

THE CAPE CORAL SUN

Celebrating the Past, Present, & Future of Southwest Florida's Largest City!

Another Seabreeze Publication



VOL. 1 NO. 3 www.seabreezecomunications.com SEPTEMBER 2022

Did You Know Cape Coral Has A Museum Of History?

The Cape Coral Historical Society incorporated on June 12, 1980. Three years later they purchased the original Cape Coral Country Club Pro Shop and Snack Bar building from the City of Cape Coral and started creating what would become the Cape Coral Museum of History.

Operated by the Cape Coral Historical Society and governed by its 15-member Board of Directors, the museum's operations are supported by one full-time and one part-time staff member, with an active volunteer pool of approximately 50 individuals.

Since its inception in 1987, the Cape Coral Museum of History has sought to discover, preserve, and share the history of Cape Coral through its archives, museum exhibits and public programs. The museum is the official repository for the history of Cape Coral and serves as a public resource for all sectors of the local community, as well as international and U.S. tourists. Operated by the Cape Coral Historical Society, the museum exhibits artifacts, documents, and photographs pertaining to the history of Cape Coral and Southwest Florida.

With three buildings and three garden areas there is so much to explore!



Historic Rosen Building
The 1962 Rosen building originally sat on the Cape Coral Country Club grounds as the pro shop and snack bar. It was moved to Four Freedoms Park in 1966 and again to Cultural Park in 1983. The museum first opened in 1987 inside the Rosen building. It now houses the museum front desk, museum store, and administrative offices.



Waltzing Waters
The Kelly Building
Built in 2009, the Kelly Building documents the growth and incorporation of the City of Cape Coral from 1970 through today. Exhibits feature the formation of the *Museum Of History on page 6*

Save The Date For Oktoberfest!

O'zapft is! Time once again for the community to come together to enjoy life and experience Southwest Florida's biggest party – the 37th Annual Cape Coral Oktoberfest! We here at the German American Social Club are so excited to be getting ready for the event for fun, great food, German beer, live music, laughter and dancing – from Polka to Fliegerlied, to the Chicken Dance. Plan to come and celebrate with your clan or crew, with your significant other, or even on your own – you're bound to meet like-minded friends here! With German music and local bands, German food and beer, you'll experience fun for the entire family. So, dust off your dirndls, launder your lederhosen and join us for an epic time of stein slurping with your **beste Freunde**.



This year's dates are Oct. 21, 22, 23 and 28, 29, 30 – the last two full weekends of the month. We look forward to

greeting the entire community for some **Gaudi** – leg-slapping, joyous fun – and **Gemütlichkeit** – that feeling of being welcome and a part of something special. Come sit with friends, dance under the big tent or relax under the bright umbrellas in the Bavarian Gardens. The hours are Friday from 4 p.m. to midnight; Saturday, noon until midnight; and Sunday from noon until 9 p.m.

The German American Social Club of Cape Coral held its first public Cape Coral Oktoberfest in 1986. It has grown over the years to be the largest Oktoberfest in Florida and the second largest in the country, and last year brought a



Lissette Ortiz-Teleweck, Ms. Oktoberfest 2022



record number of close to 40,000 attendees to Cape Coral's Wies'n over the two weekends.

This year, the German American Social Club is thrilled to be able to feature a music ensemble from Germany again, featuring the Maselheimer Musikanten, the big band that the community

Oktoberfest on page 6

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Out Of The Office

A “Suite” Stay In Key West At Margaritaville

By Mandy Carter

As summer comes to an end but you find yourself looking for a place to escape to before moving into the holiday season, I highly suggest taking a road trip to Key West and finding your lost shaker of salt at the Margaritaville Resort & Marina. It is the perfect hotel for a fun yet relaxing Florida staycation.

From the tropical pool vibes and beautiful outdoor oceanfront dining to the spacious, modern room with an ideal island location, I found myself completely relaxed from the moment we arrived.

This resort is beautiful, and the rooms are fabulous. Out of 178 spacious rooms, each with a beautiful view of the ocean, pool, or life in Old Town – you can choose which room you prefer. We scored a one-bedroom suite overlooking the most perfect sunsets. The view and the breeze felt magical and I know you guys will love it too. All rooms are elegantly styled to put you in vacation mode immediately.

Whether you prefer dining by the pool, watching the sunset, or simply staying in your room – this hotel will meet your wants. The property has three onsite restaurants and bars. Dinner at Bistro245 was by far my favorite meal of the entire summer!

There is so much to do without going far. Margaritaville’s marina location and close proximity to Duval street (an easy five-minute walk) makes it the perfect home spot for your

Key West adventures. But if you’re the type who prefers to spend your getaways sitting poolside sipping margaritas, this place is also for you. I am somewhere in the middle, so my ideal property offers both – and that’s exactly what I found in Margaritaville!

For more information to help you plan your next Key West road trip, visit www.margaritavillekeywestresort.com.

