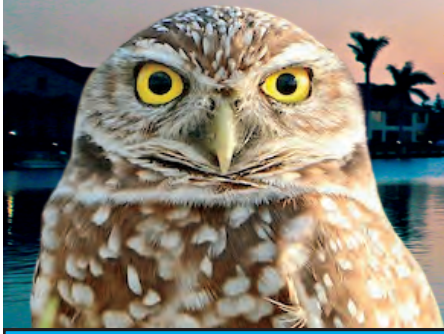


THE CAPE CORAL SUN

Celebrating the Past, Present, & Future of Southwest Florida's Largest City!

Another Seabreeze Publication

NOW ONLINE!
www.mycapcoralsun.com



VOL. 3 NO. 1

www.mycapcoralsun.com • www.seabreezecomunications.com

JANUARY 2024

Cape Coral's 39th Art Festival & Market Place

Saturday, Jan. 13 and Sunday, Jan. 14

The members of the Cape Coral Rotary and Cape Coral Rotary Foundation are pleased to host our 39th Annual Art Festival & Market Place. Come visit all the artists on Jan. 13 and 14 from 10 a.m. to 5 p.m., located in downtown Cape Coral, Cape Coral Parkway (between Del Prado Boulevard and south to S.E. 10th Place).



The Cape Coral Arts Festival & Marketplace is one of Lee County's largest special events according to the Lee County Tourist Development Council and the Lee County Visitors and Convention Bureau. Over 140,000 attendees enjoyed our 38th Annual Festival in 2023. In 2020, we were voted the best



outdoor event by the readers of *Gulfshore Life Magazine* and the fifth-best art festival in the nation by Sunshine Artists. Last year, our festival was ranked by Sunshine Artists as the 22nd best festival in the country!

With the new perks that we are adding this year for the artists, our goal is to be ranked the best art festival for artists in 2024!

39th Art Festival & Market Place on page 3

Tour De Cape – Jan. 19 To 21

The Cape Coral Parks and Recreation Department is proud to host the 33rd Anniversary of Tour De Cape! The event includes a 5K, a Mini Kids Ride, and 15-, 30-, 62-, and 100-mile bike tours in the northwest and southwest regions of Cape Coral.

The 5K will be chipped timed and scored by Lin-Mark Sports of Cape Coral – texted results will be available to all persons who sign up for it during the registration process.

Weekend Kickoff Celebration – Friday, Jan. 19

The weekend will begin with a kickoff celebration on Friday from 4 to 7 p.m. at Rotary Park, 5505 Rose Garden Road, Cape Coral, Fla. Participants can pick up packets, maps, and T-shirts!

New! We will have a food truck from 4 to 7 p.m. Join us for complimentary Sunset Yoga to prepare your body for the weekend's activities. Please bring your own mat or towel. Yoga begins at 6 p.m.

5K Run/Walk – Saturday, Jan. 20

The 5K run/walk is designed for advanced and novice runners. A grab-and-go breakfast will be available for participants.

Registration is \$25 and includes a performance shirt (while supply lasts), chip time, and video finish!

Packet pickup: 6:30 to 8 a.m., race time: 8 a.m.

Mini Kids Ride – Saturday, Jan. 20

The 2024 Mini Kids Ride is a fun addition to the Tour De Cape weekend. The course is designed to be safe, flat, and well-supported by the Cape Coral Police Department. Bicycle helmets are required.

Registration is \$10 and includes a performance shirt (while supply lasts) and lunch.



Tour De Cape on page 4

Cape Coral's Inaugural New Year's Eve Celebration And Ball Drop

Sunday, Dec. 31 – 6 p.m. To Midnight – S.E. 47th Terrace (Between S.E. 9th Place And S.E. 11th Place)

The City of Cape Coral will host its first New Year's Eve Celebration!

Help us ring in 2024 with not one but two great opportunities to welcome in the new year! This free community-wide event is open to all ages.

The streets of downtown Cape Coral will be closed off to traffic as thousands of attendees enjoy free live music, entertainment, countdown fireworks, and more!

For those too excited to wait until midnight, there are separate ball drops at both 8 p.m. and midnight.

This large, family-friendly street festival will include shopping, food vendors, and games and activities for children while waiting for the countdown to 2024!

Food vendors: Alston's Chicken, Dynamite Street Eat, Oh Me So Hungry, El Coqui Food Truck, The Brunchy Bunch, The Dawg Pound, and The Loud Italian.

Snack vendors: Disha's Shaved Ice, Dippin' Dots, Rita's Italian Ice, Scoop Me Up Ice Cream, Thompsons Concessions, and Forever Grounded Coffee.

For more information visit www.capeconcerts.com.

For questions and more detailed information call (239) 573-3128 or email seclerk@capcoral.gov.

DECEMBER, 31
SE 47TH TERRACE

City of Cape Coral
NEW YEAR'S EVE
CELEBRATION
2024

| | |
|-----------------|--------------------------------|
| 6:00 PM | VENDOR VILLAGE & DJ |
| 8:00 PM | KIDS BALL DROP |
| 9:00 PM | LIVE MUSIC |
| MIDNIGHT | MAIN BALL DROP |

FOR MORE INFORMATION, VISIT CAPECONCERTS.COM

Cape Coral Cruise Club



October: Marina Jack's – Sarasota Cruise

Oct. 20 through 23, the Cape Coral Cruise Club embarked on a delightful journey to Marina Jack's in downtown Sarasota, with a flotilla of six boats. The picturesque cruise offered members ideal weather conditions for their scenic voyage, creating a camaraderie among enthusiasts of the open water. Adding a touch of diversity, one couple joined in on the adventure by car and found accommodations at the charming Carlisle Inn, while another couple also joined the group for dinner on Saturday evening.

