

THE CAPE CORAL SUN

Celebrating the Past, Present, & Future of Southwest Florida's Largest City!

Another Seabreeze Publication



Oktoberfest – Throughout The Years

The German American Social Club (GASC) of Cape Coral was founded as a nonpolitical organization in July 1964 with a charter membership of 34. Willy Gruetzenbach, one of the prime movers in its formation, was elected to serve as president. The purpose of the club, then and now, is to promote good fellowship with a variety of social activities, to perpetuate traditional German festivals such as Oktoberfest, Karneval, Costume Balls, Folk Dances, etc., and to stimulate interest in the



German language and customs. Originally, the monthly meetings were held in the side rooms of the Cape Coral Yacht Club, and the club's first few main festivals and dances were celebrated in the Cape Coral Fire Hall. As the membership grew, meetings and social events were held in the main hall of the Cape Coral Yacht Club.

In 1973, the club formulated plans to build its own clubhouse. The members contributed both financially and physically to the construction of the building. On March 17, 1974, local dignitaries participated in the groundbreaking for the new clubhouse, using green painted shovels in tribute to St Patrick's Day. Four hundred people attended the ceremony. In October 1975 the "von Steuben Hall" was officially dedicated; and in July 1976, the small Edelweiss Hall was designated for the exclusive use of club members and their guests.

Klaus Kohl, an intuitive member, was the leading influence in initiating and supervising the community's three-day Oktoberfest that has become a major event recognized by the City of Cape Coral, business



Oktoberfest on page 4

Aubuchon Homes Celebrates 30-Year Anniversary

Aubuchon Homes, specializing in the design and construction of luxury homes, is celebrating its 30-year anniversary. Aubuchon Homes' story began in 1992 with small beginnings as a two-person construction company. Three decades have passed and the award-winning team has grown to now include more than 30 employees.



Company founder and C.E.O. Gary Aubuchon remarked, "I think back to where we started and look at where we are today as a design, build, and decorating firm with all of our ancillary companies. It isn't about these beautiful homes we build. It isn't about the magnificent houses that we design, sell, and decorate. It's the people that work with us and for us that make the difference and allow us to create raving fans."



Gary Aubuchon and Jim Aubuchon celebrated with their team during the 30-year anniversary appreciation party in August.

Over the years, Aubuchon Homes has become a household name in luxury new home construction. They've built nearly 600 high-quality custom homes for clients throughout Southwest Florida. Their homes have also garnered more than 400 local and national design awards. Recently, Aubuchon Homes won a Grand Aurora Award for Best Custom Home under 4,000 square feet for a private residence built along the Caloosahatchee River in Cape Coral. This was Aubuchon Homes' second Grand Aurora Award recognition.

Aubuchon Homes' commitment to excellence goes beyond the drawing board. As part of The Aubuchon Team of Companies, they have contributed more than half-a-million dollars to local community organizations. Their biggest fundraiser, Helping Hands for the Holidays, is in its 24th year and takes place the Monday before Thanksgiving. The event shattered records in 2021 collecting more than \$50,000 to fund three local charities.

Aubuchon Homes on page 4

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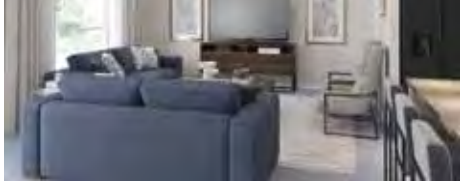
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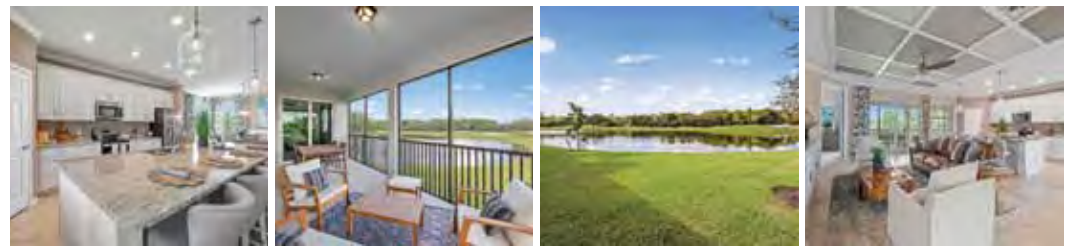
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Out Of The Office

See You Later, Alligator – Biking Through Shark Valley In The Florida Everglades

By Mandy Carter

If you want to see alligators up close, then a day biking through Shark Valley in the Everglades of Florida should be on your bucket list. Located off the Tamiami Trail, the entrance to Everglades National Park is an hour and a half southeast of Naples and directly 1.5 hours west of Miami. This national park is both eerie and impressive with plenty of opportunities to see a variety of wildlife in their natural environment. Places that feel truly wild are few and far between in the United States, especially Florida – but this trail will not disappoint if you are seeking an authentic view of nature.

Create your own one-of-a-kind Everglades ecotour by taking a self-guided bike ride through this unique area of Florida. Shark Valley is a 15-mile paved trail that is ideal for any bicycle, and since the road is flat and free of rough terrain just about anyone can make the ride. A typical ride takes between two and three hours. Plan to take many stops because there’s just so much to see, especially all the alligators! *I had every intention to count how many alligators I saw but after 30 minutes I gave up as the gators were literally everywhere -- sunning on the side of the trail, lurking in the water and even crossing the road in front of you!*

You Will See Alligators, Not Sharks!

You may be wondering about the name: Shark Valley, since it is full of alligators. Although sharks are one form of wildlife that you will not see in the shallow waters of the Everglades within Shark Valley, they’re not too far away. Two of the estuaries supplied by the Everglades River are the Shark River and Little Shark River whose brackish waters provide wonderful feeding and nursing habitats for several species of sharks, including bull sharks, which are the top of the food chain, as well as blacktip sharks and lemon sharks.

