospital In The Florida Keys

Turtle Hospital in the Florida Keys is a truly heartwarming experience. Here, you can witness the dedicated team of experts working tirelessly to nurse these incredible creatures back to health. The guided tour provides a fascinating insight into the hospital's rescue and rehabilitation efforts, allowing visitors of all ages to learn about the challenges facing sea turtles and the crucial role we can play in their conservation.



### Dolphin Research Center In The Florida Keys

This is an extraordinary

experience that offers a rare glimpse into the world of dolphin care and conservation. It's an eye-opening visit that leaves you with a profound appreciation for the beauty and vulnerability of these majestic animals.

### Sandoway Discovery Center In Delray Beach

This museum takes you on a captivating journey into the natural wonders of South Florida. Nestled in a historic beachfront home, the museum offers an engaging and educational experience. Inside, you can explore interactive exhibits showcasing the region's diverse ecosystems.



### Discovery Cove In Orlando

This is a remarkable destination where visitors not only enjoy a tropical paradise but also have the unique opportunity to learn about animals in an immersive and educational setting. This sanctuary offers encounters with a variety of marine life, from playful dolphins and colorful tropical fish to graceful rays. Through interactive programs and hands-on experiences, guests can gain a deeper appreciation for these creatures and their natural habitats. Discovery Cove fosters a profound understanding of marine ecosystems and conservation efforts.



### The Alligator Farm In St. Augustine

This is a fascinating opportunity to learn about these ancient reptiles up close. As one of the oldest zoological attractions in the state, the farm combines entertainment with education in a truly engaging way. Visitors can observe hundreds of alligators in their natural habitat, from baby gators to massive adults, while knowledgeable guides provide insights into their biology, behavior, and conservation.

All five of these Florida attractions are both educational and inspiring. If you visit you are sure to leave with a deep appreciation for these magnificent creatures and a sense of responsibility for their well-being and our planet.



### About Mandy Michelle Carter

Just a Southwest Florida mom living the dream; she loves to inspire parents to spend authentic time with your kids and to chase your own dreams unapologetically! Found on Instagram @mandymcarter and her family blog at Acupful.com.

# Giving Back Collection



Our Giving Back Collection is designed with a unique need or organization in mind. A percentage of the proceeds to benefit a special Charitable Foundation.

**Strong Pendants:** FISH of San Cap & Sanibel-Captiva Recovery Fund, Initiated by Charitable Foundation of the Islands (CFI).

**Fort Myers Beach Pendants:** FMBStrong.org, 501-C3. 501-C3.

**Mangrove pendant:** SCCF for the Mangrove initiative.

**Spoonbill Pendant:** J.N. "Ding" Darling National Wildlife Refuge.

In addition to the organizations mentioned above Congress Jewelers is working on a specially designed pendant to benefit the Bailey-Matthews National Shell Museum.

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# Dedicated Artists Of Southwest Florida (DASF) Exhibit At Cape Coral Library Continues Through Oct. 30

A wide array of over 100 beautiful two- and three-dimensional pieces of artwork by members of The Dedicated Artists of Southwest Florida Inc. (DASF) fills the gallery walls and display cases of the Cape Coral Library and will remain in place through Oct. 30. The library is located at 921 S.W. 39th Terrace, off Mohawk Parkway.



Iguana in the Woods by Pamela Stewart

The Dedicated Artists of Southwest Florida is a club with approximately 60 members from various cities within the local tri-county area. People of all ages and levels of artistic ability are welcome to join. DASF members attend monthly meetings (held in the Cape Coral Art League building) that feature different painting projects in various media and are conducted by talented instructors. While learning and teaching the art of painting is integral to the club, the Dedicated Artists of Southwest Florida also perform an impressive amount of local community outreach as a 501(c)(3) public charity. To fund their philanthropic projects, DASF holds an annual winter luncheon fundraising gala for 150 guests at the Legends Country Club, and the 2023 luncheon is

scheduled for Saturday, Dec. 9. It will include a silent auction of DASF members' beautiful artwork and theme baskets, plus a boutique with stocking stuffers for sale.

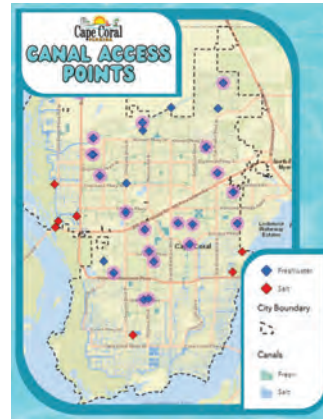
For more information about DASF membership meeting schedules, seminars, community outreach and the fundraising gala visit [www.DASFartists.com](http://www.DASFartists.com).