During their stay, club members explored the vibrant arts scene, with many indulging in the St. Armand's Circle art show. The event proved to be a treasure trove for those seeking unique pieces, adding a cultural dimension to the maritime experience. As the sun set on Saturday evening, the Kryer's vessel *Y-Knot*, became the hub for an enjoyable happy hour, setting the stage for a memorable dinner at the renowned Columbia Restaurant.

Sunday afternoon, some members gathered at Marina Jack's open-air bar and enjoyed cocktails, while hoping to catch the Ravens football game on the big screen. When the big screen was not cooperating, the Ravens fans set off on foot, in their Ravens team attire, to find a suitable place to cheer on their team! Other members took a stroll downtown,



stopping for lunch on the patio of Mattison's City Grille, and some decadent ice cream treats at the Fat Donkey! Sunday evening's vibrant happy hour was hosted by Wayne and Pam aboard their vessel, *Nauti-Cat*, after which all members headed over for a delectable dinner at the sophisticated Classico Italian Chophouse. Smooth seas and sunny weather made for a perfect voyage home for all members. Our Marina Jack's Sarasota cruise seamlessly blended nautical exploration with cultural indulgence, leaving members with cherished memories of this waterfront rendezvous.

November: Fishermen's Village – Punta Gorda Cruise

In a celebration of holiday merriment, the Cape Coral Cruise Club embarked on a delightful weekend journey to Fishermen's Village in Punta Gorda, marking a festive occasion for seven boats and several member-couples.

The picturesque Fishermen's Village twinkled with joy as the Cape Coral Cruise Club joined the community's tree lighting ceremony, immersing themselves in the spirit of the season. Live music resonated through the village, captivating all who attended. Santa Claus and even the Grinch made special appearances, spreading cheer and creating lasting memories.

Witnessing the village come alive with a magical holiday parade was among the highlights of the trip. However, the club didn't solely partake in external events; they also brought their own touch of Christmas magic. Engaging in Christmas-themed crafts, the members added their creativity to the holiday ambiance.



Adding to the festive atmosphere, a spirited vessel decoration contest captured everyone's attention. All club members adorned their boats with vibrant holiday themes, fostering a sense of friendly competition and further enhancing the holiday spirit.

Happy hours and delightful dinners at various restaurants within the Village were an integral part of the itinerary, allowing members to enjoy camaraderie while savoring the culinary offerings of the area.

The journey to Fishermen's Village and back to their respective home ports was blessed with cooperative weather and serene seas, ensuring a safe and enjoyable experience for all involved.

The Cape Coral Cruise Club's excursion to Fishermen's Village in Punta Gorda was not just a cruise; it was a celebration of the joy of the season, filled with shared moments of laughter, cheer, and the camaraderie that defines the essence of the club.

If you own a boat with full overnight accommodations and would like information on becoming a member of the Cape Coral Cruise Club, please contact our Membership Chairman, Laurie Carlson, at (239) 910-5543. You can also follow us on Facebook and check out our website www.capecoralcruiseclub.com.



WE BRING THE SUNSHINE IN!

Pool, Lanai, & Window Screen Repair & Replacement.



(239) 790-7311

WWW.CAPESCREENS.COM



Seabreeze Communications Group does not endorse any advertising as it relates to the communities. Advertising is not screened by Seabreeze Communications Group.

**Seabreeze
Communications
GROUP**

Production Director J. Reid

Sales Department

Al Ullio • Margo Williams • Joe Yapello
• Bonnie Yapello • Becky Pruitt

Director Of Mailing Operations Selina Koehler

Production Manager Lee Nostrant

All rights reserved. Reproduction or utilization of these contents in any form by any electronic, mechanical, or other means, including xerography and photocopying is forbidden without the written permission of the Publisher.

The Publisher is not responsible or liable for misinformation or misprints herein contained and reserves the right to accept or reject all copy deemed unsuitable for publication.

(239) 278-4222 • Fax (239) 278-5583

5630 Halifax Avenue * Fort Myers, FL 33912

Fort Myers • Cape Coral • Bonita • Estero • The Palm Beaches • Boca Raton

www.seabreezecomunications.com

Coral Oaks Golf Course

By Allen Manguson, PGA A-4, Coral Oaks Golf Course

The Lesson Tee

Golf School At Coral Oaks – Now Through April, \$249 For Six Sessions

Coral Oaks Golf School is a comprehensive program that covers ball flight laws, full swing reviews, chipping, putting, pitching, and bunker play over six sessions, each lasting 75 to 90 minutes. Classes have a maximum of a 5-to-1 student-to-instructor ratio for more personalized interaction, and the cost is just \$249 for the entire course, which is a fantastic value.

Whether you are a beginner wanting to learn the game of golf for the first time or an established player who wishes to fine-tune your skills, Coral Oaks Golf School is sure to provide you with knowledge and improvement to your game!