About Mandy Michelle Carter

I am just a Southwest Florida middle-aged woman who “finally” decided to go after it all: a career on my terms, motherhood, fitness, eco-living and adventure. I want to inspire people to take care of your health and our planet, to spend authentic time with your family and to chase your dreams unapologetically! We only get one life, don’t waste it waiting. From playtime to home building to travel – enjoy every moment, big and small! In addition to my favorite job of being the mother to two crazy little kids, I am the marketing director for WooBamboo, a freelance writer, and I run my own small business as a virtual marketing assistant.



Relaxing at Key West resort



Key West pool sign



Margaritaville room photo collage



Seed To Glass: Part II

By Bonnie Yapello

Our journey continues with **vinification**, the process where grape juice is converted to wine.

The production of wine is both art and science. The art is the relationship between nature and man growing and cultivating the vine. Science comes in after the grapes are harvested and brought to the winery. Some say that is where the magic happens!

When the harvested grapes arrive in the winery, they are sorted, usually by hand, removing sticks, stones and leaves. Then de-stemmed and crushed. Winemakers may leave stems on the grapes to add more tannins (preferred more with reds).

Did you know that all grapes produce white juice? The color comes from the skins. For example, with Pinot Grigio, Grigio means “grey” referring to the gray-blue/grey-pink color of the grape, and the parent grape is Pinot Noir. The skins are removed before fermentation, making it a white wine.

The fermentation process begins with crushing and ends when the sugar has been converted to alcohol. The

yeast consumes sugar and produces alcohol and carbon dioxide. White wines differ where the grape “must” is pressed after being crushed to separate the skins from the juice before going into fermentation vats. With red wines, the skins are left in and then go to fermentation vats and “macerated.” Maceration is where the skins and juice soak together during fermentation to bring out the color, aromas, and tannins. The fermentation ends when the yeast consumes the sugar, or the process is stopped leaving residual sugars to make the wine sweet. After fermentation, reds are separated from the skins in different stages. The first is “free run” where the best juice is drained and used for high quality wines. The remaining may be pressed several times producing a lesser quality wine. The final press can be used for value wines, or kept for blending. Mostly all reds then go through malolactic fermentation or “malo.” It is a style where naturally present bacteria are allowed to convert malic acid to softer lactic acid. Chardonnays that are “buttery” have gone through this process.

Maturation or aging is the next step where the wine is transferred into a vessel. The vessels can be cement, stainless steel, or oak. Cement and stainless will give the wine bright, fruity flavors. Oak barrels with varying sizes, types of wood and how they are made will give the wine distinct flavors varying from woody or cedar and vanilla, clove or coconut and more. Not all wines need to be aged, some do not improve with age! Some wines are further aged in the bottles.

Bottling! More than 90 percent of wines in the world should be consumed within a year of bottling. Modern trends use plastic and cans to make consumption economic and convenient for us to enjoy. Wines are living and continue to change, some for the better, some not so much. Once bottled, the effects of oxygen exposure, storage

temperature, light, and how it is closed (cork or not) have positive and negative effects. Next month we’ll look at the different ways used to close the bottles.

Enjoy your favorite wine responsibly knowing that the journey is different for each wine. Many people have played a role with passion and love to get it to you, so cheers!

About Bonnie Yapello

I spent seven years as a wine consultant for ABC Fine Wine and Spirits in Cape Coral. I was fortunate enough to travel to Italy and Napa Valley to explore many vineyards and wineries during my time there, learning more about the winemaking process and the people whose passion it is in making some of the world’s finest wines.

My life’s journey has found me to be a business partner to my best friend/husband of 31 years, my two children, and my passion for wine and good food living here in Cape Coral!

Be sure to stop by Sip and Send, who is our monthly sponsor for “The Grapevine.” Located at 2135 Santa Barbara Blvd., you can find your new favorite wine, a special gift basket, or unique wine gift, and mail it too! A true find in Cape Coral.



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Dedicated Artists Of Southwest Florida (DASF) To Exhibit At Cape Coral Library

Sept. 1 Through Oct. 27

An exceptional array of two- and three-dimensional work by members of The Dedicated Artists of Southwest Florida Inc. (DASF) will fill the gallery walls and display cases of the Cape Coral Library from Sept. 1 through Oct. 27. This marks the sixth time that the local club of artists will be featured at the library located at 921 S.W. 39th Terrace, off Mohawk Parkway. The Friends of the Cape Coral Library art gallery committee are excited to have these skillful artists exhibit again this fall, because the



Art by Madonna Williams



Art by Carol Blankenship



Art by Cathy Ressler



Art by Cathy Ressler

Friends Of Cape Coral Library

Saturday, Sept. 17

All are invited to the Friends of the Cape Coral Library (FOCCL)



general meeting on Saturday, Sept. 17. The morning will begin at 9:30 a.m. with coffee, tea, light snacks, and social time. The business portion of the meeting will start at 10 a.m., followed directly by the presentation described below.

Presentation: Guest speaker will be **Doug MacGregor**, coordinator for the Arts in Healthcare program at Lee Health. The Arts in Healthcare program at Lee Health works with volunteer artists, musicians, craftspeople and entertainers to bring the expressive arts to patients, staff and families in Lee Health hospitals. Doug will talk about the effectiveness of using the expressive arts in hospital spaces and enhancing the patient experience. The Arts in Healthcare program also works with local disabled artists showcasing and selling their work in Lee Health Hospitals and Rehabilitation Centers.