You won’t see any mountains framing the Shark Valley, but this area of Florida is in a valley because the coastal ridges of south Florida are higher than the interior part of the state. The western coastal ridge is approximately 14 to 17 feet above sea level. The Atlantic ridge is 15 to 20 feet above sea level, and the



Alligators seen at Shark Valley

Shark Valley Visitor Center area is about 7 feet above sea level, which puts this park in a valley between those two ridges. And that’s why it is called Shark Valley, states Shark Valley Tram Tours.

The word “alligator” comes from the Spanish word “el lagarto,” which means “the lizard.” Alligators are the largest creatures living in the Everglades. Males can reach 14 feet in length and they can weigh 1,000 pounds. Alligators are social creatures and often stay in groups called congregations. You will see this while on your bike ride through Shark Valley. These groups are typically seen basking in the sun or taking a swim. This is because alligators can’t control their temperature internally. So, when they are cold, they sunbathe, and when they are hot, they go for a swim. Their appearance says, “Stay away,” and that’s certainly the best advice though your curiosity may be like mine and you push your limits just a little. Though many people are afraid of alligators, these animals typically keep to themselves and usually don’t attack humans unless they feel threatened.

Skip The Bike, Take The Tram

Though I think that biking the trail is the best way to experience Shark Valley within Everglades National Park, you can see it by walking or taking the Shark Valley Tram Tour. You will learn quite a bit from the tram operator on the way out to the tower, but you will not get a chance to stop and explore the areas you are driving by.

For more information, visit nps.gov/ever.

Things To Know Before You Go To Shark Valley

- Under Florida law, any bicyclist under age 16 must wear a helmet.
- Do not bother the animals. It is dangerous and illegal to feed or harass wildlife.

- Admission to Everglades National Park varies depending on if you enter by car or bike or on foot. Check the website for the most current prices.

- Parking is limited, so if there’s a wait to enter the park, you can choose to park on the Tamiami Trail and pedal (or walk) in.

- Hours of operation, open every day

Visitor Center: 9 a.m. to 5 p.m.

Shark Valley Tram Tours: 8:30 a.m. to 6 p.m.

Parking gate and lot: 8:30 a.m. to 6 p.m.

About Mandy Michelle Carter

I am just a Southwest Florida middle-aged woman who “finally” decided to go after it all: a career on my terms, motherhood, fitness, eco-living and adventure. I want to inspire people to take care of your health and our planet, to spend authentic time with your family and to chase your dreams unapologetically! We only get one life, don’t waste it waiting. From playtime to home building to travel – enjoy every moment, big and small! In addition to my favorite job of being the mother to two crazy little kids, I am the marketing director for WooBamboo, a freelance writer, and I run my own small business as a virtual marketing assistant.



Mandy biking through Shark Valley

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Oktoberfest from page 1

leaders and organizations, as well as the entire community. The club had celebrated Oktoberfest on a small scale in the past, but in October 1986, local dignitaries and German Consul from Atlanta and Miami participated in the opening ceremonies of the three-day outdoor Oktoberfest on the club grounds, with approximately 10,000 people attending the initial three-day festival. A 30-piece band from Waltenhausen, Germany was featured among others. In 1991 the annual Oktoberfest was expanded to six days – two consecutive weekends.

Munich in Cape Coral is now being prepared for the 37th time. The Cape Coral Oktoberfest has since become the largest party of the year in the community! It is the event for fun, good food, freshly poured domestic and German beer, live music on several stages, laughter, dancing – from Polka to Fliegerlied to the Chicken Dance – with or without the chicken hat – simply put, it represents that famous German Gemütlichkeit.

Everyone, every generation, is encouraged to come and celebrate with their clan or crew. With German music and local bands, German food, and beer, there's plenty of fun to go around, for any age. So, dust off your dirndls, launder your lederhosen and join the club for an epic time of stein slurping with beste Freunde, even those you just met.

This year's dates are Oct. 21, 22 and 23 and 28, 29, 30 – the last two full weekends of the month. This is where the entire community comes together for some Gaudi – leg-slapping, joyous fun – and Gemütlichkeit – a feeling that you're welcome and a part of something special. Come and sit with family, dance under the big tent, or relax under the bright umbrellas in the Bavarian Gardens. Opening hours are Friday from 4 p.m. to midnight; Saturday, noon until midnight; and Sunday from noon until 8 p.m.



This year, the German American Social Club is thrilled to be able to feature a music ensemble arriving directly from Germany again. Once again, the Maselheimer Musikanten, the German original big band that the community welcomed in 2017, and the Aichers, just off of their stint at the Munich Oktoberfest, will be here to set the festive mood. The event will also feature local favorites such as Deb & the Dynamics, The Boots, A'Finnity, Cape Coral's own Hafenskapelle, Manni Daum Trio, and many more! There will be nonstop foot-tapping music in the tent, the gardens, and inside in the Edelweiss Hall; something for every ear.

Enjoy the German food and international delicacies from

the various outdoor food vendors, or a sit-down dinner in the Von Steuben Hall. Stop for a photo shoot with one of several Ms. Oktoberfest from previous years wearing their pretty dirndls and elegant blue sashes. And meet this year's Ms. Oktoberfest 2022, Lissette Ortiz-Teleweck.

The dedicated GASC members, each one of them volunteering their time and effort to create the region's most successful event, welcome you to enjoy German heritage. You'll want to become a member as well. Visit the new members' booth and learn how you can join Cape Coral's best social club!

Photos provided by the German American Social Club

Aubuchon Homes from page 1

Fun facts about Aubuchon Homes:

- Aubuchon Homes built Cape Coral's first million-dollar model.
- Aubuchon Homes once built a secret safe room that stored antiques from the Far East.
- An Aubuchon Homes model was once featured on a German TV show.