Six golf schools are being offered from December 2023 to April 2024. Each golf school will take place over a two-week period to give students a more concentrated effort, with classes being held at 9:30 a.m. consecutively on Tuesday,

Thursday, and Saturday.

Class dates are listed below. (Please note that schedules are subject to change.)

- Session No. 1 – Dec. 5, 7, 9, 12 and 14 (past)
- Session No. 2 – Jan. 11, 13, 16, 18 and 20
- Session No. 3 – Jan. 30, Feb. 1, 3, 6 and 8
- Session No. 4 – Feb. 20, 22, 24, 27 and 29
- Session No. 5 – March 12, 14, 16, 19 and 21
- Session No. 6 – April 2, 4, 6, 9 and 11

For more information or to register online for Coral Oaks Golf School, go to www.CoralOaksGolf.com – Golf School Button, call (239) 573-3101 or email Amanguson@CapeCoral.gov.

Tip Of The Month

Practice distance control on your putting. 1s and 2s are good scores; 3s and 4s are not.

Fantastic Fairway Feats

No fairway feats to report in November. Please be sure

to remind us of your “fantastic fairway feats” each month so we can share them with everyone!

Peak Season Rates*

Jan. 1 to March 31 – \$89 before 12 p.m., \$79 after 12 p.m., \$69 after 2 p.m., \$59 after 4 p.m.

*Rates do not include sales tax.

For more information about Coral Oaks, including amenities, details on PGA golf instruction, upcoming events, special online discount coupons, and to book tee times online, visit www.CoralOaksGolf.com.

So, what are you waiting for? Get out to Coral Oaks because “Every day is a great day at Coral Oaks!”

Coral Oaks Golf Course, 1800 N.W. 28th Ave., Cape Coral, Fla., (239) 573-3100, www.capecoral.gov/coraloak.



Schedule Your Appointment Today.

Highest prices paid for your jewelry

January 15th - 31st

Mon - Sat: 10AM - 6PM • Sun: 12PM - 5PM

At The Bell Tower



When It Needs To Be Perfect



SEALIFE ◀ FASHION ◀ DIAMONDS ◀ ESTATE

The Bell Tower • Suite 165 • Ft. Myers

239-472-4177 • info@CongressJewelers.com • CongressJewelers.com

39th Art Festival & Market Place from page 1

With the explosion in Cape Coral home sales during the past few years, new residents are eager to buy unique art to decorate their new homes!

Enjoy ceramic, digital, drawing, fiber, glass, graphics, jewelry, metalworks, mixed media, paintings, photography, sculpture, wearables and woodcraft.

All proceeds from the booth sales are donated by the Cape Coral Rotary Foundation to improve the community of Cape Coral.

There is no charge for public admission to the festival and free parking is abundant.

For more information please visit www.capecoralartfestival.com.

Let the festivities begin!



Seabreeze Communications

For Advertising Rates Please Visit Our Website

seabreezecomunications.com

Or Call **239.278.4222**



- small animals
- reptiles
- fish
- feeders
- dog & cat foods
- grooming

Patriot Pets & Supplies

1242 SW Pine Island Road • Unit 47 • Cape Coral, FL 33991

239-242-7387

***** Family Owned & Operated Since 2011 *****

Coming Up In The Cape

Free Butterfly House Tour

Join us for a **free** tour every Monday, Friday, and Saturday at 10:30 a.m. of the Tom Allen Memorial Butterfly House located at Rotary Park, 5505 Rose Garden Road, Cape Coral, FL 33914. No reservations are required. The tours are courtesy of Cape Coral Friends of Wildlife.

For more information, call (239) 549-4606.

Freedom Market

Cape Coral's newest community market features local farms, artisan foods, and local arts and crafts vendors – Tuesday morning each week from 9 a.m. to 1 p.m. at Four Freedoms Park, 4818 Tarpon Court, Cape Coral, FL, 33904. Free event to come and buy from local small businesses.

Vendors call to register: (239) 574-0804.

Sunset Food Truck And Vendor Fest At Four Freedoms Park

Join us Wednesday, Jan. 10 at Four Freedoms Park, 4818 Tarpon Court, Cape Coral, FL 33904 from 6 to 9 p.m. to enjoy food trucks, vendors, and a beautiful sunset over the Bimini Basin! Each month will feature different food trucks to allow patrons to try new flavors. This event is **free** and open to all ages!

Guided Preserve Hike

Join the park staff for a guided hike of one of our unique preserves with an expert in Florida environments on Wednesday, Jan. 17 from 9 to 10:30 a.m. Meet at Rotary Park Environmental Center, 5505 Rose Garden Road, Cape Coral, FL, 33914. Advance registration is required along with a \$10 registration fee. Get more information and reserve your spot at (239) 549-4606.

Full Moon Paddle And Walk

Join us on Thursday, Jan. 25 to take a leisurely paddle along the Caloosahatchee River. This trip departs at dusk and returns after dark. The meeting location will be given upon registration. Times vary due to sunset/moonrise. Section codes: S=single kayak. T=tandem kayak. Limited BYOK spaces are available. If interested in BYOK, please call Rotary Park to inquire at (239) 549-4606. The registration fee is \$40.