FOCCL general meetings, which take place in the large meeting room of the Cape Coral Library at 921 S.W. 39th Terrace, are free and open to the public. We hope to see you there, and you are welcome to bring a guest or two.

For more information about the Friends of the Cape Coral Library: www.capefriends.org.

variety of their designs and surfaces on which they paint is extensive. And that's no doubt why the club's exhibits of members' current artwork are eagerly anticipated by library patrons and visitors.

The Dedicated Artists of Southwest Florida is a local club of approximately 60 members who are full- or part-time residents of various cities within the local tri-county area. Members attend monthly DASF meetings (held in the Cape Coral Art League building) that feature different painting projects conducted by talented instructors. Mediums may include acrylics, oil, watercolor and colored pencils. For more information about the club's meeting schedule, projects and seminars, visit www.DASFartists.com.

While learning the art of painting is integral to the club, there is also an impressive amount of community outreach. As a 501(c)(3) public charity, DASF philanthropic projects support the Harry Chapin Food Bank, a \$500 annual scholarship for a Lee County high school senior,

a Suitcase Project that provides decorated cases for the Children's Network of Southwest Florida and a Memory Box Project that donates hand-painted keepsake boxes to hospitals for grieving families to hold remembrances of a child lost. To support its community projects, DASF holds an annual Winter Luncheon fundraising gala for 150 guests at the Legends Country Club. The event includes a silent auction of members' beautiful artwork and theme baskets, plus a boutique with stocking stuffers for sale.

Changing art exhibitions in the library's gallery are sponsored by the Friends of the Cape Coral Library and are designed to afford local artists the opportunity to share their work in this public forum. The variety of visual experience benefits library visitors of all ages.

For information contact Monica Rahman, Art Gallery Chairperson at gallery@capefriends.org or visit www.capefriends.org.

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“I Just Don’t Believe That...”

Dear friend,

When I meet people in town, they usually say, “Oh, yeah, I know you, you’re that doctor with the beard on TV.” Well, perhaps I should tell you a little more about myself, the picture from television and why I use it in my ads.

Let’s start with me, the guy with the beard. Ten years ago I was living here in Florida. At that time my mother was down visiting from New Jersey for the season when she showed up in my clinic with a **frozen shoulder**. She was desperate and in pain having lost practically all use of her dominant arm. She could hardly fix her hair, reach for a coffee cup or even fasten her brassiere. Basic hygiene had become extremely difficult for her. She was afraid, because the two orthopedic surgeons that she had consulted told her, “Your only option is to have your shoulder replaced.” I remember saying to my mother, “**I just don’t believe that.**”

Now at that time I was a chiropractor who worked primarily on the spine. Frankly... I didn’t know how I was going to help her. I just knew there was a non-surgical solution out there and I was going to find it.

And boy did I find it! I found the answer to my mother’s shoulder problem and much, much more. And where did I find it? Of all places, I found it at the birthplace of Elvis Presley, Tupelo, Mississippi. Immediately I hopped on a plane and flew into Memphis, rented a car and drove out to a chiropractic neurologist who was willing to teach me how to fix my mother’s frozen shoulder. I spent three days in his clinic shadowing him, learning a new technique I had never even heard about before. Eager to help my mother, I developed this new skill set quickly. When I returned to Florida I wanted to be able to immediately fix my mother’s shoulder.

And that’s exactly what happened. After I performed the first Non-Surgical Operation on her shoulder, her pain went away significantly and she recovered to nearly full range of motion. She was so happy that she avoided surgery and got her life back.

It’s strange how life is, because that same doctor who showed me how to fix my mother’s shoulder opened up his treasure chest of knowledge and showed me how to help people with **chronic knee, neck, low back pain and those suffering with neuropathy** in their hands and feet, **all without the use of Drugs, Surgery or Injections.**

I spent the next several months flying back and forth to Mississippi learning all that I could.

Many years later we now have over one thousand successful patient testimonials. Many of them were told by their doctors that their only option was to have their knee or shoulder replaced or to take toxic drugs for the rest of their lives to mask their neuropathy symptoms.

Al was one of those patients who was told he had **‘bone on bone’** degeneration. His knee stopped unlocking properly, similar to what I’m describing in the photo, and he was facing knee replacement surgery. He was suffering from **chronic degenerative knee pain**, couldn’t walk properly and was easily holding onto 60 pounds of excess body weight. His doctors would have eagerly scheduled him for a knee replacement surgery had he decided to go in that direction.

Immediately after the Non-Surgical Operation I performed on Al’s knee, he was squatting and walking up and down the stairs normally without pain.

Al is now in his early 70s touring Alaska in his RV. He has dropped over 60 pounds and is biking 15 - 20 miles per day and loving life. He regularly sends me great pictures from his adventures.