To commemorate its 30th anniversary year Aubuchon Homes created a new logo, held an appreciation event for their team, and launched a special web page. The site includes a timeline of photos that highlight milestones over the years along with a special message from Gary Aubuchon. Please visit www.aubuchonhomes.com to take a look!

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“I Just Don’t Believe That...”

Dear friend,

When I meet people in town, they usually say, “Oh, yeah, I know you, you’re that doctor with the beard on TV.” Well, perhaps I should tell you a little more about myself, the picture from television and why I use it in my ads.

Let’s start with me, the guy with the beard. Ten years ago I was living here in Florida. At that time my mother was down visiting from New Jersey for the season when she showed up in my clinic with a **frozen shoulder**. She was desperate and in pain having lost practically all use of her dominant arm. She could hardly fix her hair, reach for a coffee cup or even fasten her brassiere. Basic hygiene had become extremely difficult for her. She was afraid, because the two orthopedic surgeons that she had consulted told her, “Your only option is to have your shoulder replaced.” I remember saying to my mother, “**I just don’t believe that.**”

Now at that time I was a chiropractor who worked primarily on the spine. Frankly... I didn’t know how I was going to help her. I just knew there was a non-surgical solution out there and I was going to find it.

And boy did I find it! I found the answer to my mother’s shoulder problem and much, much more. And where did I find it? Of all places, I found it at the birthplace of Elvis Presley, Tupelo, Mississippi. Immediately I hopped on a plane and flew into Memphis, rented a car and drove out to a chiropractic neurologist who was willing to teach me how to fix my mother’s frozen shoulder. I spent three days in his clinic shadowing him, learning a new technique I had never even heard about before. Eager to help my mother, I developed this new skill set quickly. When I returned to Florida I wanted to be able to immediately fix my mother’s shoulder.

And that’s exactly what happened. After I performed the first Non-Surgical Operation on her shoulder, her pain went away significantly and she recovered to nearly full range of motion. She was so happy that she avoided surgery and got her life back.

It’s strange how life is, because that same doctor who showed me how to fix my mother’s shoulder opened up his treasure chest of knowledge and showed me how to help people with **chronic knee, neck, low back pain and those suffering with neuropathy** in their hands and feet, **all without the use of Drugs, Surgery or Injections.**

I spent the next several months flying back and forth to Mississippi learning all that I could.

Many years later we now have over one thousand successful patient testimonials. Many of them were told by their doctors that their only option was to have their knee or shoulder replaced or to take toxic drugs for the rest of their lives to mask their neuropathy symptoms.

Al was one of those patients who was told he had **‘bone on bone’** degeneration. His knee stopped unlocking properly, similar to what I’m describing in the photo, and he was facing knee replacement surgery. He was suffering from **chronic degenerative knee pain**, couldn’t walk properly and was easily holding onto 60 pounds of excess body weight. His doctors would have eagerly scheduled him for a knee replacement surgery had he decided to go in that direction.

Immediately after the Non-Surgical Operation I performed on Al’s knee, he was squatting and walking up and down the stairs normally without pain.

Al is now in his early 70s touring Alaska in his RV. He has dropped over 60 pounds and is biking 15 - 20 miles per day and loving life. He regularly sends me great pictures from his adventures.

Joyce was told by her oncologist, “There’s nothing that can be done.” She would have to live with the chemo-induced **neuropathy in her hands and feet**. Hot and cold were indistinguishable and the numbness and tingling made it impossible for her to walk any distance.

Joyce was a cancer survivor only to have come out on the other side with another debilitating condition. She and her husband showed up in my clinic and told me what their medical doctor had said. I told her the same thing I told my mother, “**I just don’t believe that.**”

After a thorough neurological examination and report of findings she trusted me enough to follow my protocols. Within two weeks her numbness and tingling in her feet subsided and the feeling was coming back.. After 12 weeks she was feeling the sand between her toes as she walked along the beach again. At her one year checkup Joyce’s sensory loss had improved over 80% overall to within the normal range... She is all smiles these days!



You should know that ***I don’t heal anyone of anything.*** What I do is perform a specific non-surgical operation that resets the communication between the brain and knee or shoulder, instantly decreasing pain and inflammation, increasing strength and flexibility and **helping with tissue healing.** For our neuropathy patients we have a 4 step, proven approach that heals your nerves and reverses your symptoms. We get tremendous results. It’s as simple as that!

Today in the United States medical doctors are prescribing more drugs than ever before. These drugs are designed to cover up symptoms as your condition gets worse underneath the surface. The toxicity from the daily use of these chemicals ultimately leads to nasty side-effects and more drugs to treat the new symptoms. The current “healthcare” system was built to maintain your condition, not fix it. It’s a brilliant business model for the pharmaceutical industry and the hospitals, but a horrible strategy to follow if one is looking to age gracefully.

That’s where my practice comes in. I have found **a way** so that more people are able to afford the treatment they need, even those on a fixed income with or without health insurance coverage. One Non-Surgical Operation in my clinic could cost what you’d pay for just the deductible of a joint replacement surgery.

You Benefit from a Unique Offer...When you bring in this article, you will receive a *FREE CONSULTATION* with me to determine whether you are a good candidate for our Non-Surgical Knee or Shoulder Operation. If you’re being seen for Neuropathy we will take a thermal image of your feet **at no charge to you. This will give me enough information to know whether I can help you. Once we determine you’re a good candidate and you feel comfortable in my clinic **the complete examination is only \$90.** That’s it, for the entire neurological examination & report of findings. This examination & report could cost you over \$300 elsewhere. But, please call **right away** because this offer expires on **October 31st, 2022,** and I don’t want you to miss out. By the way, further care is very affordable and**

you’ll be happy to know that the non-surgical, drug free therapies and procedures performed in my clinic **can cost as little as \$150 - 300 per month.** You see, I’m not trying to seduce you to come see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctor because **higher costs can add up very quickly.**

“You shouldn’t be forced to choose drugs and surgery just because that’s the only treatment medicare and your insurance company will cover.”