Join Harry on an evening stroll (Thursday, Jan. 25 from 5:30 to 7:30 p.m.) along the boardwalk just after dark to learn all about the secret nocturnal life of Four Mile Cove Ecological Preserve (East end of S.E. 23rd Terrace.). Bring a small flashlight or wear a headlamp with a red light for night vision. Dress appropriately for the weather. \$10 per person (6 and under free). Advance registration is required.

Please visit www.capecoral.gov and "View Activity Calendar" for more information.

Fun! Fun! Fun!

Tour De Cape from page 1

Packet pickup: 9:30 to 10 a.m. Safety and helmet check: 10:15 a.m. Ride time: 10:30 a.m.

Adult riders with paid children are free.

Tour De Cape Bike Rides – Sunday, Jan. 21

Sunday's bike tours offer varied routes from 15-, 30-, 62-, and 100-mile courses in the west and north sections of Cape Coral. The event provides a grab-and-go breakfast, lunch, on-route rest stations with snacks and beverages, SAG vehicles, police support, and route maps.

Registration is \$40. Registration includes a performance shirt (while supply lasts), speed zone, *bike chip time, and lunch! *(Bike chip time is an additional \$5 after Jan. 10.)

Packet pickup: 6:30 to 7:45 a.m. Ride times: 62- and 100-mile – 7:45 a.m., 15- and 30-mile – 8 a.m.

Combination – Saturday And Sunday, Jan. 20 And 21

Run (Jan. 20) and bike (Jan. 21) combination (includes the 5K on Saturday and the bicycle tour on Sunday).

Registration is \$55.

To register, volunteer, or for more information please visit www.tourdecape.net.

Cape Coral Historical Museum

Remember When...

Since its inception in 1987, the Cape Coral Museum of History has sought to discover, preserve, and share the history of Cape Coral through its archives, museum exhibits, and public programs. The museum is the official repository for the history of Cape Coral and serves as a public resource for all sectors of the local community, as well as international and U.S. tourists. Operated by the Cape Coral Historical Society, the museum exhibits artifacts, documents, and photographs pertaining to the history of Cape Coral and Southwest Florida.

Come visit us for more historical information about Cape Coral.

Hours: Closed Sunday, Monday, and Tuesday. Open on Wednesday, Thursday, and Friday, 11 a.m. to 4 p.m., and Saturday, 10 a.m. to 2 p.m.

Admission: Adults \$5, members free, students with identification free, children 17 and under free

Cape Coral Historical Museum, 544 Cultural Park Blvd., Cape Coral, FL 33990, (239) 772-7037, capecoralmuseum.org.



Reserve your 1970 New Year's Eve Party with Ray Eberle and his orchestra, live at the Cape Coral Country Club, which includes a midnight breakfast.



239-772-1040

www.taxprobuddy.com

**19 Del Prado Blvd North, Suite 4
Cape Coral, FL 33909**

Tax Problems or Questions?

- **RELAX.**
- **3 GUARANTEES**
- **Satisfaction**
- **Best Bottom Line**
- **Errors & Omissions**

PROUDLY SERVING CAPE CORAL SINCE 1980

**COMPASS ROSE
MANAGEMENT**

Association Management Services

“ Excellence is never an accident; it is the result of high intention, sincere effort, intelligent direction, skillful execution and the vision to see obstacles as opportunities. ”

At Compass Rose Management, our Certified Managers hold the highest designations in the industry - CMCA, AMS and PCAM. Dedicated to advocating on your behalf and committed to performance excellence, education and training as an organization offering over 35 years of industry experience.

Our team of qualified professionals is looking forward to working with your Community Boards and Homeowners!

**Providing Management Services for Condominium,
Community and Home Owners Associations**

*Please contact us so we can discuss your
Community's management needs*

*Now offering
Home Watch Services*



CONTACT US TODAY 239-309-0622
Tosh@crmfl.com • www.compassrosemanagement.com

“I Just Don’t Believe That...”

Dear friend,

When I meet people in town, they usually say, “Oh, yeah, I know you, you’re that doctor with the beard on TV.” Well, perhaps I should tell you a little more about myself, the picture from television and why I use it in my ads.

Let’s start with me, the guy with the beard. Ten years ago I was living here in Florida. At that time my mother was down visiting from New Jersey for the season when she showed up in my clinic with a **frozen shoulder**. She was desperate and in pain having lost practically all use of her dominant arm. She could hardly fix her hair, reach for a coffee cup or even fasten her brassiere. Basic hygiene had become extremely difficult for her. She was afraid, because the two orthopedic surgeons that she had consulted told her, “Your only option is to have your shoulder replaced.” I remember saying to my mother, **“I just don’t believe that.”**

Now at that time I was a chiropractor who worked primarily on the spine. Frankly... I didn’t know how I was going to help her. I just knew there was a non-surgical solution out there and I was going to find it.

And boy did I find it! I found the answer to my mother’s shoulder problem and much, much more. And where did I find it? Of all places, I found it at the birthplace of Elvis Presley, Tupelo, Mississippi. Immediately I hopped on a plane and flew into Memphis, rented a car and drove out to a chiropractic neurologist who was willing to teach me how to fix my mother’s frozen shoulder. I spent three days in his clinic shadowing him, learning a new technique I had never even heard about before. Eager to help my mother, I developed this new skill set quickly. When I returned to Florida I wanted to be able to immediately fix my mother’s shoulder.