Joyce was told by her oncologist, “There’s nothing that can be done.” She would have to live with the chemo-induced **neuropathy in her hands and feet**. Hot and cold were indistinguishable and the numbness and tingling made it impossible for her to walk any distance.

Joyce was a cancer survivor only to have come out on the other side with another debilitating condition. She and her husband showed up in my clinic and told me what their medical doctor had said. I told her the same thing I told my mother, “**I just don’t believe that.**”

After a thorough neurological examination and report of findings she trusted me enough to follow my protocols. Within two weeks her numbness and tingling in her feet subsided and the feeling was coming back.. After 12 weeks she was feeling the sand between her toes as she walked along the beach again. At her one year checkup Joyce’s sensory loss had improved over 80% overall to within the normal range... She is all smiles these days!



You should know that ***I don’t heal anyone of anything.*** What I do is perform a specific non-surgical operation that resets the communication between the brain and knee or shoulder, instantly decreasing pain and inflammation, increasing strength and flexibility and **helping with tissue healing.** For our neuropathy patients we have a 4 step, proven approach that heals your nerves and reverses your symptoms. We get tremendous results. It’s as simple as that!

Today in the United States medical doctors are prescribing more drugs than ever before. These drugs are designed to cover up symptoms as your condition gets worse underneath the surface. The toxicity from the daily use of these chemicals ultimately leads to nasty side-effects and more drugs to treat the new symptoms. The current “healthcare” system was built to maintain your condition, not fix it. It’s a brilliant business model for the pharmaceutical industry and the hospitals, but a horrible strategy to follow if one is looking to age gracefully.

That’s where my practice comes in. I have found **a way** so that more people are able to afford the treatment they need, even those on a fixed income with or without health insurance coverage. One Non-Surgical Operation in my clinic could cost what you’d pay for just the deductible of a joint replacement surgery.

You Benefit from a Unique Offer...When you bring in this article, you will receive a *FREE CONSULTATION* with me to determine whether you are a good candidate for our Non-Surgical Knee or Shoulder Operation. If you’re being seen for Neuropathy we will take a thermal image of your feet **at no charge to you. This will give me enough information to know whether I can help you. Once we determine you’re a good candidate and you feel comfortable in my clinic **the complete examination is only \$90.** That’s it, for the entire neurological examination & report of findings. This examination & report could cost you over \$300 elsewhere. But, please call **right away** because this offer expires on **October 31st, 2022,** and I don’t want you to miss out. By the way, further care is very affordable and**

you’ll be happy to know that the non-surgical, drug free therapies and procedures performed in my clinic **can cost as little as \$150 - 300 per month.** You see, I’m not trying to seduce you to come see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctor because **higher costs can add up very quickly.**

“You shouldn’t be forced to choose drugs and surgery just because that’s the only treatment medicare and your insurance company will cover.”

You should know a little about my qualifications. That’s important so that there’s no misunderstanding about the **quality of care.** I’m a graduate of Life University School of Chiropractic who has been in practice for 24 years. 7 of those years were spent practicing in New York City. I am a licensed chiropractic physician certified in functional neurology, strength & conditioning, regenerative detoxification and I have my diplomate in addictionology. I’m published in leading chiropractic journals and my television program can be viewed daily on NBC-2. I’ve been entrusted to take care of regular morning walkers and pickleball players to pro-athletes and business tycoons you may have heard of.

My office is called **Active Health Knee & Shoulder** and it is located at 6710 Winkler Road, Suite #1 It’s the gray key west style building at the corner of cypress lake drive behind the bank of america. The phone number is **239-482-8686.** Please call my wonderful assistants Becky or Silvia today to make an appointment.

God bless.

-Dr. Robert Davis, DC, CSCS

239-482-8686

P.S. When accompanied by the first, I am also offering the second family member this same examination for only **\$45.**

P.P.S. Your time is as valuable to you as mine is to me. That’s why I have a “no wait” policy. It is highly unusual to wait more than a few minutes in my office.



My mother and I featured in a local publication for non-surgical shoulder solutions.



Al on my TV program telling his story of how he avoided a total knee replacement surgery.



Joyce is all smiles at her one year checkup. No more neuropathy!

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Oktoberfest from page 1

welcomed in 2017, and the Aichers, also from Germany. The event will also have local favorites such as The Boots, Deb & the Dynamics, A'Finnity, Cape Coral's own Hafenskapelle, Manni Daum Trio, plus Lee County favorites such as Lee County Pipes & Drums, Kellyn Celtic Irish Dancers, and many more! Not to mention, good food, beer, and festivities for the entire family.

For more information please visit our Facebook page at www.facebook.com/CapeOktoberfest.



Calusa Sportsman Foundation Presents Second Annual Fishing Tournament

When: Friday and Saturday, Sept. 9 and 10

Time:

- Captains Dinner, Friday, Sept. 9, 5:30 to 8:30 p.m.
- Shotgun Start, Saturday, Sept. 10, 7 a.m., Marker 99 – 4 p.m., lines out
- Awards Dinner, Saturday, Sept. 10, 6 to 10 p.m.