You should know a little about my qualifications. That’s important so that there’s no misunderstanding about the **quality of care.** I’m a graduate of Life University School of Chiropractic who has been in practice for 24 years. 7 of those years were spent practicing in New York City. I am a licensed chiropractic physician certified in functional neurology, strength & conditioning, regenerative detoxification and I have my diplomate in addictionology. I’m published in leading chiropractic journals and my television program can be viewed daily on NBC-2. I’ve been entrusted to take care of regular morning walkers and pickleball players to pro-athletes and business tycoons you may have heard of.

My office is called **Active Health Knee & Shoulder** and it is located at 6710 Winkler Road, Suite #1 It’s the gray key west style building at the corner of cypress lake drive behind the bank of america. The phone number is **239-482-8686.** Please call my wonderful assistants Becky or Silvia today to make an appointment.

God bless.

-Dr. Robert Davis, DC, CSCS

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P.S. When accompanied by the first, I am also offering the second family member this same examination for only **\$45.**

P.P.S. Your time is as valuable to you as mine is to me. That’s why I have a “no wait” policy. It is highly unusual to wait more than a few minutes in my office.



My mother and I featured in a local publication for non-surgical shoulder solutions.



Al on my TV program telling his story of how he avoided a total knee replacement surgery.



Joyce is all smiles at her one year checkup. No more neuropathy!

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Ladies' Night Out With A Purpose

Thursday, Sept. 29

Ladies please join us Sept. 29 from 6 to 8 p.m. We will be thanking our hospitality industry with a small gift. We will be creating a recycled decor pumpkin, you can choose from either a paper decoupage pumpkin, a fabric soft pumpkin or a glitter and bead pumpkin. We will also be collecting nonperishable food items to bless our local community from Sept. 29 to Oct. 27.



About Cape Coral re:MADE

Cape Coral re:MADE has been said to be a hidden gem in Cape Coral. Located at 4834 Candia St., Cape Coral. The vision of this nonprofit store is ... Doing Life. Better Together, by offering entrepreneurs, artists, and volunteers a retail location to work together remaking items that are donated, and reselling good quality items at affordable prices. A re:MADE store empowers people to reach their dreams through positive life changes, educating and walking alongside each uniquely through relationships, restoring confidence, building support systems, and helping them find and grow their talents and skills.



Volunteers make repurposed items and sell good-quality furniture, and household items at affordable prices. This permits items that usually would be sent to the landfill to be resold or given new life. In the process of working together, relationships will be built, and lives are being changed. Cape Coral re:MADE provides support, training, and development for volunteers who desire to grow or start a business.



They also collaborate with nonprofits, community organizations, and businesses to make a positive impact at a local level.

Cape Coral re:MADE is a great place to find one-of-a-kind gifts, decor, furniture, take a class, volunteer and make new friends. Open Tuesday through Friday, 9 a.m. to 4 p.m. and Saturday, 9 a.m. to 4 p.m.

For more information, events and classes go to www.capecoralremade.com.

Cape Coral re:MADE, 4834 Candia St., Cape Coral, FL 33904

Dedicated Artists Of Southwest Florida (DASF) On Exhibit At Cape Coral Library Now Through Oct. 27

An exceptional array of two- and three-dimensional work by members of The Dedicated Artists of Southwest Florida Inc. (DASF) fill the gallery walls and display cases of the Cape Coral Library and will be in place through Oct. 27. This marks the sixth time that the local club of artists will be featured at the library located at 921 S.W. 39th Terrace, off Mohawk Parkway. The Friends of the Cape Coral Library art gallery committee is excited to have these skillful artists exhibit again this fall, because the variety of their designs and surfaces on which they paint is extensive. And that's no doubt why the club's exhibits of members' current artwork are always eagerly anticipated by library patrons and visitors.

The Dedicated Artists of Southwest Florida is a local club of approximately 60 members who are full- or part-time residents of various cities within the local tri-county area. Members attend monthly DASF meetings (held in the Cape Coral Art League building) that feature different painting projects conducted by talented instructors. Mediums may include acrylics, oil, watercolor and colored pencils. For more information about the club's meeting schedule, location, projects and seminars visit www.DASFartists.com.

While learning the art of painting is integral to the club, there is also an impressive amount of community outreach. As a 501(c)(3) public charity, DASF philanthropic projects support the Harry Chapin Food Bank, a \$500 annual scholarship for a Lee County high school senior, a Suitcase Project that provides decorated cases for the Children's Network of Southwest Florida and a Memory Box Project that donates hand-painted keepsake boxes to various hospitals around the state for grieving families to hold remembrances of a child lost. To support its community projects, DASF holds an annual winter luncheon fundraising gala for 150 guests at the Legends Country Club. The event includes a silent auction of

members' beautiful artwork and theme baskets, plus a boutique with stocking stuffers for sale.

Changing art exhibitions in the library's gallery are sponsored by the Friends of the Cape Coral Library and are designed to afford local artists the opportunity to share their work in this public forum. The variety of visual experience benefits library visitors of all ages.

For information contact Monica Rahman, art gallery chairperson at gallery@capefriends.org or visit www.capefriends.org. Like "Friends of the Cape Coral Library" on Facebook.



Art by Suzanne Mikulka



Art by Marlene Johnston



Art by Cathy Ressler



Art by Gerri Zoppa



Upcoming Events

The Friends of the Cape Coral Library (FOCCL) are hosting these upcoming events. These activities, which are free and open to the public, will be held at the Cape Coral Public Library located at 921 S.W. 39th Terrace. For more information about the Friends of the Cape Coral Library, a nonprofit organization that raises funds for enhancements to the library experience, including the art gallery, visit www.capefriends.org. Be sure to like us on Facebook.