And that’s exactly what happened. After I performed the first Non-Surgical Operation on her shoulder, her pain went away significantly and she recovered to nearly full range of motion. She was so happy that she avoided surgery and got her life back.

It’s strange how life is, because that same doctor who showed me how to fix my mother’s shoulder opened up his treasure chest of knowledge and showed me how to help people with **chronic knee, neck, low back pain and those suffering with neuropathy** in their hands and feet, **all without the use of Drugs, Surgery or Injections.**

I spent the next several months flying back and forth to Mississippi learning all that I could.

Many years later we now have over one thousand successful patient testimonials. Many of them were told by their doctors that their only option was to have their knee or shoulder replaced or to take toxic drugs for the rest of their lives to mask their neuropathy symptoms.

Al was one of those patients who was told he had **‘bone on bone’** degeneration. His knee stopped unlocking properly, similar to what I’m describing in the photo, and he was facing knee replacement surgery. He was suffering from **chronic degenerative knee pain**, couldn’t walk properly and was easily holding onto 60 pounds of excess body weight. His doctors would have eagerly scheduled him for a knee replacement surgery had he decided to go in that direction.

Immediately after the Non-Surgical Operation I performed on Al’s knee, he was squatting and walking up and down the stairs normally without pain.

Al is now in his early 70s touring Alaska in his RV. He has dropped over 60 pounds and is biking 15 - 20 miles per day and loving life. He regularly sends me great pictures from his adventures.

Joyce was told by her oncologist, “There’s nothing that can be done.” She would have to live with the chemo-induced **neuropathy in her hands and feet**. Hot and cold were indistinguishable and the numbness and tingling made it impossible for her to walk any distance.

Joyce was a cancer survivor only to have come out on the other side with another debilitating condition. She and her husband showed up in my clinic and told me what their medical doctor had said. I told her the same thing I told my mother, **“I just don’t believe that.”**

After a thorough neurological examination and report of findings she trusted me enough to follow my protocols. Within two weeks her numbness and tingling in her feet subsided and the feeling was coming back.. After 12 weeks she was feeling the sand between her toes as she walked along the beach again. At her one year checkup Joyce’s sensory loss had improved over 80% overall to within the normal range... She is all smiles these days!



You should know that ***I don’t heal anyone of anything.*** What I do is perform a specific non-surgical operation that resets the communication between the brain and knee or shoulder, instantly decreasing pain and inflammation, increasing strength and flexibility and **helping with tissue healing.** For our neuropathy patients we have a 4 step, proven approach that heals your nerves and reverses your symptoms. We get tremendous results. It’s as simple as that! We get tremendous results. It’s as simple as that!

Today in the United States medical doctors are prescribing more drugs than ever before. These drugs are designed to cover up symptoms as your condition gets worse underneath the surface. The toxicity from the daily use of these chemicals ultimately leads to nasty side-effects and more drugs to treat the new symptoms. The current “healthcare” system was built to maintain your condition, not fix it. It’s a brilliant business model for the pharmaceutical industry and the hospitals, but a horrible strategy to follow if one is looking to age gracefully.

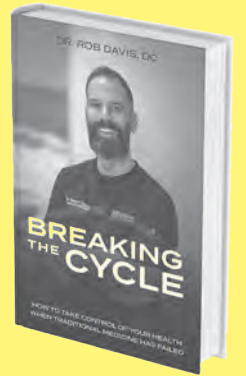
That’s where my practice comes in. I have found a way so that more people are able to afford the treatment they need, even those on a fixed income with or without health insurance coverage. One Non-Surgical Operation in my clinic could cost what you’d pay for just the deductible of a joint replacement surgery.

You Benefit from a Unique Offer...When you bring in this article, you will receive a FREE CONSULTATION with me to determine whether you are a good candidate for our Non-Surgical Knee or Shoulder Operation. If you’re being seen for Neuropathy we will take a thermal image of your feet **at no charge to you.** This will give me enough information to know whether I can help you. Once we determine you’re a good candidate and you feel comfortable in my clinic **the complete examination is only \$197.** That’s it, for the entire neurological examination & report of findings. This examination & report could cost you over \$500 elsewhere. But, please

call **right away** because this offer expires on January 1, 2024, and I don’t want you to miss out. By the way, further care is very affordable and you’ll be happy to know that the non-surgical, drug free therapies and procedures performed in my clinic **can cost as little as \$300 per month.** You see, I’m not trying to seduce you to come see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctor because **higher costs can add up very quickly.**

“You shouldn’t be forced to choose drugs and surgery just because that’s the only treatment Medicare and your insurance company will cover.”

You should know a little about my qualifications. That’s important so that there’s no misunderstanding about the quality of care. I’m the best-selling author of **Breaking The Cycle** - how to take control of your life when traditional medicine has failed. **An amazon #1 new release in three categories.** I’m a graduate of Life University School of Chiropractic practicing since 1998. I am a licensed chiropractic physician certified in functional neurology. I’ve been entrusted to take care of avid morning walkers, pro-athletes and business tycoons you may have heard of.