Changing art exhibits in the library's gallery are sponsored by the Friends of the Cape Coral Library. Contact Monica Rahman, art gallery chairperson, at [gallery@capefriends.org](mailto:gallery@capefriends.org) or visit [www.capefriends.org](http://www.capefriends.org). Follow "Friends of the Cape Coral Library" on Facebook.

## Cape Coral Increases Public Waterway Access

The City of Cape Coral has added five new freshwater canal access points to give residents more access to the waterways they live on.

The City Council approved the funds for these new freshwater canal access points in the Fiscal Year 2023 budget. The new access points can be found in central Cape



Coral at the following locations:

- 802 S.W. 7th Terrace
- 1208 Academy Blvd.
- 1815 Surfside Blvd.
- 845 Gleason Parkway
- 720 S.W. 31st Terrace

The freshwater access points are on grass lots with a gravel or dirt ramp. Parking is minimal, and there are no public facilities on site. Boat trailer parking fees apply for all improved boat ramps. There are no parking fees to utilize canal access points.

To view an interactive map of city owned boat ramps, please visit <https://bit.ly/4883HL8>.



Funny Parrot by Pamela Stewart



Trees Company by Monica Coburn



Flamingo Tango by Monica Coburn



Dragonfly on Water Lily by Carol Blankenship



Wine Time by Suzanne Mikulka



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# Cape Coral Historical Museum

## Remember When ... Route 66 Was Filmed In Cape Coral?

A large part of the marketing hype for the nascent city was to bring in Hollywood celebrities, and in 1963, two episodes of the popular TV series, *Route 66*, was filmed at the Nautilus.

Martin Milner and Glenn Corbett starred, with a bit part in the first episode – *Who Will Cheer My Bonnie Bride?* (Season 3, Episode 29) – along with another unknown actor named Gene Hackman. This episode aired on May 10, 1963, with the storyline of: Tod (Martin



Polishing the Corvette that was on loan by Chevrolet for filming episodes of *Route 66* in Cape Coral.

Milner) and Linc's (Glenn Corbett) car breaks down. Linc hitches a ride with Alva and Charlie, two robbers who force him to drive their getaway car.

Another lesser-known episode aired on May 17, 1963, was *Shadows Of An Afternoon*, (Season 3, Episode 30) where Tod and Linc are working in a Florida town when Linc is accused of stabbing an unfriendly dog and is arrested.

And the last episode that was filmed in Cape Coral was *Two Strangers And An Old Enemy* (Season 4, Episode 1) where the storyline is: While in a Florida swamp, Tod and Linc meet Major Barden, an American World War II ace and Takasuka, a Japanese officer who are still fighting the war. That episode aired on Sept. 27, 1963.

You can stream these episodes for free on FreeVee, Tubi or Roku or purchase the episodes through Google Play or Amazon for a small charge.



Filming the TV series *Route 66* at the Nautilus Motel in Cape Coral – 1962.



Filming action/motion scenes on top of a moving vehicle.



A photo from the *Route 66 Two Strangers and an Old Enemy* episode with the Gulf American Land Corporation building being built in the background. Located at: 4732 Del Prado Blvd. S.

Come visit us for more historical information about *Route 66* and Cape Coral.

**Hours:** Closed Sunday, Monday and Tuesday. Open Wednesday, Thursday and Friday, 11 a.m. to 4 p.m. and Saturday, 10 a.m. to 2 p.m.

**Admission:** Adults \$5, members free, students with identification free, children 17 and under free

**Cape Coral Historical Museum, 544 Cultural Park Blvd., Cape Coral, FL 33990, (239) 772-7037, capecoralmuseum.org.**



*Who Will Cheer My Bonnie Bride* episode, aired May 10, 1963.



Mary Lou Griffith holds a photo of actor Martin Milner, his wife, and one of his three children that was taken in the living room of Griffith's Cape Coral home in 1963. The Milners stayed in the Dolphin Drive house while Milner's series, *Route 66*, was on location in Southwest Florida.