Now through Oct. 27 – Current library art gallery exhibit features artwork created by members of the Decorative Artists of Southwest Florida.

Nov. 3 through Jan. 2, 2023 – Library art gallery exhibit will feature creations by the Southwest Florida Fine Craft Guild.

Saturday, Nov. 12 at 9:30 a.m. – This general membership meeting of the Friends of the Cape Coral Library will be a very special event celebrating the 50-Year Anniversary of our organization, which was started five decades ago to support

the library and was known back then as The Little Acorns. The celebration ceremony will include delicious refreshments, a brief history, introduction of some past presidents, attendance by prominent local citizens, and a guided tour of the library. The public is welcome to attend the festivities.

Nov. 18 and 19 at 9 a.m. – Our book sale fundraiser will be open to the public. This extremely popular twice-yearly event will include over 10,000 gently used books, most for sale at only \$1 or \$2. (FOCCL members only preview sale will be held on Nov. 17 starting at 10 a.m. New members can sign up at the door by paying annual dues of only \$15 per family.) Details will follow in future publications and on www.capefriends.org.

Jan. 5 through 30 – Library art gallery wall exhibit will be "Arts in Healthcare: Celebrating Local Artists with Special Abilities." Glass creations by June Bennett and Judy Van Inwegen will be on exhibit in the display cases.

Feb. 2 through 27 – Featured on the walls of the art gallery will be Doug MacGregor cartoons: "Enjoying the Humorous Side of Southwest Florida." Glass creations by June Bennett and Judy Van Inwegen will be on exhibit in the display cases.



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Cape Coral Museum Of History: Tours

Museum tours provide a fun and enriching experience for all, allowing tourists and residents alike to gain in-depth knowledge about various aspects of the area's history, people, businesses, and architecture. Specialty group tours and guided tours of the gardens are also available.

The museum is only viewable by guided tour at this time.

Guided Tours

Guided tours explore the history of Cape Coral from the early Calusa Indians who lived off the land, to the homesteaders who tamed the land in the early 1900s, to the Rosen brothers who turned Cape Coral into the city we know and love.

Tours of the museum leave once an hour, on the hour, starting at 11 a.m. Wednesday through Friday and at 10

a.m. on Saturday. The last tour begins at 3 p.m. Wednesday through Friday, and at 1 p.m. on Saturday. Visitors are encouraged to call, email, or book online in advance to sign up for a specific tour time.

Group Tours

Group tours of the museum can be offered for your school or business! Group tours must be scheduled in advance via phone or email.

Garden Tours

Come to the museum for a **free** guided tour of our all natural, Florida-friendly gardens! Our natural gardens are both a Florida Yards and Neighborhood Gold Certified Garden and a Certified Butterfly Garden. Learn what makes our gardens "Florida-friendly" and how you can better use your green space. Garden tours are led by Master Gardeners of Lee County and members of the Garden Club of Cape Coral on the second Wednesday of each month, October through April, 1 to 4 p.m.

We are located at 544 Cultural Park Blvd., Cape Coral, FL 33990.

Hours are Wednesday, Thursday and Friday, 11 a.m. to 4 p.m., Saturday, 10 a.m. to 2 p.m. Closed Sunday, Monday and Tuesday.

Tickets: Adults, \$5 – members, free – students with I.D., free – children 17 and under, free.

Visit us at www.capecoralmuseum.org/tours to purchase tour tickets.




To Cork Or Not To Cork, That Is The Question!

By Bonnie Yapello

There are a lot of opinions about what is the best way to seal or top a bottle of wine. Some ways can be traditional or use new technology, including natural and technical cork, synthetic cork, glass and a metal screw cap. We are going to take a look at the benefits and detriments of each.

The most traditional of these is, of course, the natural cork. Believe it or not, natural corks have been used to seal wine bottles for only about 250 years, before that rags and wooden plugs were used. Cork comes from the *Quercus suber*, or cork oak tree. It is grown in many places in the eastern part of the world, but Portugal and Spain produce the most. It's from the bark of the tree and is harvested about every seven years, with the average lifespan of a tree being 175-plus years! Cork is a natural renewable product and no two are the same. Natural cork is best used to age wines further in the bottle because it is porous and allows tiny amounts of oxygen to enter

into the wine. Over time this breaks down the sulfites and softens the tannins. The only drawback of natural cork is that it may taint the wine, otherwise known as being "corked." This gives the wine a wet cardboard or moldy smell and comes from a natural chemical reaction to the cork. Only 1 percent of bottles may become corked. With this type of closure, you'll need to store the bottles lying down, so the corks don't dry out, resulting in breaking off in the bottle when opening. If this happens, there may be pieces of cork in your wine and you will need to filter them out.

Technical cork uses only pieces of cork pressed and glued to form a cylinder, then disks of natural cork are glued to each end. Technical corks are not good for aging wines long-term and are better for wines that are to be consumed within two years.

So, if you enjoy the experience of opening a bottle of wine with a corkscrew (aka wine key or waiter key), synthetic corks still give you that and are more economical to use for the bottler. They are made from the same material as plastic pipes, polyethylene. Synthetic corks save the wine from being corked, and may let in a little more oxygen than natural cork. One good thing is that plastic can be manufactured to offer different ranges of oxidation rate.

Screw tops have been known to be used on cheap wines. I say don't judge as I have seen screw tops on high-end wines too, and it depends on the type of liner used that controls the amount of oxygen that gets into the bottle. So, if you prefer an easy and quick way to open a bottle, and to be able to reseal it easily, then the screw top is for you!