My office is called **Active Health Brain & Body** and it is located at 6710 Winkler Road, Suite #1. It’s the gray Key West-style building at the corner of Cypress Lake Drive and Winkler Road behind the Bank of America. The phone number is **239-482-8686.** Please call my wonderful assistants Megan or Silvia today to make an appointment.

I wish you the Very Best in Health and Life!

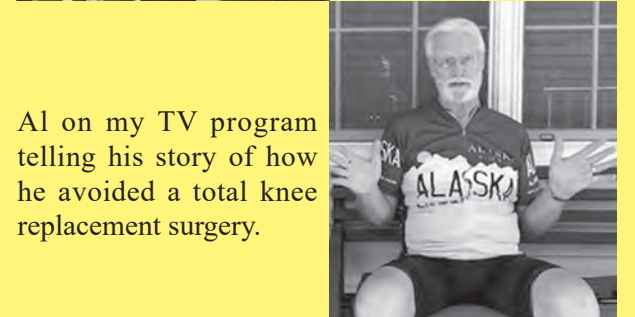
Dr. Rob Davis, DC

P.S. When accompanied by the first, I am also offering the second family member this same examination for only **\$97.**

P.P.S. Your time is as valuable to you as mine is to me. That’s why I have a “no wait” policy. It is highly unusual to wait more than a few minutes in my office.



My mother and I featured in a local publication for non-surgical shoulder solutions.



Al on my TV program telling his story of how he avoided a total knee replacement surgery.



Joyce is all smiles at her one year checkup. No more neuropathy!

Call Today 239-482-8686

Sponsored Content

Cannot be combined with any other offer. Exp. 1.31.24. The patient and any other person responsible for payment has a right to refuse to pay, cancel payment or be reimbursed for payment for any other service, examination, or treatment that is performed as a result of and within 72 hours of responding to the advertisement for the free, discounted fee, or reduced fee service, examination or treatment. The specialty recognition identified herein has been received from a private organization not affiliated with or recognized by the Florida Board of Chiropractic Medicine.

copyright 2024



Chamber Of Commerce Of Cape Coral

JANUARY 2024

2051 CAPE CORAL PKWY. E. • CAPE CORAL, FL 33904
 PHONE: (239) 549-6900 • WWW.CAPECORALCHAMBER.COM

Ribbon Cuttings



TEC365 Limited Liability Company, Computer Support, (754) 999-6453



Platinum Car Rentals, Luxury Car Rentals, 876 Cape Coral Parkway E., Cape Coral, FL 33904, www.platinumrentalsflorida.com, (239) 677-6134



Keepsake Conversions LLC, Media to Digital Transfers, www.keepsakeconversions.com, (412) 417-5570



Just Lovelee Boutique, Boutique, 1113 S.E. 47th Terrace, Cape Coral, FL 33904, www.justloveleeboutique.com, (239) 673-9194

Cape Coral Farmers' Markets

Welcome to the Cape Coral Family of Farmers' Markets. Brought to you by the Chamber of Commerce of Cape Coral these markets have been voted Best of the Cape for Farmers' Markets in the last six years!

Here you will find everything you need to visit, shop, or become a vendor at our wonderful Cape Coral markets.

All our markets are always overflowing with fresh, local, and healthy produce, fruits, and foods, along with melt-in-your-mouth baked goods, made-on-site guacamole, salsas, homemade jams and jellies, pickles and olive mixes, cheeses, take-home foods and much more.

The similarities of the different markets are many, including many of the same vendors always there to help you with a friendly smile. The different areas of the website will showcase both the similarities and the differences which include locations, days, and time. View further information at www.capecoralfarmersmarket.com/.

Cape Coral Farmers' Market – Every Saturday

The Cape Coral Farmers' Market is located in downtown Cape Coral at the intersection of S.E. 47th Terrace and S.E. 10th Place from 8 a.m. to 1 p.m. This area is often referred to as "Club Square."

Mid-Cape Sunshine Market – Every Sunday

The Mid-Cape Sunshine Market is located at The Mercola Market & Café, 125 S.W. Third Place, Cape Coral, FL 33991. Open every Sunday between 10 a.m. and 2 p.m.



Join the Chamber
 WWW.CAPECORAL-CHAMBER.COM

DON'T DRINK AND DRIVE!

Pine Lakes Country Club

 4 miles north of Shell Factory on US 41

Pine Lakes Men's Club Presents
HOME & GARDEN Show
 10th ANNUAL
Friday, January 26th, 2024, 9am-3pm
Pine Lakes Club House
LUNCH MENU WILL BE AVAILABLE
EVERYONE WELCOME

At the home show, it's face-to-face with customers and specialists from every trade dealing with LIFE & HOMES. Whatever the project, from painting a room to just looking for home finishing ideas, all will find innovative solutions and answers to Home need questions including Expert advice from Nurseries on Plants & Landscaping. Plan today to be a part of our Pine Lakes Men's Club Home and Garden Show!

Also featured are specialists from the MEDICAL and INSURANCE FIELDS!