## Coral Oaks Golf Course

### It's Tournament Time!

By Allen Manguson, PGA A-4, Coral Oaks Golf Course

Coral Oaks Golf Course and SETI are pleased to announce that Gator Golf Cars is joining us to present the 2023 Cape Coral City Championship Golf Tournament. This year's event will take place Saturday, Oct. 21 and Sunday, Oct. 22. In addition to the area's premier two-day amateur tournament, the Roger Dean Chevrolet Pro-Am and City Championship Kickoff Party & BBQ will be held on Friday, Oct. 20.

The registration fee for the tournament is \$225 per person and includes 36 holes of competition, including all golf and range fees, tee gifts, range balls, lunch on Saturday,

awards banquet on Sunday, prizes for the top finishers in each division, and admission to the Kickoff Party & BBQ on Friday evening. Entry for Friday's Pro-Am is \$125 per person, which also includes admission to the kickoff party or \$350 to enter both the Pro-Am and city championship.

The tournament field will consist of six men's flights and a ladies' division. Gross score champions and a low senior score will be awarded in each of the men's flights and the ladies' division will recognize one low gross score champion and award prizes based on low net scores. Once again this year, registration for the city



championship and Pro-Am will take place exclusively online at <https://bit.ly/3RhzK5n> or by scanning the QR code.

If you have any difficulty with your registration, please call the Pro Shop at (239) 573-3100 or come visit, and we will be happy to assist.

As always, our sponsors and their commitment to the city championship assure us that the event is all-inclusive and will be an even bigger and better value this year. Sponsor forms are located on the registration page, and we encourage you to promote the event to businesses seeking a strong community partner.

Friday evening's kickoff party will follow the Pro-Am from 5:30 to 8 p.m. and include a barbecue dinner from Mission BBQ, beverages, and music. We encourage all Pro-Am and city championship participants, their spouses, and friends to come out for an evening of music and fun! Guest tickets for nonplayers to attend the party may be purchased for just \$30 each, with this ticket option included on the entry form. The evening's festivities will also include the distribution of tournament packets and tee gifts for each player participating in the city championship, so make plans to attend.

The deadline for tournament entry is Monday, Oct. 16 at 12 p.m.; however, space is limited to the first 180 entrants, so be sure to register early to save your spot.

For more information, visit our website at [CoralOaksGolf.com](http://CoralOaksGolf.com), call Coral Oaks Golf Course at (239) 573-3100, or email [amanguson@capecoral.net](mailto:amanguson@capecoral.net).

#### Fantastic Fairway Feats

Please be sure to remind us of your "fantastic fairway feats" each month so we can share them with everyone!

For more information about Coral Oaks, including amenities, details on PGA golf instruction, upcoming events, special online discount coupons, and to book tee times online, visit [www.CoralOaksGolf.com](http://www.CoralOaksGolf.com).

So, what are you waiting for? Get out to Coral Oaks and "Get Golf Ready!"

**Coral Oaks Golf Course, 1800 N.W. 28th Ave., Cape Coral, Fla., (239) 573-3100, [www.capecoral.gov/coraloak](http://www.capecoral.gov/coraloak).**

## The Role Of Oxygen

Oxygen is essential for life. This element, which makes up about 21% of the earth's atmosphere at sea level, is key to our health because our bodies need it in order to function on a cellular level. We can go without food for almost forty days, and we can last about four days without water. However, we can only survive for approximately four minutes without oxygen. If the brain is deprived of oxygen for longer than that, it's a recipe for severe neurological damage and even death. Our cells need oxygen in order to make ATP, which is essentially the "energy" on which our bodies run. If there isn't adequate energy, then the neurons (the cells responsible for receiving sensory input from the outside world and for sending motor commands to our muscles) fail and many forms of neurological dysfunction and chronic health problems may follow.

The nervous system is made up of individual cells called neurons, and to maintain the health of these neurons, oxygen is crucial. Healthy neurons and an optimally functioning nervous system are essential building blocks for structural integrity of the cells, fighting chronic health issues and healing the body.

Let's take a moment to dive deeper into understanding neurons and their function in our bodies.

A neuron's job is to transmit communication from the brain to the body and from the body back to the brain. Neurons communicate in two ways: electronically (similar to the electrical system in your home) and chemically (called neurotransmitters). **In order for neurons to optimize communication between the brain and the body (and vice versa), they need three things: oxygen, glucose, and stimulation. If any of one of those three elements are taken away, you get neurons that don't "fire" properly, and malfunctioning neurons may cause brain fog, attention, memory issues as well as numbness, tingling and pins and needles sensation in the body.**

If these neurons are interfered with, stunted, blunted or damaged in any way, the stage is set for an environment of dysfunction, which then may lead to a disease process.