Bottle shapes, labeling and the way they are sealed are becoming more of a marketing strategy, as many consumers buy what looks interesting or unique. You may see some wines sealed with a glass stopper. The glass bottle and the glass stopper are hermetic, allowing no oxygen to pass

through. I've seen glass stoppers on rosé wines, which are best drunk young to enjoy their fruity aromas. They tend to turn to a gold copper color and lose their fruity notes, becoming spicier when exposed to oxygen over time.

Do you know how many turns it takes to twist off and remove the cage on sparkling wine? It is **always** six turns, no matter if it is champagne, cava, or prosecco! Try it!

To cork or not to cork depends on when you plan on opening and enjoying your wine.

Until next time, cheers!

About Bonnie Yapello

I spent seven years as a wine consultant for ABC Fine Wine & Spirits in Cape Coral. I was fortunate enough to travel to Italy and Napa Valley to explore many vineyards and wineries during my time there, learning more about the winemaking process from people whose passion it is in making some of the world's most famous wines. My life's journey has found me to be a business partner to my best friend/husband for 31 years, mother of two, a lover of wine and good food and living in Cape Coral! Every day is a gift, and a chance to find good in what we are given.

Be sure to stop by Sip and Send, who is the monthly sponsor that brings you "The Grapevine." Located at 2135 Santa Barbara Blvd., you can find your new favorite wine, a special gift basket, or unique wine gift, and mail it too! A true find in Cape Coral.



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What's Happening In The Cape?

Ninth Annual South Cape Spooktacular Drink Or Treat Trolley Event

Join us for a Halloween pub crawl on Oct. 22 from 7 to 11 p.m. and enjoy a drink sample and candy sample at various South Cape hotspots!

Tickets for the Ninth Annual South Cape Spooktacular are just \$22 in advance. They are available for purchase online via Eventbrite and in-person at South Cape Hub (cash only/no fees), located at 909 S.E. 47th Terrace, No. 105. **No cash sales from 5 to 8 p.m. on the day of the event.

Ticket price includes:

- Wristband to board the trolley.
- Passport of locations – get every stamp, and you win the grand prize, sponsored by Pabst Blue Ribbon.
- A drink sample and a candy sample at each location.
- Eligibility to win prizes for answering trolley trivia!



- Entry into the photo booth contest* – winning photo receives four tickets to the Jolley Trolley Event on Nov. 26.
 - Access to the official photo booth (located in the South Cape Hub at 909 S.E. 47th Terrace, No. 105).
- Designated driver tickets are available. Designated drivers receive all the benefits of standard tickets, except for drink samples. Designated drivers receive a complimentary nonalcoholic beverage, such as a bottled water or soda, at each location upon request. (This is a 21-plus event. Valid I.D. at check-in will be required.)

Expect lots of entertainment, including live music, dancing, singing and more!

Participating locations and samples will be announced soon.

Check-In Times And Locations

Early check-in: 10 a.m. to 5 p.m. at South Cape Hub (909 S.E. 47th Terrace, Cape Coral)

Regular check-in: 6 to 7:30 p.m. at three locations: South Cape Hub, Big John's Plaza (near Pinch-a-Penny) and Dolphin Key Resort (under the entry awning).

Late check-in: 'til 10 p.m. at South Cape Hub

*To enter the photo booth contest, have your picture taken at the official photo booth. Photos will be uploaded to Facebook, and the public will vote. To win the grand prize, have your passport (provided at check-in) stamped at all locations (no purchase necessary), and turn it in at any participating location.

For any additional questions, email info@southcapeentertainment.com.

Tax Talk

Know The Signs Of Identity Theft

The IRS reminds taxpayers that criminals still use the COVID-19 pandemic to steal people's money and identity with phishing emails, social media posts, phone calls, and text messages. All these efforts can lead to sensitive personal information being stolen, and scammers using this to try filing a fraudulent tax return as well as harming victims in other ways. Some of the scams people should continue to be on the lookout for include Economic Impact Payment and tax refund scams, unemployment fraud leading to inaccurate taxpayer 1099-Gs, fake employment offers on social media, and fake charities that steal taxpayers' money.



Tax-related identity theft occurs when someone uses your stolen personal information, including your Social Security number, to file a tax return claiming a fraudulent refund.

Be alert to possible tax-related identity theft if:

- You get a letter from the IRS inquiring about a suspicious tax return that you did not file.

- You can't e-file your tax return because of a duplicate Social Security number.
- You get a tax transcript in the mail that you did not request.
- You get an IRS notice that an online account has been created in your name.
- You get an IRS notice that your existing online account has been accessed or disabled when you took no action.
- You get an IRS notice that you owe additional tax or refund offset.
- IRS records indicate you received wages or other income from an employer you didn't work for.
- If you e-file your tax return and get a message telling you that a dependent on your return has been claimed on another tax return or their own.

If your Social Security number is compromised and you know or suspect you are a victim of tax-related identity

theft, the IRS recommends these actions:

- Respond immediately to any IRS notice: Call the number provided.
- Complete IRS form 14039 for Identity Theft.
- Visit IdentityTheft.gov for steps you should take right away to protect yourself and your financial accounts.
- Continue to pay your taxes and file your tax return, even if you must file a paper return.
- All taxpayers are eligible for an Identity Protection (IP) PIN. The IP PIN is a 6-digit PIN that offers additional protections for your Social Security number.

Contact the IRS at (800) 908-4490. We have teams standing by to help you.

Bud Krater has been doing taxes in Lee County for over 30 years. He is enthusiastic about his job of saving people tax dollars. For more information, contact him at (239) 772-1040. He will be happy to help!



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Cape Coral Art League

October Gallery Show – FLORIDA LIFE

Join us Oct. 6 from 5 to 6:30 p.m. with our wine and cheese reception as we open our show season with this month's FLORIDA LIFE show!



Mingle with like-minded folks, meet the artists exhibiting and maybe purchase a wonderful work of art.

All are welcome! Free parking and entry.