Invited communities consist of over 10,000 homes within a 3-mile radius including Pine Lakes, Lake Fairways, Herons Glen, Tara Woods, Del Tura, Heritage, Buccaneer, Six Lakes, Tamiami Village, Arrowhead, Raintree, Windmill Village, Forest Park, Carriage Village, Horizon, Royal Coach and more

60 + Vendors * Free Admission * Free Parking * Door Prizes

Friends Of The Cape Coral Library



Weavers Of Char-Lee Exhibit – Jan. 4 Through Feb. 27

An array of unique creations by members of Weavers of Char-Lee will be on exhibit during library hours from Jan. 4 through Feb. 27 in the Art Gallery of the Cape Coral Library, located at 921 S.W. 39 Terrace, off of Mohawk Parkway. The gallery committee is excited to welcome back the weavers, whose creations have been so popular with library visitors over the years. This time a collection of recent work will feature weavings, spinning, collage and other fiber pieces by Char-Lee guild members. The exhibit will also include information on the processes involved in fiber arts. In addition, samples of weaving and spinning tools and equipment will be on display in the mirrored glass cases.

On Saturday, Jan. 6, the Weavers guild members will be recognizing Roc Day, also known as Saint Distaff's Day, when

women during the Middle Ages traditionally resumed their spinning and household duties after the 12 days of Christmas. Visitors can stop by the meeting room of the library between 10 a.m. and 2:30 p.m. to learn about spinning and weaving and even experience some hands-on demonstrations.

Originally guilds were set up by like-minded individuals for mutual interest and benefits – to share knowledge and techniques, preserve heritage, and encourage high standards of workmanship. The Weavers of Char-Lee also welcome beginners or anyone simply interested in weaving or spinning to join their group. As their website www.weaversofchar-lee.com describes themselves: "We are masters and learners of an ancient art. We share, teach and love the threads that bind us as members ... it's a gift to pass on to future generations."

Changing exhibits in the library's gallery are sponsored by the Friends of the Cape Coral Library (FOCCL) and are designed to afford local artists and artisans the opportunity to share their work in this public forum. For information contact Monica Rahman, Art Gallery Chairperson at gallery@capefriends.org or visit www.capefriends.org. Follow "Friends of the Cape Coral Library" on Facebook.

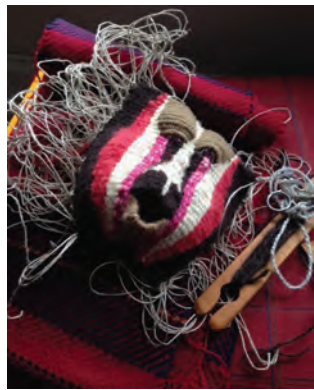
General Meeting Presentation: Captains For Clean Water



All are invited to the next Friends of the Cape Coral Library (FOCCL) General Meeting on Saturday, Jan. 20. The morning will begin at 9:30 a.m. with light refreshments. The business portion of the meeting will start at 10 a.m. followed by a presentation by Captains for Clean Water. FOCCL general meetings, which take place in the large meeting room of the Cape Coral Library, are free and open to the public. You may also bring a guest or two. For more information on Friends of the Cape Coral Library visit www.capefriends.org and follow us on Facebook.



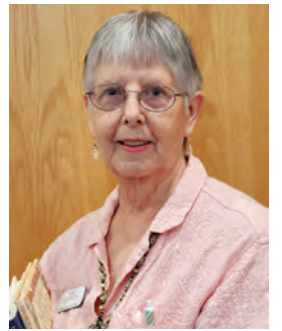
Band weaving



Woven mask

Fall Book Sale And December Meeting Were Such Successful Events

The Friends of the Cape Coral Library Fall Book Sale fundraiser held in November was a big success thanks to everyone who donated books during the year, to our many wonderful members who volunteered and to all the book lovers who came to shop in the large meeting room of the Cape Coral-Lee County Public Library. The next book sale is scheduled for the spring during the third week in April. Stay tuned for details.



Mary A., book sale volunteer coordinator



Our wonderful volunteer members await the book trailer on sale setup day.



Four of our talented book crafters from left: Mary A., Anne K., Carol C., and Valorie B. Crafters not pictured: Barbara N., Gisele K., Irene S., and Susan P.

The FOCCL December general meeting was very well attended. Everyone thoroughly enjoyed the presentation by Kathy Woodlock and Nancy Colgan of the Garden Club of Cape Coral. They demonstrated how to make holiday decorations that included a centerpiece with tropical fruit and several arrangements using local plants. Later, there were prize drawings for some of those beautiful creations.



Sue M. and Joanne E. greeting guests

Nancy Colgan of the Garden Club created a lovely arrangement.



Another lovely arrangement



Kathy Woodlock of the Garden Club arranges the fruit centerpiece while new FOCCL member Cathy B. helps with microphone.



Mary A. with the arrangement she won at the FOCCL meeting.

CAR ACCIDENT? MINOR OR MAJOR - WE CAN HELP!



Dr. Michelle Seward
Chiropractic Physician

- Wellness Care
- Hip, Knee & Shoulder Pain Relief

www.accidentclinicofswfl.com



1113 SE 47th Terrace Unit 1
(239) 945-1717

FLORIDA REP
EXPERIENCE PROFESSIONAL LIVE THEATRE IN THE HEART OF THE FORT MYERS RIVER DISTRICT

**2023
2024**

FREE PARKING TWO HOURS BEFORE CURTAIN!

NEW! FRIDAY MATINEES! IN ARCADE THEATRE

FloridaRep.Org
239.332.4488 • 877.787.8053

Greg Longenhagen, Producing Artistic Director
John Martin, Executive Director

A HIGH-ENERGY MUSICAL CELEBRATING THE POWERFUL FEMALE VOICES OF THE 1960S!