Location: All captains must be present at the captains dinner on Friday, Sept. 9 at the The Westin at Tarpon Point, 5951 Silver King Blvd., Cape Coral, FL, Westin Conference Center, Tarpon Point Ballroom, (239) 541-5000 or (800) 937-8461.

Prizes: A total of \$15,000 in prizes will be awarded (This includes a first place prize of \$5,000 and a second place prize of \$2,000.)

Cost: Angler fee is \$200.

Proceeds from the tournament will benefit: Valerie's House
Email: info@calusasportsmanfoundation.com for registration materials. Check the Calusa Sportsman Foundation Facebook for details on the foundation.

Deadline to register: Thursday, Sept. 8

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About The Calusa Sportsman Foundation

The Calusa Sportsman Foundation is a 501(c)(3) dedicated to supporting local charities throughout the community through events and tournaments.

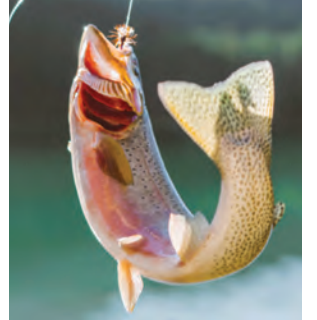


Photo by Wes Walker



A successful angler displaying his catch



Last year's event netted \$120,000 for Valerie's House.

Museum Of History from page 1

city's government, development of public services such as the Cape Coral Fire Department, Cape Coral Police Department and Cape Coral Hospital, and histories of the local schools, parks, churches, and business community.

Gulf American Land Corporation

Built in 2003, this building chronicles the history of Cape Coral from the areas of earliest settlement by the Calusa and the Seminole all the way through to the purchase and development of the land by the Gulf American Land Corporation. The building features exhibits on the Calusa and Seminole tribes, the local homestead families, original items from the Cape Coral Gardens, Cape Coral Country Club, and Cape Coral Yacht and Tennis Club, and an area focusing on the Rosen brothers' homesite sales tactics.

Location: 544 Cultural Park Blvd., Cape Coral, FL 33990.

Hours: Wednesday, Thursday and Friday – 11 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m.; Closed Sunday, Monday and Tuesday.

Admission: Adults \$5, members free, students with ID free, children 17 and under free. We ask that you book your tour online to visit.

Memberships: Memberships, including business memberships, are available on our website and in addition to free admission for the year, museum members receive several benefits including discounts on merchandise and programming, access to member-only events, special recognition and more.

The greatest reward is knowing that you are supporting a nonprofit organization that works hard to celebrate and honor all those who have made Cape Coral into a vibrant and fast-growing city. Family memberships and higher include spouses/household partners and children under 18 living in the household.

Volunteers: Do you love history? Do you have a few hours a week that you are looking to fill working for a cause? Are you retired and looking for an opportunity to put your skills back to work? If you've answered yes to any of those questions, we have several volunteering opportunities for you! Our volunteers help in the following areas: docent (tour guide), preservation projects, fundraising, special events, office help and maintenance.

Community Service And Internship Opportunities

Are you a student seeking to fulfill your community service obligation? The museum regularly partners



Cape Coral Yacht Club pool



with local high schools and universities to provide community service hours for students. Students from many different courses of study (history, education, anthropology, communications, etc.) have completed community service hours with the museum, gaining both experience in archival methods and historical analysis and a deeper understanding of the history of Cape Coral and surrounding Southwest Florida communities where many of them have grown up and may reside after graduation. This partnership serves to inspire and engage the next generation of local historians, and possible leaders of Cape Coral.

Donations: Donate as little as \$5. Your donations go toward helping the museum fulfill its mission, as well as purchase new technology, create new exhibit spaces, and provide events and programming to the community.

For more information visit our website at www.capecoralmuseum.org or call us at (239) 772-7037.



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Tax Talk

When The Lemonade Stand Makes Bank: Young Entrepreneurs And Taxes

Teens and young adults often go into business for themselves over the summer or after school. This work can include babysitting, lawn mowing, dog walking or other part-time or temporary work. When a teen or young adult is an employee of a business, their employer withholds taxes from their paycheck. However, when they are classified as an independent contractor or are self-employed, they're responsible for paying taxes themselves.



Things To Keep In Mind

- Everyone, including minors, must file a tax return if they had net earnings from self-employment of at least \$400.
- If they owe taxes, teens and young adults should file their own tax return, even if their parent or guardian claims them as a dependent.
- Teens and young adults can prepare and sign their own tax return. There is no minimum age to sign a tax return.
- Parents can't claim a dependent's earned income on their own tax return.
- In addition to income tax, people who are self-employed are generally responsible for self-employment tax as well. It's like the Social Security and Medicare taxes withheld from the pay of most wage earners.
- Teens and young adults can lower the amount of tax they owe by deducting certain expenses.

Here's What Young Entrepreneurs Can Do To Keep On Top Of Their Tax Responsibilities

Keep records. It's good to make and keep financial records and receipts during the year. Recordkeeping can help track income and deductible expenses and provide the information needed for a tax return.