Fall 2022 Class Schedule

Open Painting

Every Wednesday, 1 to 4 p.m.
\$2 for members and \$6 for nonmembers (Adults only)



Acrylic Paint For Beginners PLUS

Instructor: Pat St. Onge
Dates: Oct. 3, 10, 17 and 24; Nov. 7, 14, 21, 28; Dec. 5 and 19
Time: 1 to 4 p.m.
Fee: \$65/\$85 per four-week session

If you have some experience with acrylic, this class will help you perfect your techniques. Pat will cover materials, color mixing and a variety of strokes and application techniques. You will enjoy creating four finished paintings, step by step. Supply list available.

Creative Watercolor For The Beginner

Instructor: Pat Ricci
Dates: Nov. 1, 8, 15, 29; Dec. 6 and 13
Time: 9 a.m. to 12 p.m.
Fee: \$60/\$80 per four weeks, \$75/\$100 per five weeks

Learn watercolor through a variety of painting techniques in an easy-to-follow sequence. Pat will cover color blending, the importance of value (lights and darks), design and drawing with shading and perspective. *For a nominal fee Pat will furnish a palette to get you started. Supply list available.

Fundamentals Of Oil And Acrylic Painting For Intermediate Level

Instructor: Patty Sole
Dates: Oct. 4, 11, 18, 25; Nov. 1, 8, 15, 29; Dec. 6 and 13
Time: 12:30 to 3:30 p.m.
Fee: \$65/\$85 for four-week session

If you have some experience in painting with oils or acrylics, this class was made for you! Creating an under-painting, mixing

colors, and applying the paint properly while discovering what makes a good painting, are but a few of the things you'll learn as you paint. Be sure to ask for a supply list when you register. No beginners. Patty's website: www.pattysole.com.

The Art Of Zentangle

Instructor: Donna Cole
Dates: Oct. 4, 11, 18, 25; Nov. 1, 8, 15, 29 (No class Nov. 22)
Time: 1 to *3 p.m. (time change)
Fee: \$60/\$80 per four weeks

Experience the art of Zentangle, a relaxing drawing concept that anyone can enjoy one stroke at a time. It is a wonderful meditative art form suitable for both beginners and experienced artists. Zentangle will help increase focus and relax the mind. Students will learn the history and concept of this unique art form and then create paper tiles using Zentangle "tangles." This art form can easily be incorporated in card making, journals, scrapbooking and mixed media or most other art projects. Zentangle is open to everyone, and no prior art experience is required. Zentangle is very portable and requires few supplies. All class materials will be provided.

Digital Photography And Graphics (Adults 16-Plus)

Instructor: Carmen Sprague
Dates: Oct. 5, 12, 19, 26; Nov. 2, 9, 16, 22; Dec. 7, 14 and 21
Time: 3 to 5 p.m.
Fee: \$65/\$85 for a four-week session

Learn the basics of photography. Standard digital will be discussed. Basic camera operation and care, settings, frame placement, and paper selections for printing presentation and framing, preservation of prints. Various computer programs will be discussed for printing and manipulation. Bring your camera and its manual, plus a notebook for taking notes. Be prepared for homework printing assignments.

Guided Open Session

Instructor: Rich Goodnight
Dates: Oct. 6, 13, 20, 27 (four weeks); Nov. 3, 10, 17 (three weeks)
Time: 12:30 to 3:30 p.m.
Fee: \$60/\$80

Take your skills to the next level. Start a new project or bring a piece that you would like to work on to this open session-style class with an instructor. Rich Goodnight will be available to answer questions, give demos and spend time with each participant individually to improve their art. Group training is done as needed and can cover items such as: drawing basics, color theory, composition, or anything else that interests the class.

Visit our website at www.capecoralartleague.org for updates on classes, workshops and events.

Cape Coral Art League, 516 Cultural Park Blvd., Cape Coral, (239) 772-5657, www.capecoralartleague.org.

It's Fall Y'all – Fun Family Fall Activities

By Mandy Carter

Ah, fall. I feel like I just heard every parent give a collective sigh of relief. After the initial back-to-school chaos and the weather cooling off, we can now breathe and have some family fun as we approach the holidays. I personally love lists. Creating a list of things that you would like to do as a family is a great reminder to slow down and take time to just enjoy some quality time with the kids.

Here are 12 family activities we love to help you to kick-start the holiday season with fall fun!

- Decorate the house with fall decor.
- Have a family picnic at a local park.
- Find your way through Farmer Mike's corn maze (Friday through Sunday, Oct. 1 to 31).
- Roast marshmallows.
- Vote for your favorite scarecrow at Lakes Park Fall Festival (Oct. 14 to 30).
- Perfect weather to go for a long walk in nature.
- Attend the 37th Annual Cape Coral Oktoberfest (Oct. 21 to 23 and 28 to 30).
- Donate food to a local food bank.
- Spend a morning at Cape Coral's farmer's market (any Saturday).
- Bake an apple pie together from scratch using apples from a farmer's market.



- Make a Blessing Mix and give to friends.
- Plan Thanksgiving dinner (each family member picks two items)!

Fall is a wonderful time to take a moment with the kids to reflect on the year so far. Talk about what made it special, what else you'd still like to do.

2022 is almost over, enjoy the last two months making fun memories.

'No Soliciting' Door Hangers

Available At City Hall And Police Station

The City of Cape Coral and the Cape Coral Police Department are offering complimentary "Stop! No Soliciting" door hangers. The signs were created in response to residents who have reached out to the city and police department with concerns regarding unwelcome solicitors coming to their homes. The bright yellow door hangers can be recognized from the street and let solicitors know which houses to skip. Residents can obtain a free door hanger by visiting the City Hall Information Desk or the Cape Coral Police Department's Information Desk.