Six extraordinary actor/singers perform dozens of chart-toppers from The Ronettes, The Chiffons, Diana Ross & The Supremes, Aretha Franklin, Dusty Springfield, Tina Turner, Janis Joplin, and more...

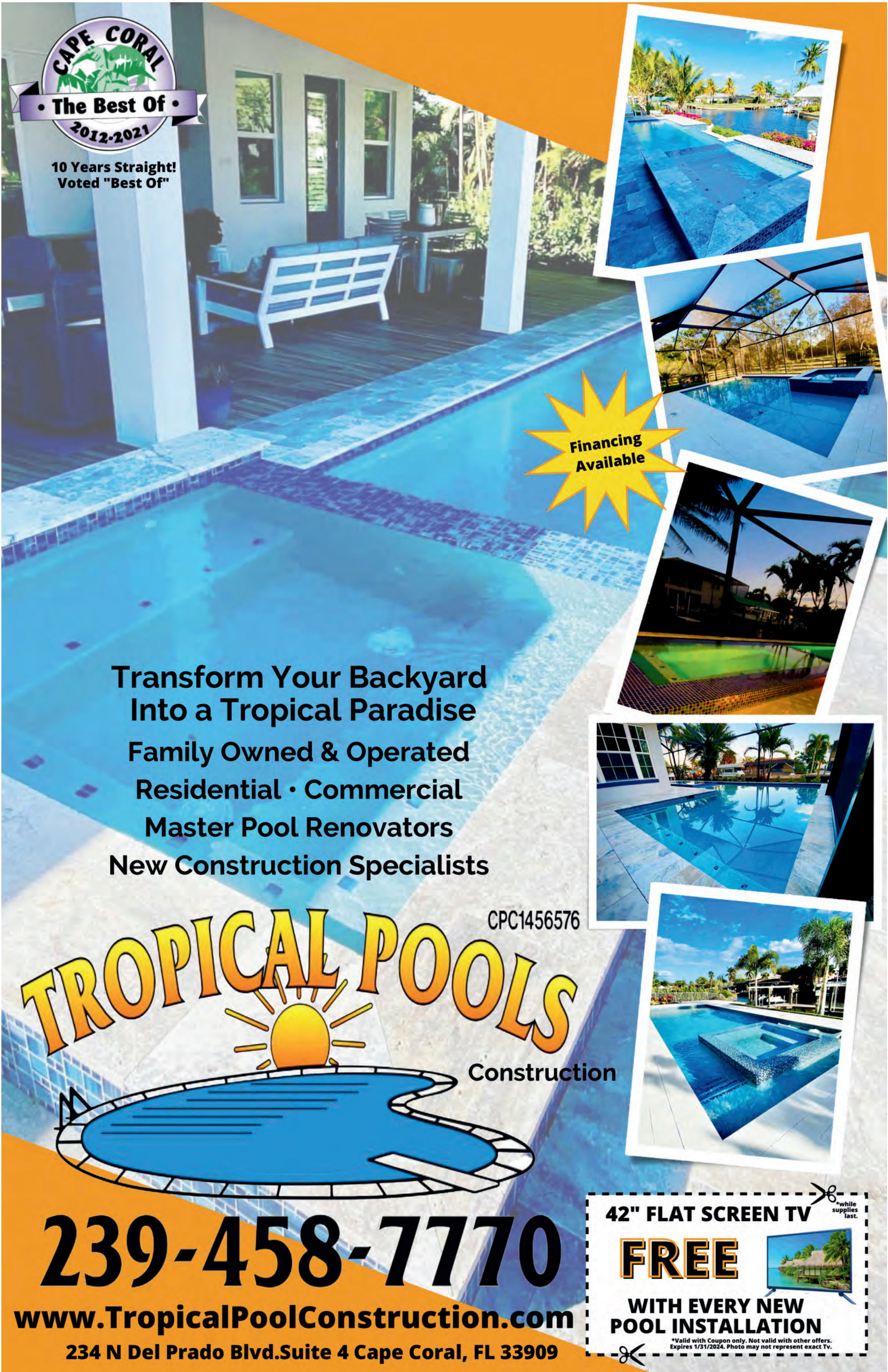
Beehive
THE '60S MUSICAL
CREATED BY LARRY GALLAGHER
Presented through Theatrical Rights Worldwide

LIVE ON STAGE JAN 9-28, 2024 • HISTORIC ARCADE THEATRE

SPONSORED BY NORTHERN TRUST • NBC-2 WBBH TELEVISION



10 Years Straight!
Voted "Best Of"



Financing Available

**Transform Your Backyard
Into a Tropical Paradise**
Family Owned & Operated
Residential • Commercial
Master Pool Renovators
New Construction Specialists

CPC1456576

TROPICAL POOLS

Construction



239-458-7770

www.TropicalPoolConstruction.com

234 N Del Prado Blvd. Suite 4 Cape Coral, FL 33909

42" FLAT SCREEN TV

FREE



**WITH EVERY NEW
POOL INSTALLATION**

*Valid with Coupon only. Not valid with other offers.
Expires 1/31/2024. Photo may not represent exact TV.

*while
supplies
last.