Dr. Rob Davis, DC is the Best Selling Author of *Breaking the Cycle, How to take control of your health when traditional medicine has failed*. An amazon #1 new release in preventive medicine and fibromyalgia & chronic fatigue syndrome. Call (239) 482-8686 to schedule an appointment.



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**Cape Coral Construction Industry Association, Organization, 4720 S.E. 15th Ave., Suite 120, Cape Coral, FL 33904, (239) 772-0027, www.cccia.org**



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# Lee Health Reminds The Community To Practice Lightning Safety

As the community turns to water-related activities to stay cool during this extremely hot summer, Lee Health would like to remind the public about lightning safety. As thunderstorms increase during this time, so does lightning and the chance for lightning-related incidences.

According to the National Lightning Safety Council, 34 percent of lightning-related fatalities are water-related, based on 293 cases from 2006 through 2022. Florida is also the lightning capital of the United States, averaging 223 lightning events per square mile last year.

As we enjoy pools, beaches and other water-related

activities to stay cool with our friends and loved ones during these historically hot days, it's important to remember how to stay lightning safe.

"There are precautions you can take and plans you can put into place to make sure you're protected," said Lee Health's Chief Medical Officer Dr. Iahn Gonsenhaus. "We want it to be second nature to have that awareness built into your everyday plan. It's always our goal to keep the Southwest Florida community safe. If you experience any lightning-related or life-threatening injuries, seek out help immediately."

Here are some things to keep in mind when making a lightning safety plan this summer:

- Monitor the weather.
- Know how long it will take to gather everyone and get them inside to a safe, enclosed structure.
- Seek shelter even before it starts raining. Go inside when the thunder starts to roar.
- Don't resume activities until 30 minutes after the last strike of lightning is seen and the last sound of thunder is heard.
- Use the 30-second rule: Count the seconds between seeing the lightning and hearing the thunder. Seek shelter if it's less than 30 seconds.
- Remember lightning safety year-round and stay in practice.



If you find yourself caught in the open and unable to seek out shelter in time, seek lower ground if you are in an elevated area. Never lie flat on the ground but instead crouch down in a ball-like position with your head tucked and hands over your ears. Stay away from objects like power lines and barbed wire fences. Don't shelter under a tree and get out of and away from ponds, lakes and other bodies of water.

For more information, visit [www.leehealth.org](http://www.leehealth.org).

### About Lee Health

Since the opening of the first hospital in 1916, Lee Health has been a health care leader in Southwest Florida, constantly evolving to meet the needs of the community. A nonprofit, integrated health care services organization, Lee Health is committed to the well-being of every individual served, focused on healthy living and maintaining good health. Health care services are conveniently located throughout the community in four acute care hospitals, two specialty hospitals, outpatient centers, walk-in medical centers, primary care and specialty physician practices and other services across the continuum of care. Learn more at [www.LeeHealth.org](http://www.LeeHealth.org).

# Planting A Sense Of Purpose And Responsibility In Children

By Mandy Carter

In our busy digital age, children need meaningful family connections. Designing a garden, planting seeds and watching the plants grow can give children a sense of purpose and responsibility.

Children are, of course, curious – and they learn best by doing. They also love to play in the dirt. Gardening ensures children will gain new skills while checking that the plants get enough fertilizer, water and sun.

They will also develop a sense of mindfulness. Concepts learned while gardening, such as composting food scraps for fertilizer or using gathered rainwater, can show children a deep respect and responsibility for taking care of our planet.

A number of studies show that when children participate in activities such as digging and planting, they have improved moods, better learning experiences and decreased anxiety. Most importantly, the self-esteem and excitement children feel from eating vegetables or gifting flowers that they grew are priceless.

Sunflowers and cherry tomatoes are perfect for a child's garden. They are relatively easy to grow, have short growing seasons and are fun to harvest.

Teaching a child to garden is not just about cultivating plants; it's about nurturing young minds. So, roll up your sleeves, grab a trowel, and embark on a gardening journey with your child – you'll both reap the abundant rewards it offers.

### About Mandy Michelle Carter

Just a Southwest Florida mom living the dream; she loves to inspire parents to spend authentic time with your kids and to chase your own dreams unapologetically! Found on Instagram @mandymcarter and her family blog at Acupful.com.



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*Dates may be subject to change.*

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