Chapter 13 of Cape Coral's Code of Ordinances specifies the following:

- Solicitors are required to be permitted by the city.
- Solicitors cannot solicit from 5 p.m. to 9 a.m. the following morning or any time on Sunday (except by appointment or invitation of the prospective customer).
- Solicitors must leave the property if requested.
- Solicitors must obey any "No Soliciting" signs placed on any property.

If a solicitor disregards a "No Soliciting" sign, refuses to leave the property, and/or solicits after hours, they can be reported to the police department's nonemergency number, (239) 574-3223. For emergencies or suspicious activity, call 911. To verify a solicitor's permit, call City Hall at 311.



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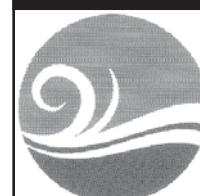
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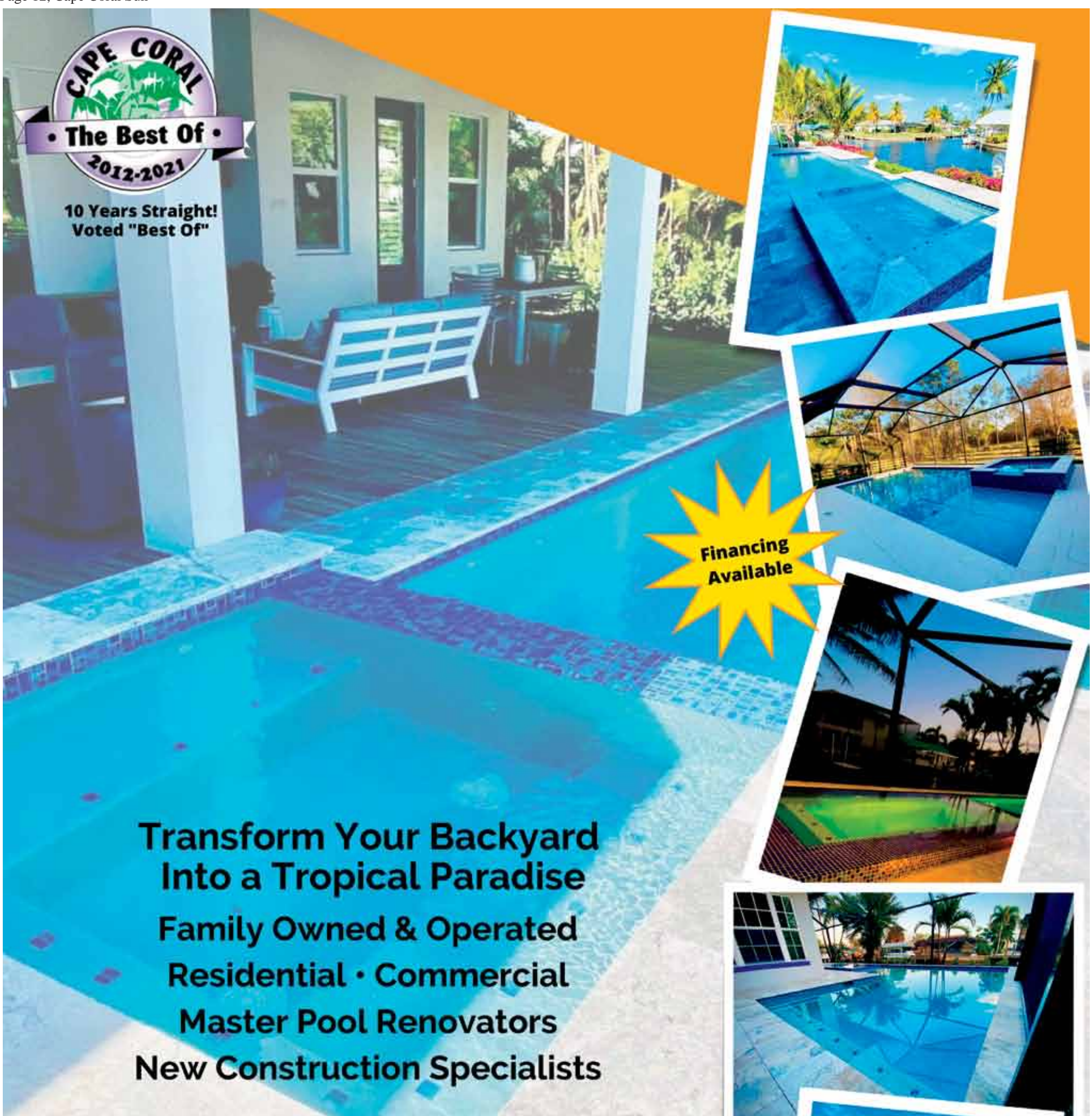
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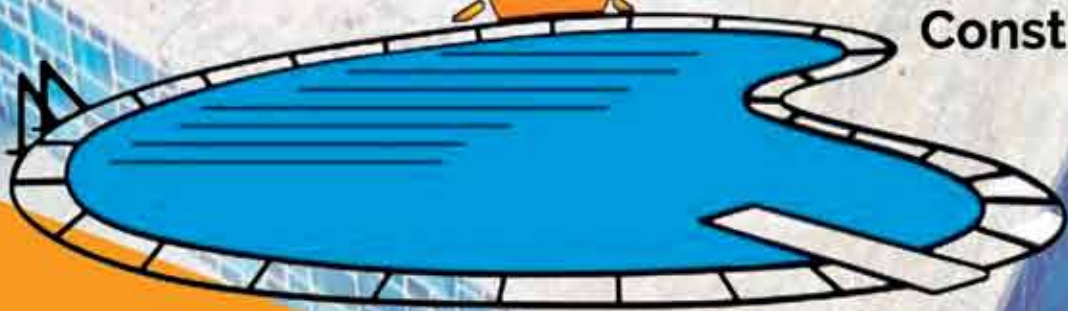


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