If a taxpayer also has a job where tax is withheld by their employer, they can request that their withholding be increased to cover their estimated taxes from their self-employed income. That way, they don't have to pay estimated tax separately. The Tax Withholding Estimator (www.irs.gov/individuals/tax-withholding-estimators) is a great tool to help wage earners figure out how much they should be withholding.

File a tax return. When tax season rolls around, young taxpayers can review the information and forms, gather their records and e-file their tax return. When preparing to file a tax return, they should make sure to review all their records, including estimated tax they've already paid.

Bud Krater has been doing taxes in Lee County for over 30 years. He has his enrolled agent (EA) status with the IRS, which means he can represent you in front of the Internal Revenue Service. He is passionate about his job of saving people tax dollars. His company, A Bud Krater Inc., has three guarantees. For more information, contact him at (239) 772-1040. He will be happy to help!

Catch The Action

September On The Water

By Capt. Bill Russell

Now is the time for some of the best fishing of the year and is often overlooked in Southwest Florida. With school back in session, summer vacations over, and our northern friends out of state, this may be the time you will find the least number of anglers and boat traffic on the water.

With temperatures gradually cooling over the month and thunderstorms tapering off, days become more predictable and enjoyable. Of course, this is the height of hurricane season so that can change suddenly. Fish are more active throughout the day as water temperatures are cooling down ever so slightly.

Snook gradually exit the beaches and Gulf passes where they spend the summer months and begin to transition back inshore. Fish for snook around oyster bars, shorelines, sand holes, and structure such as riprap, docks, piers, and bridges. Top water lures are a good choice over the early morning and evening hours. There's not much better than watching a big lunker snook explode on a top water bait. Live bait is the best bet during daytime hours. A variety including pinfish, pigfish, pilchards, thread herring, small mullet, and live shrimp are some of the most popular.

We are stepping into the best redfish (red drum) fishing of the year, especially if you like to hunt and target big redfish. Reds begin to travel in schools throughout the inshore waters where it's possible to cross paths with several hundred in a tight pack herding bait across the flats. Keep an eye open for a disturbance on the water, it almost looks like a boat wake with no boats around to create the wake. The schooling fish are generally traveling a direction parallel to an island or long bar. Once you figure the direction they are heading try to get well ahead of their path as quietly as possible, get in position and get ready. Often, they are moving faster than you think, a couple hundred yards is a good starting point. While schooling they will eat most anything, but it's in your favor to rig with something you can throw a long distance as they do not always follow your anticipated path. A few baits that come to mind are mid to large top water plugs, spoons, and cut ladyfish or mullet steaks. Most schooling fish measure 27 inches and above. If targeting reds with live or natural bait, circle hooks are the way to go. Traveling in schools they are competing for food and suck down a bait pretty quick. The use of circle hooks reduces the chance of gut-hooking and allow for a healthy release.

Redfish and/or snook may be in or out of season in the areas you fish. Check current regulations and stay up to date by visiting www.myfwc.com. Also, upload the Fish Rules app on your phone. It has current regulations and seasons with pictures to help identify fish.



Sea trout begin moving back into shallower water to feed; this is a great time to work a top water plug across your favorite trout flats. Plenty of sea trout will be caught under the endless schools of baitfish, look for birds and surface activity. Trout fishing gets better, and fish get bigger as the water continues to cool over the month.

Spanish mackerel, sharks, snapper, jack crevalle, bluefish, pompano, permit, tripletail, tarpon, cobia, and others are on the list of what we may expect to hook into over the upcoming months.

It will not be long before tourist season is upon us with roads and waterways becoming crowded. That's not the case for September, if you want to spend time fishing or just on the water without a crowd, do it now. Season will be here soon!

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, call or text (239) 410-8576, website: www.fishpineisland.com, email: gcl2fish@live.com.

Capt. Bill Russell is a native and lifelong resident of Pine Island who has spent his entire life fishing the waters surrounding Pine Island and Southwest Florida. For the past 26 years Bill has been a professional fishing guide who takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."



From The Desk Of Sheriff Carmine Marceno

Property Fraud Alert

Property fraud has become an increasingly common criminal matter across the entire nation. As most property owners are unaware of this growing concern, I am recommending that Lee County property owners consider registering for the free "Property Fraud Alert" offered by the Lee County Clerk of the Court.



Property fraud occurs when an unauthorized individual utilizes your identity to transfer your property into their name or fraudulently record documents related to your property. A counterfeit, forged document is created and

then recorded into the county's official records. Property fraud can result in costly and complicated problems and, as these criminal acts are often undiscovered until attempting to sell or refinance your property, the fraud can result in irreparable damage.

Once registered, property owners receive notification, within 24 hours, when a deed, mortgage or other land record with their registered name on it has been recorded into the county's official records.

Additionally, those who do not own property can also use this service so as to be notified of any documents being recorded in their name.

Property owners can register multiple properties, whether owned personally or commercially by visiting www.leeclerk.org/i-want-to/request/property-fraud-alert.



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Challenge yourself at the expansive state-of-the-art fitness center with the latest cardio and strength building equipment, and take a class in the yoga/aerobics room. Outdoors you can play like a pro on the Har-Tru tennis courts, pickleball courts, and bocce ball courts. Find all the best brands and gear right here at the Tennis Center Pro Shop.

The Clubhouse will offer both casual & formal dining options to delight your tastebuds. The friendly staff will offer a variety of special events and functions where neighbors and friends can mingle, dine and dance. A full-time Activities Director will partner will be on staff to help residents share various hobbies, clubs and games.



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What's Happening In The Cape?

South Cape Summer Daze Pub Crawl – Sept. 24, 7 To 11 p.m.

As the **summer daze** come to an end, let's kick off fall with a pub crawl! Celebrate this end of summer pub crawl on Sept. 24 from 7 to 11 p.m. and enjoy complimentary drink and appetizer samples as well as **exclusive** specials.

Tickets for the Inaugural South Cape Summer Daze Pub Crawl are just \$10 in advance. They are available for purchase online via Eventbrite and in person at South Cape Hub (cash only/no fees), located at 909 S.E. 47th Terrace, No. 105. ****No cash sales from 5 to 7 p.m. on the day of the event.**

Dress in your scuba gear, water tubes and rock your rubber ducky!

Ticket price includes:

- Wristband to access locations – waived cover fees.
- Passport of locations – get every stamp, tag locations and tag South Cape Hospitality Association in your social media posts – you could win the grand prize* \$500 **cash!**
- An appetizer sample or drink sample at each location.

- Splash/Water Zone.
- Entry into the photo booth contest* – winning photo receives four tickets to the Spooktacular Trolley Event.
- Access to the official photo booth (located in the South Cape Hub at 909 S.E. 47th Terrace, No. 105).

Designated driver tickets are available. Designated drivers receive all the benefits of standard tickets, except for drink samples. Designated drivers receive a complimentary nonalcoholic beverage, such as a bottled water or soda, at locations upon request. (This is a 21-plus event. A valid ID at check-in will be required.)

Expect lots of entertainment, including live music, dancing, singing and more!

Participating locations and samples will be announced soon.

Check-In Times And Locations

Early check-in: 10 a.m. to 5 p.m. at South Cape Hub (909 S.E. 47th Terrace, Cape Coral)

Regular check-in: 6 to 7:30 p.m. at these locations: South Cape Hub and Big John's Plaza (near Pinch-a-Penny), and Dolphin Key Resort (under the front entry awning).

Late check-in: 'til 10 p.m. at South Cape Hub

*To enter the photo booth contest, have your picture taken at the official photo booth. Photos will be uploaded to Facebook, and the public will vote. To win the grand prize, have your passport (provided at check-in) stamped at all locations (no purchase necessary), tag locations and tag South Cape Hospitality Association and turn it in at any participating location.

For any additional questions, email info@southcapeentertainment.com.



Mom Prom – Sept. 17, 7 p.m.

Cape Coral Yacht Club presents Mom Prom – a prom for women of all ages! Bring your girlfriends, wear your favorite prom dress, and dance the night away on Sept. 17 at 7 p.m. at the Cape Coral Yacht Club, 5819 Driftwood Parkway, Cape Coral. \$12 per person and BYOB.

YouSleuth!

YouSleuth combines the classic detective game of Clue with the augmented reality of Pokemon Go to create a brand-new game experience!



Looking to get outside and enjoy a new experience that can be done safely during the pandemic? This is not a traditional event so there is no need for you to be close to anybody who is not in your own group and you will be outdoors at all times.

What Is YouSleuth?

This all-age activity can be done on your own schedule, in your own neighborhood and with your own group of people. This is a self-guided event where you play alone with your group using your smartphones to interact with the virtual characters in the game.

Put on your detective hat and shoes and explore your own neighborhood as you gather information about your case and receive phone calls from the chief of police. Use the in-game real-world map to find your way to the physical locations of the victim and the suspects so you can interview them. When you

have enough facts to eliminate everybody except the crook, make your accusation and receive feedback on your investigation.

How Many People Can Play?

Any number of people can participate together, and the ticket price is per group, not per person. Smaller groups are recommended. All team members can follow along on a single mobile device or the game can be shared across multiple devices using the same account login. You can even split up to interview different suspects at the same time.

Another option is to assign roles within your team such as navigating, interviewing, taking notes or piecing together the facts to solve the crime.

What Time Does This Start?

Because this experience is self-guided you can play any time on any day – no reservations required! We recommend going out during daylight hours. Duration averages between 90 minutes and two hours.

Where Can I Play YouSleuth?

YouSleuth dynamically creates a game scenario right where you are. We recommend a quiet residential neighborhood or a large pedestrianized area like a big

shopping mall. However, any location with businesses and/or residences is a potential game board. You can play almost anywhere – visit our website to see our extensive list of our recommended locations.

Local locations: 1110 Ceitus Terrace, Cape Coral or Broad Avenue S. and 8th Street S., Naples.

What Do I Do With My Ticket?

Your ticket number should be entered when you register on our website www.yousleuth.com. All registration is done online, and you will not have to check in with anyone before you start as the game is self-guided.

You do not need a physical ticket, only a modern mobile device with a data connection.

For Android devices we recommend using the Chrome web browser and for Apple devices you must use the Safari web browser.

Ticket prices: You and any number of your assistant detectives can play for one low total price of \$35 and for a limited time we are offering a new detective special of \$5 off ticket price.

If you have any questions, please visit the help page on our website at www.yousleuth.com.

All Aboard The North Pole Express!

Join us this December for a 30-minute ride from Parrish, Fla., to the North Pole. Upon arrival, everyone will detrain at our special North Pole station where Santa awaits to visit with every child. During your stay a variety of entertainment, activities, campfires and all the hot chocolate and cookies you care to eat are included with every train ticket. Additional food and beverages will be available for purchase at the North Pole.



Tickets are on sale now! Be sure to get your tickets now as the demand will be very high.

Buying Tickets

The museum's website is the fastest and easiest way to make your booking on the North Pole Express. Reservations

may also be made over the phone and in person at the Parrish ticket office. Online and telephone purchases will incur a 6 percent service fee. Ticket prices vary based on age, class of service and date of travel.

Dates Of Operation

The 2022 North Pole Express will operate on the following dates: Dec. 1 to 4; 7 to 11; 14 to 18; 20 and 21

Departure Times

The train will depart twice each day for the 3.5 hour round trip at 5:15 and 7:15 p.m.

Seating

Multiple seating options are available including private cabooses, first-class coaches and open-air cars.

More Information

Visit our website www.frrm.org to purchase tickets or for more information about this year's event!

Cape Concert In The Park

Oct. 1 – 4:30 To 6:30 p.m.

The City of Cape Coral's Parks and Recreation Department will be hosting a **free** outdoor concert on Saturday, Oct. 1 at Four Freedoms Park, 4818 Tarpon Court, Cape Coral, FL 33904. The Lineup Band will be the musical entertainment and food trucks will be on site. Blankets, chairs and coolers are welcome.

For the safety and comfort of your pets, we ask that they are left at home. In case of inclement weather, please check the city's social media or www.capeconcerts.com.

The City of Cape Coral's Parks and Recreation Department will be hosting a music and art walk on Saturday, Nov. 12 from 5 to 9 p.m. Location for this event is on S.E. 47th Terrace between Vincennes Boulevard and S.E. 15th Avenue. All are welcome to attend.

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Coconut Point Mall, Shopping Center, 23106 Fashion Drive, Suite 107, Estero, FL 33928, (239) 992-9966, www.simon.com

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Millennium Physician Group, Health Care Services, 1708 Cape Coral Parkway W., Suite 6, Cape Coral, FL 33904, (239) 935-8782, www.MillenniumPhysician.com

Ribbon Cutting For J & A Tax Services



J & A Tax Services, Tax Services, 1634 S.E. 47th St., Suite 20, Cape Coral, FL 33904, (239) 703-3974

September Is Self-Improvement Month!

By Mandy Carter

I am big on self-improvement and I believe it is a conscious act that should be a daily focus. However, it is exciting to know that this month many organizations are putting a spotlight on the need for self-improvement. I set a major goal of building a new home for myself and my kids several years ago, but I realized I needed to make some self-improvements to get there. I am happy to say two months ago I achieved what I set out to do and



I owe it all to the small and large improvements I made to myself and my life.

Whether you're looking to make big changes in your life or will be taking small steps towards improvement, here are five ways to take action this month:

1. Create A Vision Board For Your Life

To become the best version of yourself, you must have an idea of who exactly you want to be. Creating a vision board is a great way to visualize who you are, who you want to become. Visualize your highest self and reflect those ideas as images to help you create a plan that will propel you into self-improvement mode.

2. Set One Personal And One Professional Goal

One simple way to commit to self-improvement for the month is to set one personal and one professional goal.

Setting measurable and timely goals is a simple way to start one's self-improvement journey. And then speak them aloud so that you have accountability!

3. Learn A New Activity Or Skill

Is there an activity you've had in mind but haven't had a chance to try yet? Or a skill that you want to develop? Rather than save these wants for someday, spend Self-Improvement Month devoting yourself to a new activity or skill that you've always wanted to try!

4. Implement A New Habit

If you're looking to switch up your routine as part of Self-Improvement Month, consider implementing a new habit. Set your alarm 30 minutes earlier to add something new into your daily routine.

5. Find A Mentor

If there's an area in your life you want to improve on, but could use some guidance and expertise, find a mentor to help walk you through the process. Working with and learning from others is a simple way to level up your life.

About Mandy Michelle Carter

I am just a Southwest Florida middle-aged woman who "finally" decided to go after it all: a career on my terms, motherhood, fitness, eco-living and adventure. I want to inspire people to take care of your health and our planet, to spend authentic time with your family and to chase your dreams unapologetically! We only get one life, don't waste it waiting. From playtime to home building to travel – enjoy every moment, big and small! In addition to my favorite job of being the mother to two crazy little kids, I am the marketing director for WooBamboo, a freelance writer, and I run my own small business as a virtual marketing assistant.

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